



11

, 400m

9 - 13

04.05.2024

: FINA 2024

9-10

R.T.

1.				2014	III	"	"					5:45.19	III	317
	50m:	38.82	38.82	150m:	2:08.47	45.28	250m:	3:36.82	44.52	350m:	5:04.29	43.36		
	100m:	1:23.19	44.37	200m:	2:52.30	43.83	300m:	4:20.93	44.11	400m:	5:45.19	40.90		
2.				2014	III	"	"					5:51.79	III	299
	50m:	38.85	38.85	150m:	2:07.83	45.26	250m:	3:39.83	45.99	350m:	5:10.32	45.08		
	100m:	1:22.57	43.72	200m:	2:53.84	46.01	300m:	4:25.24	45.41	400m:	5:51.79	41.47		
3.				2014	III					+0,69	6:10.30	III	256	
	50m:	40.55	40.55	150m:	2:17.07	48.87	250m:	3:53.24	48.81	350m:	5:25.97	43.48		
	100m:	1:28.20	47.65	200m:	3:04.43	47.36	300m:	4:42.49	49.25	400m:	6:10.30	44.33		
4.				2014	III						6:10.38	III	256	
	50m:	39.97	39.97	150m:	2:13.27	46.89	250m:	3:48.70	47.62	350m:	5:23.39	46.49		
	100m:	1:26.38	46.41	200m:	3:01.08	47.81	300m:	4:36.90	48.20	400m:	6:10.38	46.99		
5.				2014	III		"	"		+0,57	6:13.02	III	251	
	50m:	40.41	40.41	150m:	2:16.53	49.36	250m:	3:52.93	48.88	350m:	5:28.22	47.72		
	100m:	1:27.17	46.76	200m:	3:04.05	47.52	300m:	4:40.50	47.57	400m:	6:13.02	44.80		
6.				2014	I		"	"			6:28.61	I	222	
	50m:	42.71	42.71	150m:	2:23.22	50.74	250m:	4:04.45	51.17	350m:	5:41.86	47.68		
	100m:	1:32.48	49.77	200m:	3:13.28	50.06	300m:	4:54.18	49.73	400m:	6:28.61	46.75		
7.				2014	I		"	"			6:35.31	I	211	
	50m:	43.13	43.13	150m:	2:26.33	52.70	250m:	4:07.10	51.68	350m:	5:48.15	50.23		
	100m:	1:33.63	50.50	200m:	3:15.42	49.09	300m:	4:57.92	50.82	400m:	6:35.31	47.16		
8.				2014	I		"	"			6:57.30	I	179	
	50m:	43.65	43.65	150m:	2:26.68	52.52	250m:	4:14.28	53.59	350m:	6:04.39	54.77		
	100m:	1:34.16	50.51	200m:	3:20.69	54.01	300m:	5:09.62	55.34	400m:	6:57.30	52.91		
9.				2014	I		"	"			7:07.93	I	166	
	50m:	46.15	46.15	150m:	2:35.42	56.09	250m:	4:26.63	56.80	350m:	6:16.17	55.17		
	100m:	1:39.33	53.18	200m:	3:29.83	54.41	300m:	5:21.00	54.37	400m:	7:07.93	51.76		

