



6

, 400m

2008 - 2011

05.11.2022

: FINA 2022

R.T.

(11-12 )

1.			2010 II	"	"				+0,66	<b>4:32.28</b>	II	473
	25m:	14.08	14.08	125m:	1:21.32	17.08	225m:	2:31.28	17.36	325m:	3:41.09	17.48
	50m:	30.41	16.33	150m:	1:38.78	17.46	250m:	2:48.77	17.49	350m:	3:58.81	17.72
	75m:	47.26	16.85	175m:	1:56.31	17.53	275m:	3:06.11	17.34	375m:	4:16.15	17.34
	100m:	1:04.24	16.98	200m:	2:13.92	17.61	300m:	3:23.61	17.50	400m:	4:32.28	16.13
2.			2010 II	3,					+0,74	<b>4:40.38</b>	II	433
	25m:	14.38	14.38	125m:	1:23.01	17.35	225m:	2:35.14	18.31	325m:	3:47.98	17.93
	50m:	30.85	16.47	150m:	1:41.01	18.00	250m:	2:53.41	18.27	350m:	4:06.54	18.56
	75m:	48.09	17.24	175m:	1:58.64	17.63	275m:	3:11.47	18.06	375m:	4:23.72	17.18
	100m:	1:05.66	17.57	200m:	2:16.83	18.19	300m:	3:30.05	18.58	400m:	4:40.38	16.66
3.			2011 II	"	"				+0,58	<b>4:48.62</b>	II	397
	25m:	15.35	15.35	125m:	1:27.35	18.36	225m:	2:41.40	18.70	325m:	3:55.27	18.47
	50m:	32.54	17.19	150m:	1:45.91	18.56	250m:	2:59.74	18.34	350m:	4:13.62	18.35
	75m:	50.70	18.16	175m:	2:04.22	18.31	275m:	3:18.33	18.59	375m:	4:31.84	18.22
	100m:	1:08.99	18.29	200m:	2:22.70	18.48	300m:	3:36.80	18.47	400m:	4:48.62	16.78
4.			2010 II		1,				+0,63	<b>4:49.69</b>	II	393
	25m:	15.42	15.42	125m:	1:27.40	18.81	225m:	2:42.48	18.63	325m:	3:56.99	18.18
	50m:	32.59	17.17	150m:	1:46.28	18.88	250m:	3:01.27	18.79	350m:	4:49.81	52.82
	75m:	50.04	17.45	175m:	2:04.92	18.64	275m:	3:20.02	18.75	375m:	4:33.88	
	100m:	1:08.59	18.55	200m:	2:23.85	18.93	300m:	3:38.81	18.79	400m:	4:49.69	15.81
5.			2011 II	"	"				+0,72	<b>4:52.75</b>	II	381
	25m:	15.45	15.45	125m:	1:27.85	18.16	225m:	2:42.62	18.43	325m:	3:57.09	18.34
	50m:	33.06	17.61	150m:	1:46.71	18.86	250m:	3:01.51	18.89	350m:	4:16.16	19.07
	75m:	50.87	17.81	175m:	2:05.28	18.57	275m:	3:19.96	18.45	375m:	4:33.64	17.48
	100m:	1:09.69	18.82	200m:	2:24.19	18.91	300m:	3:38.75	18.79	400m:	4:52.75	19.11
6.			2010 II		1,				+0,66	<b>4:56.28</b>	II	367
	25m:	15.48	15.48	125m:	1:30.43	19.06	225m:	2:47.28	19.06	325m:	4:01.37	18.47
	50m:	33.55	18.07	150m:	1:49.57	19.14	250m:	3:05.87	18.59	350m:	4:19.84	18.47
	75m:	52.29	18.74	175m:	2:09.23	19.66	275m:	3:24.50	18.63	375m:	4:38.80	18.96
	100m:	1:11.37	19.08	200m:	2:28.22	18.99	300m:	3:42.90	18.40	400m:	4:56.28	17.48
7.			2010 II	"	"				+0,63	<b>4:56.85</b>	II	365
	25m:	15.51	15.51	125m:	1:28.22	18.66	225m:	2:43.81	19.17	325m:	4:01.14	19.31
	50m:	32.88	17.37	150m:	1:46.72	18.50	250m:	3:03.59	19.78	350m:	4:20.39	19.25
	75m:	50.86	17.98	175m:	2:05.44	18.72	275m:	3:22.66	19.07	375m:	4:39.29	18.90
	100m:	1:09.56	18.70	200m:	2:24.64	19.20	300m:	3:41.83	19.17	400m:	4:56.85	17.56
8.			2010 II							<b>4:56.96</b>	II	365
	25m:	15.58	15.58	125m:	1:28.36	18.93	225m:	2:44.94	19.10	325m:	4:01.79	19.07
	50m:	32.80	17.22	150m:	1:47.37	19.01	250m:	3:04.24	19.30	350m:	4:21.08	19.29
	75m:	50.87	18.07	175m:	2:06.45	19.08	275m:	3:23.66	19.42	375m:	4:39.66	18.58
	100m:	1:09.43	18.56	200m:	2:25.84	19.39	300m:	3:42.72	19.06	400m:	4:56.96	17.30
9.			2010 III	"	"				+0,70	<b>4:58.63</b>	II	359
	25m:	15.03	15.03	125m:	1:28.92	19.47	225m:	2:45.99	19.26	325m:	4:01.77	18.83
	50m:	32.45	17.42	150m:	1:48.00	19.08	250m:	3:04.80	18.81	350m:	4:21.10	19.33
	75m:	50.81	18.36	175m:	2:07.28	19.28	275m:	3:23.53	18.73	375m:	4:40.44	19.34
	100m:	1:09.45	18.64	200m:	2:26.73	19.45	300m:	3:42.94	19.41	400m:	4:58.63	18.19
10.			2010 II	"	"				+0,48	<b>4:59.14</b>	II	357
	25m:	15.76	15.76	125m:	1:30.42	18.95	225m:	2:46.26	18.96	325m:	4:02.87	19.19
	50m:	33.68	17.92	150m:	1:49.50	19.08	250m:	3:05.47	19.21	350m:	4:22.56	19.69
	75m:	52.46	18.78	175m:	2:08.29	18.79	275m:	3:24.48	19.01	375m:	4:41.14	18.58
	100m:	1:11.47	19.01	200m:	2:27.30	19.01	300m:	3:43.68	19.20	400m:	4:59.14	18.00

