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, 400m

2008 - 2011

25.06.2022

: FINA 2022

R.T.

(11-12 )

|     |       |         |       |       |         |       |       |         |       |       |                |       |     |
|-----|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|----------------|-------|-----|
| 1.  |       |         | 2010  | II    |         |       |       |         |       | +0,63 | <b>4:47.04</b> | II    | 450 |
|     | 50m:  | 32.09   | 32.09 | 150m: | 1:44.47 | 36.38 | 250m: | 2:58.17 | 36.71 | 350m: | 4:11.62        | 36.46 |     |
|     | 100m: | 1:08.09 | 36.00 | 200m: | 2:21.46 | 36.99 | 300m: | 3:35.16 | 36.99 | 400m: | 4:47.04        | 35.42 |     |
| 2.  |       |         | 2011  | II    |         |       |       |         |       | +0,80 | <b>5:02.32</b> | II    | 385 |
|     | 50m:  | 33.36   | 33.36 | 150m: | 1:48.86 | 37.95 | 250m: | 3:07.39 | 39.03 | 350m: | 4:24.80        | 38.03 |     |
|     | 100m: | 1:10.91 | 37.55 | 200m: | 2:28.36 | 39.50 | 300m: | 3:46.77 | 39.38 | 400m: | 5:02.32        | 37.52 |     |
| 3.  |       |         | 2010  | II    |         |       |       |         |       | +0,63 | <b>5:14.74</b> | III   | 341 |
|     | 50m:  | 34.93   | 34.93 | 150m: | 1:54.03 | 39.78 | 250m: | 3:15.35 | 40.81 | 350m: | 4:38.12        | 41.80 |     |
|     | 100m: | 1:14.25 | 39.32 | 200m: | 2:34.54 | 40.51 | 300m: | 3:56.32 | 40.97 | 400m: | 5:14.74        | 36.62 |     |
| 4.  |       |         | 2010  | II    |         |       |       |         |       | +0,70 | <b>5:18.83</b> | III   | 328 |
|     | 50m:  | 35.03   | 35.03 | 150m: | 1:55.12 | 40.55 | 250m: | 3:16.08 | 40.00 | 350m: | 4:40.70        | 42.38 |     |
|     | 100m: | 1:14.57 | 39.54 | 200m: | 2:36.08 | 40.96 | 300m: | 3:58.32 | 42.24 | 400m: | 5:18.83        | 38.13 |     |
| 5.  |       |         | 2011  | II    |         |       |       |         |       | +0,50 | <b>5:22.68</b> | III   | 317 |
|     | 50m:  | 34.23   | 34.23 | 150m: | 1:55.69 | 41.37 | 250m: | 3:18.62 | 41.59 | 350m: | 4:42.75        | 41.44 |     |
|     | 100m: | 1:14.32 | 40.09 | 200m: | 2:37.03 | 41.34 | 300m: | 4:01.31 | 42.69 | 400m: | 5:22.68        | 39.93 |     |
| 6.  |       |         | 2010  | III   |         |       |       |         |       | +0,62 | <b>5:27.03</b> | III   | 304 |
|     | 50m:  | 34.78   | 34.78 | 150m: | 1:57.34 | 42.54 | 250m: | 3:21.86 | 42.74 | 350m: | 4:46.92        | 42.83 |     |
|     | 100m: | 1:14.80 | 40.02 | 200m: | 2:39.12 | 41.78 | 300m: | 4:04.09 | 42.23 | 400m: | 5:27.03        | 40.11 |     |
| 7.  |       |         | 2010  | III   |         |       |       |         |       | +0,70 | <b>5:32.15</b> | III   | 290 |
|     | 50m:  | 36.37   | 36.37 | 150m: | 2:00.60 | 42.73 | 250m: | 3:26.40 | 42.99 | 350m: | 4:51.25        | 42.33 |     |
|     | 100m: | 1:17.87 | 41.50 | 200m: | 2:43.41 | 42.81 | 300m: | 4:08.92 | 42.52 | 400m: | 5:32.15        | 40.90 |     |
| 8.  |       |         | 2010  | III   |         |       |       |         |       | +0,64 | <b>5:36.10</b> | III   | 280 |
|     | 50m:  | 36.53   | 36.53 | 150m: | 2:01.35 | 42.88 | 250m: | 3:28.83 | 43.37 | 350m: | 4:56.69        | 42.59 |     |
|     | 100m: | 1:18.47 | 41.94 | 200m: | 2:45.46 | 44.11 | 300m: | 4:14.10 | 45.27 | 400m: | 5:36.10        | 39.41 |     |
| 9.  |       |         | 2011  | III   |         |       |       |         |       | +0,91 | <b>5:39.50</b> | III   | 272 |
|     | 50m:  | 37.66   | 37.66 | 150m: | 2:03.30 | 43.17 | 250m: | 3:30.76 | 44.18 | 350m: | 4:57.64        | 43.89 |     |
|     | 100m: | 1:20.13 | 42.47 | 200m: | 2:46.58 | 43.28 | 300m: | 4:13.75 | 42.99 | 400m: | 5:39.50        | 41.86 |     |
| 10. |       |         | 2010  | III   |         |       |       |         |       |       | <b>5:56.06</b> | 1     | 236 |
|     | 50m:  | 38.49   | 38.49 | 150m: | 2:09.27 | 46.07 | 250m: | 3:41.73 | 46.87 | 350m: | 5:13.57        | 44.84 |     |
|     | 100m: | 1:23.20 | 44.71 | 200m: | 2:54.86 | 45.59 | 300m: | 4:28.73 | 47.00 | 400m: | 5:56.06        | 42.49 |     |
| 11. |       |         | 2011  | 1     |         | 4,    |       |         |       |       | <b>5:57.05</b> | 1     | 234 |
|     | 50m:  | 41.14   | 41.14 | 150m: | 2:12.40 | 45.86 | 250m: | 3:45.20 | 46.51 | 350m: | 5:15.40        | 44.54 |     |
|     | 100m: | 1:26.54 | 45.40 | 200m: | 2:58.69 | 46.29 | 300m: | 4:30.86 | 45.66 | 400m: | 5:57.05        | 41.65 |     |

