



39

, 200m

2010 - 2013

06.11.2022

: FINA 2022

R.T.

(9-10)

1.				2012 II	" "					+0,73	2:48.74	II	376
	25m:	17.62	17.62	75m:	1:00.93	21.51	125m:	1:46.84	25.49	175m:	2:31.39		19.59
	50m:	39.42	21.80	100m:	1:21.35	20.42	150m:	2:11.80	24.96	200m:	2:48.74		17.35
2.				2012 II	" "					+0,62	2:53.01	II	349
	25m:	18.64	18.64	75m:	1:03.58	22.26	125m:	1:50.77	25.86	175m:	2:35.64		19.04
	50m:	41.32	22.68	100m:	1:24.91	21.33	150m:	2:16.60	25.83	200m:	2:53.01		17.37
3.				2012 III	,					+0,71	3:03.79	III	291
	25m:	17.24	17.24	75m:	1:03.22	24.45	125m:	1:53.85	27.57	175m:	2:43.87		22.72
	50m:	38.77	21.53	100m:	1:26.28	23.06	150m:	2:21.15	27.30	200m:	3:03.79		19.92
4.				2012 III	" "						3:10.13	III	263
	25m:	18.95	18.95	75m:	1:05.91	23.79	125m:	1:57.96	29.46	175m:	2:48.74		21.53
	50m:	42.12	23.17	100m:	1:28.50	22.59	150m:	2:27.21	29.25	200m:	3:10.13		21.39
5.				2012 III	()					+0,62	3:12.20	III	254
	25m:	19.97	19.97	75m:	1:08.72	25.28	125m:	1:59.40	27.10	175m:	2:49.26		22.74
	50m:	43.44	23.47	100m:	1:32.30	23.58	150m:	2:26.52	27.12	200m:	3:12.20		22.94
6.				2012 III	" "					+0,84	3:15.81	III	241
	25m:	19.92	19.92	75m:	1:12.75	26.27	125m:	2:04.15	26.23	175m:	2:53.18		23.13
	50m:	46.48	26.56	100m:	1:37.92	25.17	150m:	2:30.05	25.90	200m:	3:15.81		22.63
7.				2012 I						+0,60	3:17.27	III	235
	25m:	18.90	18.90	75m:	1:10.35	27.28	125m:	2:04.87	28.31	175m:	2:55.93		23.11
	50m:	43.07	24.17	100m:	1:36.56	26.21	150m:	2:32.82	27.95	200m:	3:17.27		21.34
8.				2012 I						+0,80	3:22.84	III	216
	25m:	18.97	18.97	75m:	1:09.00	26.54	125m:	2:03.76	28.53	175m:	2:57.32		24.90
	50m:	42.46	23.49	100m:	1:35.23	26.23	150m:	2:32.42	28.66	200m:	3:22.84		25.52
9.				2012 3	,					+0,65	3:24.56	III	211
	25m:	20.81	20.81	75m:	1:12.65	26.70	125m:	2:05.73	27.73	175m:	3:01.13		25.12
	50m:	45.95	25.14	100m:	1:38.00	25.35	150m:	2:36.01	30.28	200m:	3:24.56		23.43
10.				2012 2	" "					+0,95	3:34.01	I	184
	25m:	21.32	21.32	75m:	1:17.67	29.11	125m:	2:13.32	29.09	175m:	3:09.48		26.66
	50m:	48.56	27.24	100m:	1:44.23	26.56	150m:	2:42.82	29.50	200m:	3:34.01		24.53
11.				2012 2	,					+0,54	3:38.07	I	174
	25m:	21.41	21.41	75m:	1:18.16	28.92	125m:	2:16.44	30.72	175m:	3:12.58		25.26
	50m:	49.24	27.83	100m:	1:45.72	27.56	150m:	2:47.32	30.88	200m:	3:38.07		25.49
12.				2013 3	,						3:46.23	I	156
	25m:	27.62	27.62	75m:	1:26.73	27.76	125m:	2:26.78	29.94	175m:	3:22.67		24.59
	50m:	58.97	31.35	100m:	1:56.84	30.11	150m:	2:58.08	31.30	200m:	3:46.23		23.56

DSQ

2012 1

(11-12)

1.				2010 I	1,					+0,78	2:29.85		537
	25m:	14.68	14.68	75m:	51.01	19.11	125m:	1:30.94	21.68	175m:	2:12.52		19.40
	50m:	31.90	17.22	100m:	1:09.26	18.25	150m:	1:53.12	22.18	200m:	2:29.85		17.33
2.				2011 I	,					+0,72	2:37.71	I	461
	25m:	14.60	14.60	75m:	54.96	22.29	125m:	1:37.53	20.25	175m:	2:19.50		20.28
	50m:	32.67	18.07	100m:	1:17.28	22.32	150m:	1:59.22	21.69	200m:	2:37.71		18.21
3.				2010 II	,					+0,67	2:39.49	I	446
	25m:	15.32	15.32	75m:	56.03	21.85	125m:	1:38.57	22.40	175m:	2:21.66		20.12
	50m:	34.18	18.86	100m:	1:16.17	20.14	150m:	2:01.54	22.97	200m:	2:39.49		17.83

" " " 25
 . , 05-06 2022 .