" " " 25  
 , 05-06 2022 .

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**Кубок ректора**  
**ПГУФКСИТ**

5-6 НОЯБРЯ 2022  
**КАЗАНЬ**



ПГУ  
 ФК  
 СИТ

6, , 400m , (11-12 )

R.T.

11.			2010 II	" "					+0,77	<b>5:00.44</b>	II	352
	25m:	15.41	15.41	125m:	1:29.27	19.11	225m:	2:46.12	19.18	325m:	4:04.38	19.33
	50m:	32.63	17.22	150m:	1:48.36	19.09	250m:	3:05.66	19.54	350m:	4:23.58	19.20
	75m:	51.07	18.44	175m:	2:07.60	19.24	275m:	3:25.39	19.73	375m:	4:42.73	19.15
	100m:	1:10.16	19.09	200m:	2:26.94	19.34	300m:	3:45.05	19.66	400m:	5:00.44	17.71
12.			2010 III	3,						<b>5:01.55</b>	II	348
	25m:	16.35	16.35	125m:	1:30.86	18.91	225m:	2:47.61	19.07	325m:	4:04.37	19.30
	50m:	34.08	17.73	150m:	1:50.16	19.30	250m:	3:06.83	19.22	350m:	4:24.11	19.74
	75m:	52.56	18.48	175m:	2:09.25	19.09	275m:	3:25.62	18.79	375m:	4:42.64	18.53
	100m:	1:11.95	19.39	200m:	2:28.54	19.29	300m:	3:45.07	19.45	400m:	5:01.55	18.91
13.			2010 II	" "					+0,75	<b>5:03.78</b>	III	341
	25m:	16.18	16.18	125m:	1:31.32	19.16	225m:	2:48.29	19.11	325m:	4:06.22	19.13
	50m:	34.17	17.99	150m:	1:50.85	19.53	250m:	3:07.84	19.55	350m:	4:25.25	19.03
	75m:	52.91	18.74	175m:	2:09.65	18.80	275m:	3:27.15	19.31	375m:	4:44.78	19.53
	100m:	1:12.16	19.25	200m:	2:29.18	19.53	300m:	3:47.09	19.94	400m:	5:03.78	19.00
14.			2010 III	" "					+0,61	<b>5:04.79</b>	III	337
	25m:	15.79	15.79	125m:	1:31.14	19.67	225m:	2:49.85	19.54	325m:	4:07.72	19.47
	50m:	33.52	17.73	150m:	1:51.04	19.90	250m:	3:09.18	19.33	350m:	4:26.97	19.25
	75m:	52.18	18.66	175m:	2:10.90	19.86	275m:	3:28.88	19.70	375m:	4:46.25	19.28
	100m:	1:11.47	19.29	200m:	2:30.31	19.41	300m:	3:48.25	19.37	400m:	5:04.79	18.54
15.			2011 II	3,					+0,72	<b>5:05.22</b>	III	336
	25m:	15.09	15.09	125m:	1:29.81	19.65	250m:	3:07.96	39.55	400m:	5:05.22	17.70
	50m:	32.28	17.19	150m:	1:49.56	19.75	300m:	3:47.74	39.78			
	75m:	50.84	18.56	175m:	2:08.70	19.14	325m:	4:07.65	19.91			
	100m:	1:10.16	19.32	200m:	2:28.41	19.71	375m:	4:47.52	39.87			
16.			2011 III	,	-				+0,71	<b>5:16.07</b>	III	302
	25m:	16.55	16.55	125m:	1:35.53	20.77	225m:	2:55.99	20.58	325m:	4:17.17	20.46
	50m:	35.20	18.65	150m:	1:55.06	19.53	250m:	3:16.70	20.71	350m:	4:37.20	20.03