(13-14 )

|    |       |         |       |       |         |       |       |         |       |       |                |         |     |
|----|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|----------------|---------|-----|
| 1. |       |         | 2008  | II    |         |       |       |         |       | +0,73 | <b>4:38.03</b> | II      | 495 |
|    | 50m:  | 31.65   | 31.65 | 150m: | 1:42.08 | 35.66 | 250m: | 2:52.93 | 34.93 | 350m: | 4:03.68        | 35.05   |     |
|    | 100m: | 1:06.42 | 34.77 | 200m: | 2:18.00 | 35.92 | 300m: | 3:28.63 | 35.70 | 400m: | 4:38.03        | 34.35   |     |
| 2. |       |         | 2009  | II    |         |       |       |         |       | +0,90 | <b>4:41.09</b> | II      | 479 |
|    | 50m:  | 33.32   | 33.32 | 150m: | 1:43.90 | 34.29 | 250m: | 2:57.08 | 37.01 | 350m: | 4:06.99        | 35.82   |     |
|    | 100m: | 1:09.61 | 36.29 | 200m: | 2:20.07 | 36.17 | 300m: | 3:31.17 | 34.09 | 400m: | 4:41.09        | 34.10   |     |
| 3. |       |         | 2009  | II    |         | "     | "     |         |       | +0,79 | <b>4:49.49</b> | II      | 439 |
|    | 50m:  | 34.24   | 34.24 | 150m: | 1:45.65 | 35.90 | 250m: | 2:59.86 | 37.05 | 400m: | 4:49.49        | 1:12.23 |     |
|    | 100m: | 1:09.75 | 35.51 | 200m: | 2:22.81 | 37.16 | 300m: | 3:37.26 | 37.40 |       |                |         |     |
| 4. |       |         | 2008  | II    |         |       |       |         |       | +0,68 | <b>4:54.22</b> | II      | 418 |
|    | 50m:  | 32.65   | 32.65 | 150m: | 1:46.55 | 37.55 | 250m: | 3:01.02 | 37.24 | 350m: | 4:17.01        | 38.34   |     |
|    | 100m: | 1:09.00 | 36.35 | 200m: | 2:23.78 | 37.23 | 300m: | 3:38.67 | 37.65 | 400m: | 4:54.22        | 37.21   |     |