11-13

1.				2011	I	"	"					4:55.09	I	507
	50m:	34.04	34.04	150m:	1:49.83	38.51	250m:	3:05.99	38.42	350m:	4:21.18	37.70		
	100m:	1:11.32	37.28	200m:	2:27.57	37.74	300m:	3:43.48	37.49	400m:	4:55.09	33.91		
2.				2011	I	"	"			+0,80	4:56.16	I	502	
	50m:	33.52	33.52	150m:	1:48.86	37.97	250m:	3:04.42	38.10	350m:	4:20.50	37.84		
	100m:	1:10.89	37.37	200m:	2:26.32	37.46	300m:	3:42.66	38.24	400m:	4:56.16	35.66		
3.				2012	I	"	"			+0,68	5:01.97	II	473	
	50m:	34.08	34.08	150m:	1:50.07	38.34	250m:	3:08.17	39.41	350m:	4:25.85	38.84		
	100m:	1:11.73	37.65	200m:	2:28.76	38.69	300m:	3:47.01	38.84	400m:	5:01.97	36.12		
4.				2011	II	"	"			+0,49	5:19.31	II	400	
	50m:	34.32	34.32	150m:	1:54.38	41.23	250m:	3:17.53	41.26	350m:	4:42.28	42.51		
	100m:	1:13.15	38.83	200m:	2:36.27	41.89	300m:	3:59.77	42.24	400m:	5:19.31	37.03		
5.				2012	II					+0,62	5:19.35	II	400	
	50m:	35.71	35.71	200m:	2:37.55	41.21	300m:	3:59.13	41.04	400m:	5:19.35	39.21		
	150m:	1:56.34	1:20.63	250m:	3:18.09	40.54	350m:	4:40.14	41.01					
6.				2011	I	"	"			+0,87	5:19.40	II	400	
	50m:	35.51	35.51	150m:	1:56.42	40.23	250m:	3:16.24	40.62	350m:	4:38.49	40.61		
	100m:	1:16.19	40.68	200m:	2:35.62	39.20	300m:	3:57.88	41.64	400m:	5:19.40	40.91		
7.				2011	II	"	"			+0,51	5:20.25	II	397	
	50m:	35.77	35.77	150m:	1:56.12	40.11	250m:	3:18.25	41.42	350m:	4:40.58	40.85		
	100m:	1:16.01	40.24	200m:	2:36.83	40.71	300m:	3:59.73	41.48	400m:	5:20.25	39.67		
8.				2011	II					+0,71	5:22.98	II	387	
	50m:	35.34	35.34	150m:	1:57.42	41.79	250m:	3:20.84	42.18	350m:	4:44.02	41.18		
	100m:	1:15.63	40.29	200m:	2:38.66	41.24	300m:	4:02.84	42.00	400m:	5:22.98	38.96		

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, 4-5 2024 .

OMEGA ARES 21





11, , 400m , 11-13

R.T.