	75m:	54.54	19.34	175m:	2:15.27	20.21	275m:	3:36.80	20.10	375m:	4:58.14	20.94
	100m:	1:14.76	20.22	200m:	2:35.41	20.14	300m:	3:56.71	19.91	400m:	5:16.07	17.93
17.			2010 III	,					+0,67	<b>5:19.26</b>	III	293
	25m:	15.73	15.73	125m:	1:32.29	20.62	225m:	2:54.42	20.99	325m:	4:17.21	20.75
	50m:	33.07	17.34	150m:	1:52.25	19.96	250m:	3:15.08	20.66	350m:	4:38.19	20.98
	75m:	51.92	18.85	175m:	2:12.44	20.19	275m:	3:35.61	20.53	375m:	4:59.17	20.98
	100m:	1:11.67	19.75	200m:	2:33.43	20.99	300m:	3:56.46	20.85	400m:	5:19.26	20.09
18.			2010 III	( )					+0,78	<b>5:21.95</b>	III	286
	25m:	17.48	17.48	125m:	1:36.85	21.17	225m:	2:59.79	20.53	325m:	4:22.72	
	50m:	36.09	18.61	150m:	1:58.08	21.23	250m:	3:20.63	20.84	375m:	5:03.06	40.34
	75m:	55.25	19.16	175m:	2:19.02	20.94	275m:	3:40.98	20.35	400m:	5:21.95	18.89
	100m:	1:15.68	20.43	200m:	2:39.26	20.24	300m:	4:43.96	1:02.98			
19.			2010 III	1,					+0,64	<b>5:26.53</b>	III	274
	25m:	16.94	16.94	125m:	1:37.44	20.51	225m:	3:01.96	21.58	325m:	4:26.51	21.80
	50m:	36.16	19.22	150m:	1:58.30	20.86	250m:	3:22.64	20.68	350m:	4:48.15	21.64
	75m:	55.93	19.77	175m:	2:19.77	21.47	275m:	3:43.82	21.18	375m:	5:07.86	19.71
	100m:	1:16.93	21.00	200m:	2:40.38	20.61	300m:	4:04.71	20.89	400m:	5:26.53	18.67
20.			2011 III	" "						<b>5:26.70</b>	III	274
	25m:	16.82	16.82	125m:	1:37.78	21.06	225m:	3:01.77	21.45	325m:	4:25.33	21.07
	50m:	35.84	19.02	150m:	1:58.46	20.68	250m:	3:22.34	20.57	350m:	4:47.09	21.76
	75m:	55.92	20.08	175m:	2:19.19	20.73	275m:	3:43.19	20.85	375m:	5:07.94	20.85
	100m:	1:16.72	20.80	200m:	2:40.32	21.13	300m:	4:04.26	21.07	400m:	5:26.70	18.76
21.			2011 1	" "					+0,75	<b>5:28.64</b>	III	269
	25m:	17.02	17.02	125m:	1:38.42	20.75	225m:	3:01.82	20.82	325m:	4:25.00	20.02
	50m:	36.87	19.85	150m:	1:59.42	21.00	250m:	3:22.90	21.08	350m:	4:46.47	21.47
	75m:	57.06	20.19	175m:	2:20.16	20.74	275m:	3:43.51	20.61	375m:	5:07.04	20.57
	100m:	1:17.67	20.61	200m:	2:41.00	20.84	300m:	4:04.98	21.47	400m:	5:28.64	21.60

" " ", 25  
 . , 05-06 2022 .

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OMEGA ARES 21





6, , 400m , (11-12 )

R.T.

