



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

**КУБОК  
ПГУФКСИТ**

25-26 ИЮНЯ 2022

**КАЗАНЬ**

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, 400m

2010 - 2013

25.06.2022

: FINA 2022

R.T.

(9-10 )

1.			2013	1						+0,52	<b>6:24.88</b>	III	231
	50m:	41.34	41.34	150m:	2:18.03	49.25	250m:	3:57.72	50.01	350m:	5:37.38	49.56	
	100m:	1:28.78	47.44	200m:	3:07.71	49.68	300m:	4:47.82	50.10	400m:	6:24.88	47.50	

(11-12 )

1.			2010							+0,67	<b>4:49.27</b>	I	546
	50m:	33.17	33.17	150m:	1:46.37	36.91	250m:	3:00.52	36.26	350m:	4:14.50	36.60	
	100m:	1:09.46	36.29	200m:	2:24.26	37.89	300m:	3:37.90	37.38	400m:	4:49.27	34.77	
2.			2010	II						+0,80	<b>5:03.38</b>	II	473
	50m:	33.67	33.67	150m:	1:49.15	38.22	250m:	3:07.43	39.45	350m:	4:26.49	39.25	
	100m:	1:10.93	37.26	200m:	2:27.98	38.83	300m:	3:47.24	39.81	400m:	5:03.38	36.89	
3.			2010	II	"	"				+0,61	<b>5:04.14</b>	II	469
	50m:	34.46	34.46	150m:	1:52.76	39.77	250m:	3:11.35	38.86	350m:	4:28.12	37.88	
	100m:	1:12.99	38.53	200m:	2:32.49	39.73	300m:	3:50.24	38.89	400m:	5:04.14	36.02	
4.			2010	I							<b>5:12.11</b>	II	434
	50m:	34.18	34.18	150m:	1:52.40	39.96	250m:	3:12.83	40.41	350m:	4:32.93	40.63	
	100m:	1:12.44	38.26	200m:	2:32.42	40.02	300m:	3:52.30	39.47	400m:	5:12.11	39.18	
5.			2010	I						+0,80	<b>5:22.33</b>	II	394
	50m:	35.51	35.51	150m:	1:57.26	41.25	300m:	4:02.61	1:23.93				
	100m:	1:16.01	40.50	200m:	2:38.68	41.42	400m:	5:22.33	1:19.72				
6.			2011	II						+0,78	<b>5:34.77</b>	II	352
	50m:	37.70	37.70	150m:	2:02.83	43.27	250m:	3:28.85	43.03	350m:	4:54.33	42.30	
	100m:	1:19.56	41.86	200m:	2:45.82	42.99	300m:	4:12.03	43.18	400m:	5:34.77	40.44	
7.			2010	II	"	"					<b>5:36.03</b>	II	348
	50m:	38.52	38.52	150m:	2:04.03	43.39	250m:	3:31.01	43.13	350m:	4:54.64	41.22	
	100m:	1:20.64	42.12	200m:	2:47.88	43.85	300m:	4:13.42	42.41	400m:	5:36.03	41.39	
8.			2011	III	"	"				+0,91	<b>5:40.26</b>	II	335
	50m:	37.23	37.23	150m:	2:02.12	43.67	250m:	3:29.70	43.95	350m:	4:57.68	43.87	
	100m:	1:18.45	41.22	200m:	2:45.75	43.63	300m:	4:13.81	44.11	400m:	5:40.26	42.58	
9.			2010	III	"	"				+0,86	<b>5:48.18</b>	III	313
	50m:	2:11.01	2:11.01	150m:	3:40.45	2:14.84	250m:	5:09.34	2:13.65	400m:	5:48.18	1:22.57	
	100m:	1:25.61		200m:	2:55.69		300m:	4:25.61					
10.			2011	III	"	"				+0,53	<b>5:48.20</b>	III	313
	50m:	39.35	39.35	150m:	2:09.38	45.07	250m:	3:39.15	44.87	350m:	5:08.49	43.91	
	100m:	1:24.31	44.96	200m:	2:54.28	44.90	300m:	4:24.58	45.43	400m:	5:48.20	39.71	
11.			2010	III							<b>5:59.66</b>	III	284
	50m:	39.38	39.38	150m:	2:10.39	46.15	250m:	3:44.02	47.03	350m:	5:15.71	45.33	
	100m:	1:24.24	44.86	200m:	2:56.99	46.60	300m:	4:30.38	46.36	400m:	5:59.66	43.95	
12.			2011	III						+0,88	<b>6:05.41</b>	III	270
	50m:	37.81	37.81	150m:	2:09.41	46.37	250m:	3:43.94	47.50	350m:	5:20.63	48.46	
	100m:	1:23.04	45.23	200m:	2:56.44	47.03	300m:	4:32.17	48.23	400m:	6:05.41	44.78	
13.			2011	III	4					+1,00	<b>6:24.16</b>	III	233
	50m:	43.16	43.16	150m:	2:20.85	50.24	250m:	4:02.34	50.79	350m:	5:40.55	48.24	
	100m:	1:30.61	47.45	200m:	3:11.55	50.70	300m:	4:52.31	49.97	400m:	6:24.16	43.61	

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<https://swim4you.ru/>

OMEGA ARES 21

Splash Meet Manager, 11.73385

Registered to Volga Federal District/Republic of Tatarstan

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