<https://swim4you.ru/>

OMEGA ARES 21





39, , 200m , (11-12)

										R.T.			
4.			2010 I	"	"					+0,81	2:40.73	II	435
	25m:	15.77	75m:	56.16	22.06	125m:	1:41.30	24.45	175m:	2:23.72		18.78	
	50m:	34.10	100m:	1:16.85	20.69	150m:	2:04.94	23.64	200m:	2:40.73		17.01	
5.			2011 II	"	"					+0,70	2:44.07	II	409
	25m:	16.60	75m:	58.68	21.43	125m:	1:42.96	24.12	175m:	2:26.19		18.75	
	50m:	37.25	100m:	1:18.84	20.16	150m:	2:07.44	24.48	200m:	2:44.07		17.88	
6.			2010 II							+0,70	2:44.16	II	409
	25m:	15.90	75m:	56.56	21.36	125m:	1:42.37	25.97	175m:	2:26.47		19.35	
	50m:	35.20	100m:	1:16.40	19.84	150m:	2:07.12	24.75	200m:	2:44.16		17.69	
7.			2010 II							+0,68	2:47.18	II	387
	25m:	16.56	75m:	59.39	22.62	125m:	1:45.84	25.37	175m:	2:29.77		19.27	
	50m:	36.77	100m:	1:20.47	21.08	150m:	2:10.50	24.66	200m:	2:47.18		17.41	
8.			2010 II	"	"						2:47.38	II	385
	25m:	16.21	75m:	58.96	22.49	125m:	1:44.52	25.48	175m:	2:29.48		20.18	
	50m:	36.47	100m:	1:19.04	20.08	150m:	2:09.30	24.78	200m:	2:47.38		17.90	
9.			2011 II	"	"					+1,01	2:50.35	II	366
	25m:	17.59	75m:	1:01.37	23.08	125m:	1:48.43	24.53	175m:	2:32.12		18.99	
	50m:	38.29	100m:	1:23.90	22.53	150m:	2:13.13	24.70	200m:	2:50.35		18.23	
10.			2011 II	"	"					+0,93	2:52.34	II	353
	25m:	17.73	75m:	59.34	20.85	125m:	1:45.69	24.01	175m:	2:31.51		21.85	
	50m:	38.49	100m:	1:21.68	22.34	150m:	2:09.66	23.97	200m:	2:52.34		20.83	
11.			2010 II								2:54.36	II	341
	25m:	17.10	75m:	1:00.93	23.19	125m:	1:49.85	27.36	175m:	2:35.92		19.33	
	50m:	37.74	100m:	1:22.49	21.56	150m:	2:16.59	26.74	200m:	2:54.36		18.44	
12.			2011 III	"	"					+0,81	2:55.38	II	335
	25m:	17.69	75m:	1:01.44	22.42	125m:	1:48.30	26.34	175m:	2:37.35		20.98	
	50m:	39.02	100m:	1:21.96	20.52	150m:	2:16.37	28.07	200m:	2:55.38		18.03	
13.			2011 II							+0,69	2:55.46	II	335
	25m:	17.05	75m:	1:00.68	22.29	125m:	1:48.47	25.63	175m:	2:36.12		20.91	
	50m:	38.39	100m:	1:22.84	22.16	150m:	2:15.21	26.74	200m:	2:55.46		19.34	
14.			2011 II	"	"					+0,66	2:55.61	II	334
	25m:	17.46	75m:	1:00.41	20.93	125m:	1:49.28	25.10	175m:	2:35.47		19.37	
	50m:	39.48	100m:	1:24.18	23.77	150m:	2:16.10	26.82	200m:	2:55.61		20.14	
15.			2011 II	"	"					+0,56	2:56.72	II	327
	25m:	17.15	75m:	1:01.99	22.91	125m:	1:50.70	26.60	175m:	2:37.93		20.55	
	50m:	39.08	100m:	1:24.10	22.11	150m:	2:17.38	26.68	200m:	2:56.72		18.79	
16.			2011 III	()							2:56.98	II	326
	25m:	17.18	75m:	1:01.12	23.35	125m:	1:49.17	25.01	175m:	2:36.38		21.66	
	50m:	37.77	100m:	1:24.16	23.04	150m:	2:14.72	25.55	200m:	2:56.98		20.60	
17.			2010 II	()						+0,81	2:57.50	II	323
	25m:	18.60	75m:	1:03.26	23.84	125m:	1:51.04	25.50	175m:	2:37.93		20.53	
	50m:	39.42	100m:	1:25.54	22.28	150m:	2:17.40	26.36	200m:	2:57.50		19.57	
18.			2011 II	"	"						2:58.75	II	316
	25m:	17.86	75m:	1:04.33	24.55	125m:	1:52.86	25.68	175m:	2:39.70		21.32	
	50m:	39.78	100m:	1:27.18	22.85	150m:	2:18.38	25.52	200m:	2:58.75		19.05	
19.			2011 III							+0,55	2:59.03	II	315
	25m:	17.18	75m:	1:02.02	23.14	125m:	1:49.94	24.78	175m:	2:39.59		22.98	
	50m:	38.88	100m:	1:25.16	23.14	150m:	2:16.61	26.67	200m:	2:59.03		19.44	
20.			2011 II		29					+0,67	3:04.33	III	288
	25m:	17.92	75m:	1:03.08	23.06	125m:	1:54.91	28.70	175m:	2:43.84		21.90	
	50m:	40.02	100m:	1:26.21	23.13	150m:	2:21.94	27.03	200m:	3:04.33		20.49	
21.			2011 III	"	"					+0,71	3:05.06	III	285
	25m:	19.06	100m:	1:32.61	50.01	150m:	2:25.39	26.53	200m:	3:05.06		18.52	
	50m:	42.60	125m:	1:58.86	26.25	175m:	2:46.54	21.15					