22.			2010 III	3,					+0,67	<b>5:28.83</b>	III	268
	25m:	16.48	16.48	125m:	1:36.64	21.37	225m:	3:02.32	21.66	325m:	4:27.11	20.47
	50m:	35.18	18.70	150m:	1:57.88	21.24	250m:	3:23.76	21.44	350m:	4:48.04	20.93
	75m:	54.93	19.75	175m:	2:19.06	21.18	275m:	3:45.30	21.54	375m:	5:09.04	21.00
	100m:	1:15.27	20.34	200m:	2:40.66	21.60	300m:	4:06.64	21.34	400m:	5:28.83	19.79
23.			2010 II	"					+0,86	<b>5:35.02</b>	III	254
	25m:	16.37	16.37	125m:	1:37.46	22.42	225m:	3:04.63	22.16	325m:	4:31.50	21.09
	50m:	34.45	18.08	150m:	1:59.16	21.70	250m:	3:26.80	22.17	350m:	4:53.26	21.76
	75m:	54.14	19.69	175m:	2:21.03	21.87	275m:	3:49.01	22.21	375m:	5:14.28	21.02
	100m:	1:15.04	20.90	200m:	2:42.47	21.44	300m:	4:10.41	21.40	400m:	5:35.02	20.74
24.			2010 III	" "						<b>5:46.07</b>	I	230
	25m:	18.22	18.22	125m:	1:44.73	21.60	225m:	3:11.37	21.66	325m:	4:39.07	21.42
	50m:	38.86	20.64	150m:	2:06.39	21.66	250m:	3:33.54	22.17	350m:	5:00.73	21.66
	75m:	1:00.72	21.86	175m:	2:28.25	21.86	275m:	3:55.65	22.11	375m:	5:21.50	20.77
	100m:	1:23.13	22.41	200m:	2:49.71	21.46	300m:	4:17.65	22.00	400m:	5:46.07	24.57
25.			2011 III	" "					+0,99	<b>5:52.05</b>	I	219
	25m:	18.35	18.35	125m:	1:47.37	22.09	225m:	3:15.49	21.68	325m:	4:45.54	22.06
	50m:	40.70	22.35	150m:	2:09.65	22.28	250m:	3:38.60	23.11	350m:	5:08.51	22.97
	75m:	1:02.77	22.07	175m:	2:31.32	21.67	275m:	4:01.36	22.76	375m:	5:30.11	21.60
	100m:	1:25.28	22.51	200m:	2:53.81	22.49	300m:	4:23.48	22.12	400m:	5:52.05	21.94
26.			2010 3	,					+1,00	<b>5:58.55</b>	I	207
	25m:	19.35	19.35	125m:	1:44.98	22.91	225m:	3:16.00	23.72	325m:	4:49.50	23.15
	50m:	39.09	19.74	150m:	2:07.37	22.39	250m:	3:39.83	23.83	350m:	5:12.15	22.65
	75m:	1:00.20	21.11	175m:	2:30.13	22.76	275m:	4:02.67	22.84	375m:	5:35.21	23.06
	100m:	1:22.07	21.87	200m:	2:52.28	22.15	300m:	4:26.35	23.68	400m:	5:58.55	23.34
27.			2010 III	( )					+0,96	<b>6:04.94</b>	I	196
	25m:	18.61	18.61	125m:	1:46.95	23.03	225m:	3:21.24	23.87	325m:	4:56.73	24.05
	50m:	39.56	20.95	150m:	2:10.08	23.13	250m:	3:44.99	23.75	350m:	5:20.65	23.92
	75m:	1:01.72	22.16	175m:	2:33.93	23.85	275m:	4:08.71	23.72	375m:	5:43.87	23.22
	100m:	1:23.92	22.20	200m:	2:57.37	23.44	300m:	4:32.68	23.97	400m:	6:04.94	21.07
28.			2011 2	" "					+0,84	<b>6:17.83</b>	I	177
	25m:	17.73	17.73	125m:	1:50.34	24.75	225m:	3:30.19	24.47	325m:	5:08.54	24.00
	50m:	38.82	21.09	150m:	2:14.42	24.08	250m:	3:55.41	25.22	350m:	5:33.65	25.11
	75m:	1:01.34	22.52	175m:	2:40.40	25.98	275m:	4:19.52	24.11	375m:	5:56.58	22.93
	100m:	1:25.59	24.25	200m:	3:05.72	25.32	300m:	4:44.54	25.02	400m:	6:17.83	21.25
29.			2011 1	,						<b>6:26.94</b>	I	165
	25m:	17.78	17.78	125m:	1:49.45	24.53	225m:	3:30.45	25.44	350m:	5:39.64	26.18
	50m:	38.37	20.59	150m:	2:14.63	25.18	250m:	4:47.84	1:17.39	375m:	6:04.19	24.55
	75m:	1:00.79	22.42	175m:	2:39.58	24.95	275m:	4:21.93		400m:	6:26.94	22.75
	100m:	1:24.92	24.13	200m:	3:05.01	25.43	325m:	5:13.46	51.53			
30.			2010 1	" "					+0,86	<b>6:43.05</b>	II	146
	25m:	19.26	19.26	125m:	1:58.78	25.60	225m:	3:44.56	27.09	325m:	5:29.80	27.68
	50m:	41.87	22.61	150m:	2:24.91	26.13	250m:	4:10.32	25.76	350m:	5:55.92	26.12
	75m:	1:06.25	24.38	175m:	2:51.48	26.57	275m:	4:35.85	25.53	375m:	6:19.69	23.77
	100m:	1:33.18	26.93	200m:	3:17.47	25.99	300m:	5:02.12	26.27	400m:	6:43.05	23.36