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК  
ПГУФКСИТ

25-26 ИЮНЯ 2022

КАЗАНЬ

ПГУ  
ФКСИТ

6, , 400m , (13-14 )

|     |       |         |       |       |         |         |       |         |         |       | R.T.    |                |     |     |
|-----|-------|---------|-------|-------|---------|---------|-------|---------|---------|-------|---------|----------------|-----|-----|
| 5.  |       |         | 2009  | II    |         |         |       |         |         |       | +0,72   | <b>4:58.81</b> | II  | 399 |
|     | 50m:  | 32.87   | 32.87 | 150m: | 1:47.54 | 37.75   | 250m: | 3:04.79 | 38.91   | 350m: | 4:21.96 | 38.28          |     |     |
|     | 100m: | 1:09.79 | 36.92 | 200m: | 2:25.88 | 38.34   | 300m: | 3:43.68 | 38.89   | 400m: | 4:58.81 | 36.85          |     |     |
| 6.  |       |         | 2009  | II    |         |         |       |         |         |       | +0,72   | <b>5:02.37</b> | II  | 385 |
|     | 50m:  | 33.85   | 33.85 | 150m: | 1:49.87 | 38.35   | 250m: | 3:07.54 | 38.73   | 350m: | 4:25.10 | 38.55          |     |     |
|     | 100m: | 1:11.52 | 37.67 | 200m: | 2:28.81 | 38.94   | 300m: | 3:46.55 | 39.01   | 400m: | 5:02.37 | 37.27          |     |     |
| 7.  |       |         | 2009  | II    |         | 4,      |       |         |         |       | +0,64   | <b>5:03.32</b> | II  | 381 |
|     | 50m:  | 34.52   | 34.52 | 150m: | 1:50.80 | 38.99   | 250m: | 3:09.92 | 39.46   | 350m: | 4:27.26 | 38.96          |     |     |
|     | 100m: | 1:11.81 | 37.29 | 200m: | 2:30.46 | 39.66   | 300m: | 3:48.30 | 38.38   | 400m: | 5:03.32 | 36.06          |     |     |
| 8.  |       |         | 2009  | II    |         |         |       |         |         |       |         | <b>5:09.18</b> | III | 360 |
|     | 50m:  | 35.38   | 35.38 | 150m: | 1:53.96 | 39.35   | 250m: | 3:12.62 | 39.47   | 350m: | 4:31.37 | 38.64          |     |     |
|     | 100m: | 1:14.61 | 39.23 | 200m: | 2:33.15 | 39.19   | 300m: | 3:52.73 | 40.11   | 400m: | 5:09.18 | 37.81          |     |     |
| 9.  |       |         | 2009  | II    | "       | "       |       |         |         |       | +0,74   | <b>5:10.48</b> | III | 356 |
|     | 50m:  | 34.55   | 34.55 | 150m: | 3:12.09 | 1:58.40 | 250m: | 4:31.28 | 1:58.77 | 400m: | 5:10.48 | 1:18.16        |     |     |
|     | 100m: | 1:13.69 | 39.14 | 200m: | 2:32.51 |         | 300m: | 3:52.32 |         |       |         |                |     |     |
| 10. |       |         | 2009  | II    |         |         |       |         |         |       | +0,59   | <b>5:13.13</b> | III | 347 |
|     | 50m:  | 34.04   | 34.04 | 150m: | 1:53.04 | 39.62   | 250m: | 3:13.31 | 39.08   | 350m: | 4:35.08 | 40.38          |     |     |
|     | 100m: | 1:13.42 | 39.38 | 200m: | 2:34.23 | 41.19   | 300m: | 3:54.70 | 41.39   | 400m: | 5:13.13 | 38.05          |     |     |
| 11. |       |         | 2008  | 2     |         |         |       |         |         |       | +1,12   | <b>6:08.59</b> | 1   | 212 |
|     | 50m:  | 36.88   | 36.88 | 150m: | 2:07.12 | 46.69   | 250m: | 3:44.11 | 49.21   | 350m: | 5:21.78 | 48.45          |     |     |
|     | 100m: | 1:20.43 | 43.55 | 200m: | 2:54.90 | 47.78   | 300m: | 4:33.33 | 49.22   | 400m: | 6:08.59 | 46.81          |     |     |

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OMEGA ARES 21

Splash Meet Manager, 11.73385

Registered to Volga Federal District/Republic of Tatarstan

26.06.2022 10:18 -

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