39, , 200m , (11-12)

											R.T.			
22.				2011	III	"	"				+0,87	3:08.22	III	271
	25m:	18.61	18.61	75m:	1:08.32	25.67	125m:	1:58.98	26.19	175m:	2:48.04	22.03		
	50m:	42.65	24.04	100m:	1:32.79	24.47	150m:	2:26.01	27.03	200m:	3:08.22	20.18		
23.				2011	III	"	"				+0,65	3:08.69	III	269
	25m:	18.26	18.26	75m:	1:04.94	23.82	125m:	1:55.90	27.25	175m:	2:47.78	23.36		
	50m:	41.12	22.86	100m:	1:28.65	23.71	150m:	2:24.42	28.52	200m:	3:08.69	20.91		
24.				2011	III	"	"				+0,80	3:08.71	III	269
	25m:	18.70	18.70	75m:	1:05.30	23.40	150m:	2:21.93	27.55	200m:	3:08.71	21.65		
	50m:	41.90	23.20	125m:	1:54.38	49.08	175m:	2:47.06	25.13					
25.				2010	III	"	"				+0,95	3:10.26	III	262
	25m:	18.56	18.56	75m:	1:05.83	24.28	125m:	1:57.47	27.76	175m:	2:49.47	22.64		
	50m:	41.55	22.99	100m:	1:29.71	23.88	150m:	2:26.83	29.36	200m:	3:10.26	20.79		
26.				2010	III	"	"				+0,61	3:15.89	III	240
	25m:	17.96	17.96	75m:	1:06.73	25.20	125m:	1:59.74	29.10	175m:	2:52.56	24.20		
	50m:	41.53	23.57	100m:	1:30.64	23.91	150m:	2:28.36	28.62	200m:	3:15.89	23.33		
27.				2011	III	"	"					3:21.94	III	219
	25m:	18.40	18.40	75m:	1:08.59	25.81	125m:	2:06.42	30.57	175m:	3:01.18	24.01		
	50m:	42.78	24.38	100m:	1:35.85	27.26	150m:	2:37.17	30.75	200m:	3:21.94	20.76		
28.				2011	I	"	"					3:22.51	III	217
	25m:	19.21	19.21	75m:	1:10.59	26.00	125m:	2:05.13	30.07	175m:	2:59.60	25.13		
	50m:	44.59	25.38	100m:	1:35.06	24.47	150m:	2:34.47	29.34	200m:	3:22.51	22.91		
29.				2011	I	"	"					3:29.24	I	197
	25m:	21.27	21.27	75m:	1:15.05	26.95	125m:	2:09.12	28.53	175m:	3:05.49	26.06		
	50m:	48.10	26.83	100m:	1:40.59	25.54	150m:	2:39.43	30.31	200m:	3:29.24	23.75		
DSQ				2010	II	3,							II	
DSQ				2011	III	"	"						III	
DSQ				2011	III	"	()						III	
DSQ				2011	III	"	"						III	
DSQ				2011	III	"	()						III	