(13-14 )

1.			2008	" "					+0,64	<b>4:05.37</b>		647
	25m:	13.30	13.30	125m:	1:15.51	15.75	225m:	2:18.39	15.15	325m:	3:19.89	14.76
	50m:	28.86	15.56	150m:	1:31.55	16.04	250m:	2:34.09	15.70	350m:	3:35.34	15.45
	75m:	44.12	15.26	175m:	1:47.47	15.92	275m:	2:49.55	15.46	375m:	3:50.75	15.41
	100m:	59.76	15.64	200m:	2:03.24	15.77	300m:	3:05.13	15.58	400m:	4:05.37	14.62
2.			2008 II	" "					+0,71	<b>4:25.16</b>	I	512
	25m:	13.92	13.92	125m:	1:19.71	16.96	225m:	2:27.58	16.94	325m:	3:35.94	17.11
	50m:	29.74	15.82	150m:	1:36.57	16.86	250m:	2:44.63	17.05	350m:	3:52.79	16.85
	75m:	46.13	16.39	175m:	1:53.68	17.11	275m:	3:01.77	17.14	375m:	4:09.01	16.22
	100m:	1:02.75	16.62	200m:	2:10.64	16.96	300m:	3:18.83	17.06	400m:	4:25.16	16.15

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**Кубок ректора  
ПГУФКСИТ**

5-6 НОЯБРЯ 2022  
**КАЗАНЬ**



ПГУ  
ФК  
СИТ

6, , 400m , (13-14 )

R.T.