9.			2012 II							5:25.30 II	378	
	50m:	35.60	35.60	150m:	1:57.27	41.75	250m:	3:21.26	41.48	350m:	4:45.28	41.38
	100m:	1:15.52	39.92	200m:	2:39.78	42.51	300m:	4:03.90	42.64	400m:	5:25.30	40.02
10.			2012 II	1		-				+0,82 5:25.93 II	376	
	50m:	37.45	37.45	150m:	2:02.28	42.97	250m:	3:26.90	42.59	350m:	4:49.41	40.65
	100m:	1:19.31	41.86	200m:	2:44.31	42.03	300m:	4:08.76	41.86	400m:	5:25.93	36.52
11.			2011 II							5:26.85 II	373	
	50m:	35.55	35.55	150m:	1:56.93	41.74	250m:	3:20.96	41.87	350m:	4:46.09	42.31
	100m:	1:15.19	39.64	200m:	2:39.09	42.16	300m:	4:03.78	42.82	400m:	5:26.85	40.76
12.			2013 II	"	"					5:34.96 II	347	
	50m:	37.40	37.40	150m:	2:02.54	42.83	250m:	3:28.12	42.59	350m:	4:53.72	42.67
	100m:	1:19.71	42.31	200m:	2:45.53	42.99	300m:	4:11.05	42.93	400m:	5:34.96	41.24
13.			2011 II							+0,72 5:36.43 II	342	
	50m:	36.65	36.65	150m:	2:00.69	43.16	250m:	3:28.91	44.64	350m:	4:55.28	42.82
	100m:	1:17.53	40.88	200m:	2:44.27	43.58	300m:	4:12.46	43.55	400m:	5:36.43	41.15
14.			2012 II	"	"					+0,72 5:43.24 III	322	
	50m:	35.64	35.64	150m:	2:04.28	45.56	250m:	3:34.35	44.50	350m:	5:01.75	41.87
	100m:	1:18.72	43.08	200m:	2:49.85	45.57	300m:	4:19.88	45.53	400m:	5:43.24	41.49
15.			2013 III	10 "	"					+0,98 5:43.53 III	321	
	50m:	38.14	38.14	200m:	2:50.84	1:29.22	350m:	5:03.28	42.73			
	100m:	1:21.62	43.48	300m:	4:20.55	1:29.71	400m:	5:43.53	40.25			
16.			2012 II							+0,83 5:44.12 III	320	
	50m:	38.22	38.22	150m:	2:06.05	44.24	250m:	3:34.58	44.63	350m:	5:02.19	43.84
	100m:	1:21.81	43.59	200m:	2:49.95	43.90	300m:	4:18.35	43.77	400m:	5:44.12	41.93
17.			2012 III	"	"					+0,80 5:49.38 III	305	
	50m:	39.87	39.87	150m:	2:08.22	44.82	250m:	3:38.98	44.93	400m:	5:49.38	40.65
	100m:	1:23.40	43.53	200m:	2:54.05	45.83	350m:	5:08.73	1:29.75			
18.			2012 III							5:51.00 III	301	
	50m:	39.32	39.32	150m:	2:09.82	45.38	250m:	3:40.99	45.31	350m:	5:10.69	43.75
	100m:	1:24.44	45.12	200m:	2:55.68	45.86	300m:	4:26.94	45.95	400m:	5:51.00	40.31
19.			2012 II	"	"					5:52.27 III	298	
	50m:	39.38	39.38	150m:	2:10.00	45.17	250m:	3:40.16	44.85	350m:	5:09.82	44.49
	100m:	1:24.83	45.45	200m:	2:55.31	45.31	300m:	4:25.33	45.17	400m:	5:52.27	42.45
20.			2011 II	"	"					+0,67 5:54.09 III	293	
	50m:	40.19	40.19	150m:	2:13.82	47.15	250m:	3:44.98	46.30	350m:	5:14.37	43.70
	100m:	1:26.67	46.48	200m:	2:58.68	44.86	300m:	4:30.67	45.69	400m:	5:54.09	39.72
21.			2011 III							+0,62 5:57.27 III	285	
	50m:	37.86	37.86	150m:	2:06.24	45.04	250m:	3:39.63	46.88	350m:	5:12.20	45.33
	100m:	1:21.20	43.34	200m:	2:52.75	46.51	300m:	4:26.87	47.24	400m:	5:57.27	45.07
22.			2013 II							+0,60 5:59.64 III	280	
	50m:	36.96	36.96	150m:	2:09.14	47.72	250m:	3:43.40	47.10	350m:	5:18.61	46.36
	100m:	1:21.42	44.46	200m:	2:56.30	47.16	300m:	4:32.25	48.85	400m:	5:59.64	41.03
23.			2013 II							6:00.68 III	277	
	50m:	37.77	37.77	150m:	2:11.22	47.57	250m:	3:45.54	48.13	350m:	5:19.41	46.97
	100m:	1:23.65	45.88	200m:	2:57.41	46.19	300m:	4:32.44	46.90	400m:	6:00.68	41.27
24.			2013 III	1	-					6:01.13 III	276	
	50m:	38.41	38.41	150m:	2:08.09	45.96	250m:	3:41.92	47.46	350m:	5:16.16	46.56
	100m:	1:22.13	43.72	200m:	2:54.46	46.37	300m:	4:29.60	47.68	400m:	6:01.13	44.97
25.			2012 III	8						+0,65 6:07.61 III	262	
	50m:	39.30	39.30	150m:	2:11.06	47.66	250m:	3:46.74	48.16	350m:	5:21.29	46.56
	100m:	1:23.40	44.10	200m:	2:58.58	47.52	300m:	4:34.73	47.99	400m:	6:07.61	46.32
26.			2011 III	"	"					6:08.94 III	259	
	50m:	42.76	42.76	150m:	2:19.15	48.54	250m:	3:54.52	46.93	350m:	5:28.06	45.92
	100m:	1:30.61	47.85	200m:	3:07.59	48.44	300m:	4:42.14	47.62	400m:	6:08.94	40.88
27.			2012 I	Swim Team						+0,89 6:54.95 I	182	
	50m:	39.75	39.75	150m:	2:19.31	52.27	250m:	4:08.70	55.96	350m:	6:00.23	55.42
	100m:	1:27.04	47.29	200m:	3:12.74	53.43	300m:	5:04.81	56.11	400m:	6:54.95	54.72

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

кубок ректора ПГУФКСИТ

4-5 МАЯ 2024

КАЗАНЬ



ПГУ
ФКСИТ

11, , 400m

11-13

R.T.

28.				2011		Swim Team					+0,67	7:08.34		165
	50m:	41.36	41.36	150m:	2:28.49	55.20	250m:	4:23.76	58.76	350m:	6:15.99	55.85		
	100m:	1:33.29	51.93	200m:	3:25.00	56.51	300m:	5:20.14	56.38	400m:	7:08.34	52.35		

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, 4-5 2024 .

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