3.			2008 I	"	"					+0,73	<b>4:26.23</b>	I	506
	25m:	14.19	14.19	125m:	1:20.95	16.76	225m:	2:27.90	16.67	325m:	3:35.99		16.92
	50m:	30.76	16.57	150m:	1:37.68	16.73	250m:	2:44.99	17.09	350m:	3:53.03		17.04
	75m:	47.40	16.64	175m:	1:54.37	16.69	275m:	3:01.87	16.88	375m:	4:09.77		16.74
	100m:	1:04.19	16.79	200m:	2:11.23	16.86	300m:	3:19.07	17.20	400m:	4:26.23		16.46
4.			2009 I		1,					+0,56	<b>4:30.50</b>	II	483
	25m:	14.13	14.13	125m:	1:21.93	17.24	225m:	2:31.22	17.05	325m:	3:41.28		17.52
	50m:	30.80	16.67	150m:	1:39.27	17.34	250m:	2:48.86	17.64	350m:	3:58.47		17.19
	75m:	47.63	16.83	175m:	1:56.66	17.39	275m:	3:06.07	17.21	375m:	4:14.73		16.26
	100m:	1:04.69	17.06	200m:	2:14.17	17.51	300m:	3:23.76	17.69	400m:	4:30.50		15.77
5.			2009 I		,					+0,74	<b>4:31.54</b>	II	477
	25m:	14.43	14.43	125m:	1:20.30	16.77	225m:	2:28.57	17.03	325m:	3:39.32		17.87
	50m:	30.31	15.88	150m:	1:37.28	16.98	250m:	2:46.18	17.61	350m:	3:57.02		17.70
	75m:	46.79	16.48	175m:	1:54.43	17.15	275m:	3:03.74	17.56	375m:	4:14.74		17.72
	100m:	1:03.53	16.74	200m:	2:11.54	17.11	300m:	3:21.45	17.71	400m:	4:31.54		16.80
6.			2009 II		,					+0,84	<b>4:32.68</b>	II	471
	25m:	14.22	14.22	125m:	1:22.41	17.49	225m:	2:32.03	16.28	325m:	3:41.36		16.97
	50m:	30.64	16.42	150m:	1:40.19	17.78	250m:	2:49.40	17.37	350m:	3:58.60		17.24
	75m:	47.64	17.00	175m:	1:58.04	17.85	275m:	3:06.64	17.24	375m:	4:15.85		17.25
	100m:	1:04.92	17.28	200m:	2:15.75	17.71	300m:	3:24.39	17.75	400m:	4:32.68		16.83
7.			2008 II	Mad Wave	,					+0,68	<b>4:33.63</b>	II	466
	25m:	14.44	14.44	125m:	1:21.08	17.03	225m:	2:30.82	17.24	325m:	3:41.65		17.48
	50m:	30.22	15.78	150m:	1:38.61	17.53	250m:	2:48.59	17.77	350m:	3:59.47		17.82
	75m:	46.83	16.61	175m:	1:55.95	17.34	275m:	3:06.19	17.60	375m:	4:17.09		17.62
	100m:	1:04.05	17.22	200m:	2:13.58	17.63	300m:	3:24.17	17.98	400m:	4:33.63		16.54
8.			2008 II	"	"					+0,80	<b>4:35.23</b>	II	458
	25m:	14.28	14.28	125m:	1:21.87	17.43	225m:	2:31.90	17.43	325m:	3:42.71		17.70
	50m:	30.43	16.15	150m:	1:39.33	17.46	250m:	2:49.58	17.68	350m:	4:00.87		18.16
	75m:	47.12	16.69	175m:	1:56.81	17.48	275m:	3:07.27	17.69	375m:	4:18.39		17.52
	100m:	1:04.44	17.32	200m:	2:14.47	17.66	300m:	3:25.01	17.74	400m:	4:35.23		16.84
9.			2009 II	"	"					+0,82	<b>4:35.31</b>	II	458
	25m:	14.82	14.82	125m:	1:22.81	17.40	225m:	2:32.66	17.21	325m:	3:43.39		17.62
	50m:	31.12	16.30	150m:	1:40.25	17.44	250m:	2:50.52	17.86	350m:	4:00.91		17.52
	75m:	48.29	17.17	175m:	1:57.72	17.47	275m:	3:07.98	17.46	375m:	4:18.35		17.44
	100m:	1:05.41	17.12	200m:	2:15.45	17.73	300m:	3:25.77	17.79	400m:	4:35.31		16.96
10.			2008 II	,						+0,90	<b>4:35.82</b>	II	455
	25m:	15.28	15.28	125m:	1:23.65	16.99	225m:	2:33.96	17.60	325m:	3:43.80		17.55
	50m:	32.17	16.89	150m:	1:40.96	17.31	250m:	2:51.60	17.64	350m:	4:01.67		17.87
	75m:	48.97	16.80	175m:	1:58.47	17.51	275m:	3:08.78	17.18	375m:	4:18.92		17.25
	100m:	1:06.66	17.69	200m:	2:16.36	17.89	300m:	3:26.25	17.47	400m:	4:35.82		16.90
11.			2008 II	,						+0,82	<b>4:38.90</b>	II	440
	25m:	15.06	15.06	125m:	1:23.50	17.43	225m:	2:33.58	17.56	325m:	3:45.63		17.83
	50m:	31.75	16.69	150m:	1:40.96	17.46	250m:	2:51.54	17.96	350m:	4:03.91		18.28
	75m:	48.93	17.18	175m:	1:58.56	17.60	275m:	3:09.51	17.97	375m:	4:21.74		17.83
	100m:	1:06.07	17.14	200m:	2:16.02	17.46	300m:	3:27.80	18.29	400m:	4:38.90		17.16
12.			2009 II	,						+0,62	<b>4:40.32</b>	II	434
	25m:	14.67	14.67	125m:	1:23.70	17.77	225m:	2:35.40	17.94	325m:	3:47.45		17.94
	50m:	31.39	16.72	150m:	1:41.75	18.05	250m:	2:53.49	18.09	350m:	4:05.54		18.09
	75m:	48.53	17.14	175m:	1:59.76	18.01	275m:	3:11.62	18.13	375m:	4:23.01		17.47
	100m:	1:05.93	17.40	200m:	2:17.46	17.70	300m:	3:29.51	17.89	400m:	4:40.32		17.31
13.			2008 II	1,	-					+0,64	<b>4:40.90</b>	II	431
	25m:	14.23	14.23	125m:	1:23.67	17.68	225m:	2:35.39	17.26	325m:	3:46.95		18.16
	50m:	31.06	16.83	150m:	1:41.76	18.09	250m:	2:52.97	17.58	350m:	4:41.09		54.14
	75m:	48.20	17.14	175m:	1:59.70	17.94	275m:	3:10.57	17.60	375m:	4:23.60		
	100m:	1:05.99	17.79	200m:	2:18.13	18.43	300m:	3:28.79	18.22	400m:	4:40.90		17.30

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**Кубок ректора**  
**ПГУФКСИТ**

5-6 НОЯБРЯ 2022  
**КАЗАНЬ**



ПГУ  
 ФК  
 СИТ

6, , 400m , (13-14 )

R.T.

14.			2009 II							+0,91	<b>4:42.02</b>	II	426
	25m:	14.59	14.59	125m:	1:24.45	17.68	225m:	2:37.30	17.72	325m:	3:48.89		17.07
	50m:	31.70	17.11	150m:	1:42.82	18.37	250m:	2:55.55	18.25	350m:	4:07.36		18.47
	75m:	48.98	17.28	175m:	2:01.09	18.27	275m:	3:13.66	18.11	375m:	4:25.22		17.86
	100m:	1:06.77	17.79	200m:	2:19.58	18.49	300m:	3:31.82	18.16	400m:	4:42.02		16.80
15.			2009 II							+0,68	<b>4:45.61</b>	II	410
	25m:	15.06	15.06	125m:	1:25.15	18.21	225m:	2:38.21	18.40	325m:	3:51.70		18.30
	50m:	31.90	16.84	150m:	1:43.02	17.87	250m:	2:56.41	18.20	350m:	4:10.12		18.42
	75m:	49.27	17.37	175m:	2:01.32	18.30	275m:	3:14.87	18.46	375m:	4:27.89		17.77
	100m:	1:06.94	17.67	200m:	2:19.81	18.49	300m:	3:33.40	18.53	400m:	4:45.61		17.72
16.			2009 2							+0,79	<b>4:46.13</b>	II	408
	25m:	14.45	14.45	125m:	1:24.27	17.95	225m:	2:37.61	18.44	325m:	3:51.10		18.30
	50m:	30.97	16.52	150m:	1:42.53	18.26	250m:	2:55.99	18.38	350m:	4:10.09		18.99
	75m:	48.28	17.31	175m:	2:00.79	18.26	275m:	3:14.25	18.26	375m:	4:28.81		18.72
	100m:	1:06.32	18.04	200m:	2:19.17	18.38	300m:	3:32.80	18.55	400m:	4:46.13		17.32
17.			2008 II							+0,84	<b>4:47.14</b>	II	403
	25m:	14.22	14.22	125m:	1:20.88	17.22	225m:	2:33.81	18.71	325m:	3:49.64		18.39
	50m:	30.02	15.80	150m:	1:38.61	17.73	250m:	2:52.88	19.07	350m:	4:09.22		19.58
	75m:	46.56	16.54	175m:	1:56.71	18.10	275m:	3:11.92	19.04	375m:	4:28.55		19.33
	100m:	1:03.66	17.10	200m:	2:15.10	18.39	300m:	3:31.25	19.33	400m:	4:47.14		18.59
18.			2009 II							+0,73	<b>4:47.68</b>	II	401
	25m:	15.17	15.17	125m:	1:25.90	18.11	225m:	2:39.60	18.30	325m:	3:54.13		18.56
	50m:	32.29	17.12	150m:	1:44.21	18.31	250m:	2:58.38	18.78	350m:	4:12.93		18.80
	75m:	49.84	17.55	175m:	2:02.57	18.36	275m:	3:16.95	18.57	375m:	4:31.26		18.33
	100m:	1:07.79	17.95	200m:	2:21.30	18.73	300m:	3:35.57	18.62	400m:	4:47.68		16.42
19.			2009 II							+0,82	<b>4:48.73</b>	II	397
	25m:	15.20	15.20	125m:	1:24.58	17.65	225m:	2:39.41	18.70	325m:	3:53.83		18.27
	50m:	31.84	16.64	150m:	1:43.14	18.56	250m:	2:57.64	18.23	350m:	4:12.44		18.61
	75m:	49.31	17.47	175m:	2:01.82	18.68	275m:	3:16.53	18.89	375m:	4:31.03		18.59
	100m:	1:06.93	17.62	200m:	2:20.71	18.89	300m:	3:35.56	19.03	400m:	4:48.73		17.70
20.			2009 II							+0,76	<b>4:49.97</b>	II	392
	25m:	15.20	15.20	125m:	1:26.21	18.28	225m:	2:38.97	18.20	325m:	3:54.55		19.00
	50m:	32.30	17.10	150m:	1:44.56	18.35	250m:	2:57.59	18.62	350m:	4:13.38		18.83
	75m:	49.98	17.68	175m:	2:02.69	18.13	275m:	3:16.75	19.16	375m:	4:31.81		18.43
	100m:	1:07.93	17.95	200m:	2:20.77	18.08	300m:	3:35.55	18.80	400m:	4:49.97		18.16
21.			2009 II							+0,76	<b>4:54.41</b>	II	374
	25m:	15.60	15.60	125m:	1:28.80	18.96	225m:	2:43.61	18.92	325m:	3:59.53		19.06
	50m:	32.74	17.14	150m:	1:47.42	18.62	250m:	3:02.97	19.36	350m:	4:18.48		18.95
	75m:	51.21	18.47	175m:	2:06.01	18.59	275m:	3:21.54	18.57	375m:	4:37.54		19.06
	100m:	1:09.84	18.63	200m:	2:24.69	18.68	300m:	3:40.47	18.93	400m:	4:54.41		16.87
22.			2009 II							+0,60	<b>4:57.03</b>	II	364
	25m:	15.16	15.16	125m:	1:26.80	18.10	225m:	2:42.54	19.05	325m:	3:59.95		19.14
	50m:	32.29	17.13	150m:	1:45.21	18.41	250m:	3:01.83	19.29	350m:	4:19.62		19.67
	75m:	50.38	18.09	175m:	2:04.33	19.12	275m:	3:21.00	19.17	375m:	4:38.88		19.26
	100m:	1:08.70	18.32	200m:	2:23.49	19.16	300m:	3:40.81	19.81	400m:	4:57.03		18.15
23.			2009 II							+0,86	<b>5:00.83</b>	II	351
	25m:	15.40	15.40	125m:	1:28.71	19.01	225m:	2:45.56		350m:	4:23.49		19.75
	50m:	32.74	17.34	150m:	1:47.57	18.86	275m:	3:24.76	39.20	375m:	4:42.48		18.99
	75m:	50.93	18.19	175m:	2:06.71	19.14	300m:	3:44.28	19.52	400m:	5:00.83		18.35
	100m:	1:09.70	18.77	200m:	3:05.13	58.42	325m:	4:03.74	19.46				
24.			2009 II							+0,58	<b>5:01.06</b>	II	350
	25m:	15.90	15.90	125m:	1:29.97	18.83	225m:	2:46.58	19.14	325m:	4:04.71		19.40
	50m:	33.78	17.88	150m:	1:49.12	19.15	250m:	3:06.43	19.85	350m:	4:24.12		19.41
	75m:	52.21	18.43	175m:	2:08.22	19.10	275m:	3:25.72	19.29	375m:	4:43.08		18.96
	100m:	1:11.14	18.93	200m:	2:27.44	19.22	300m:	3:45.31	19.59	400m:	5:01.06		17.98

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OMEGA ARES 21





6, , 400m , (13-14 )

											R.T.				
25.	2009 II										1,	+0,62	<b>5:01.77</b>	II	347
	25m:	15.75	15.75	125m:	1:30.65	19.51	225m:	2:47.19	18.97	325m:	4:05.01	19.55			
	50m:	33.64	17.89	150m:	1:50.54	19.89	250m:	3:06.95	19.76	350m:	4:25.18	20.17			
	75m:	52.00	18.36	175m:	2:09.06	18.52	275m:	3:26.07	19.12	375m:	4:43.24	18.06			
	100m:	1:11.14	19.14	200m:	2:28.22	19.16	300m:	3:45.46	19.39	400m:	5:01.77	18.53			
26.	2008 II										,	+0,67	<b>5:15.39</b>	III	304
	25m:	15.45	15.45	125m:	1:29.18	19.47	225m:	2:50.31	20.67	325m:	4:15.54	21.55			
	50m:	32.83	17.38	150m:	1:48.84	19.66	250m:	3:11.50	21.19	350m:	4:36.36	20.82			
	75m:	51.12	18.29	175m:	2:09.01	20.17	275m:	3:32.94	21.44	375m:	4:57.00	20.64			
	100m:	1:09.71	18.59	200m:	2:29.64	20.63	300m:	3:53.99	21.05	400m:	5:15.39	18.39			
27.	2009 3										,	+0,77	<b>5:20.99</b>	III	289
	25m:	15.52	15.52	125m:	1:31.98	20.37	225m:	2:55.59	20.89	325m:	4:19.29	20.57			
	50m:	32.89	17.37	150m:	1:52.24	20.26	250m:	3:16.96	21.37	350m:	4:40.52	21.23			
	75m:	51.56	18.67	175m:	2:13.68	21.44	275m:	3:38.13	21.17	375m:	5:01.64	21.12			
	100m:	1:11.61	20.05	200m:	2:34.70	21.02	300m:	3:58.72	20.59	400m:	5:20.99	19.35			
28.	2008 1 Mad Wave										,	+0,85	<b>5:31.57</b>	III	262
	25m:	16.68	16.68	125m:	1:37.79	21.01	225m:	3:02.68	21.87	325m:	4:28.70	21.22			
	50m:	36.03	19.35	150m:	1:59.06	21.27	250m:	3:24.03	21.35	350m:	4:49.69	20.99			
	75m:	56.40	20.37	175m:	2:19.32	20.26	275m:	3:45.69	21.66	375m:	5:10.77	21.08			
	100m:	1:16.78	20.38	200m:	2:40.81	21.49	300m:	4:07.48	21.79	400m:	5:31.57	20.80			
29.	2009 III										1,	+0,77	<b>5:38.36</b>	III	246
	25m:	15.43	15.43	125m:	1:34.47	21.52	275m:	3:47.32	45.24	375m:	5:17.56	22.28			
	50m:	33.12	17.69	150m:	1:54.99	20.52	300m:	4:09.77	22.45	400m:	5:38.36	20.80			
	75m:	52.60	19.48	175m:	2:17.00	22.01	325m:	4:32.13	22.36						
	100m:	1:12.95	20.35	225m:	3:02.08	45.08	350m:	4:55.28	23.15						
30.	2008 1										,	+0,96	<b>6:22.98</b>	I	170
	25m:	17.39	17.39	150m:	2:10.33	24.60	275m:	4:19.32		400m:	6:22.98	22.20			
	50m:	37.71	20.32	175m:	2:36.04	25.71	300m:	5:36.97	1:17.65						
	75m:	59.34	21.63	225m:	3:27.53	51.49	325m:	5:11.18							
	125m:	1:45.73	46.39	250m:	4:45.39	1:17.86	375m:	6:00.78	49.60						

