



04.05.2024

27

, 400m

14

: FINA 2024

R.T.

14-15

1.				2009	I	"	-	"	+0.73	4:31.01		535
	50m:	30.63	30.63	150m:	1:38.80	34.68	250m:	2:47.90	34.54	350m:	3:57.95	35.13
	100m:	1:04.12	33.49	200m:	2:13.36	34.56	300m:	3:22.82	34.92	400m:	4:31.01	33.06
2.				2009	I	"	"	"	+0.83	4:32.79		525
	50m:	29.93	29.93	150m:	1:38.36	35.06	250m:	2:49.45	35.57	350m:	3:59.48	34.66
	100m:	1:03.30	33.37	200m:	2:13.88	35.52	300m:	3:24.82	35.37	400m:	4:32.79	33.31
3.				2010	I	"	"	"	+0.68	4:35.22		511
	50m:	30.34	30.34	150m:	1:38.38	34.35	250m:	2:49.97	35.83	350m:	4:01.58	35.55
	100m:	1:04.03	33.69	200m:	2:14.14	35.76	300m:	3:26.03	36.06	400m:	4:35.22	33.64
4.				2010	I	"	"	"	+0.76	4:35.26		511
	50m:	30.14	30.14	150m:	1:39.12	35.26	250m:	2:50.51	35.89	350m:	4:02.15	36.04
	100m:	1:03.86	33.72	200m:	2:14.62	35.50	300m:	3:26.11	35.60	400m:	4:35.26	33.11
5.				2009	II	"	"	"	+0.66	4:36.00		506
	50m:	30.04	30.04	100m:	1:03.96	33.92	150m:	1:38.04	34.08	400m:	4:36.00	2:57.96
6.				2009	I	10	"	"	+0.87	4:36.91		501
	50m:	29.52	29.52	150m:	1:37.52	34.87	250m:	2:48.97	36.00	350m:	4:01.36	36.04
	100m:	1:02.65	33.13	200m:	2:12.97	35.45	300m:	3:25.32	36.35	400m:	4:36.91	35.55
7.				2009	II	"	"	"		4:38.12		495
	50m:	30.39	30.39	150m:	1:41.52	36.27	250m:	2:53.70	36.01	350m:	4:05.50	35.60
	100m:	1:05.25	34.86	200m:	2:17.69	36.17	300m:	3:29.90	36.20	400m:	4:38.12	32.62
8.				2010	II	"	"	"	+0.67	4:38.63		492
	50m:	31.68	31.68	150m:	1:42.32	35.35	250m:	2:53.63	34.98	350m:	4:05.39	35.24
	100m:	1:06.97	35.29	200m:	2:18.65	36.33	300m:	3:30.15	36.52	400m:	4:38.63	33.24
9.				2010		"	"	"	+0.69	4:38.78		491
	50m:	31.53	31.53	150m:	1:42.08	35.62	250m:	2:54.01	35.89	350m:	4:05.70	35.45
	100m:	1:06.46	34.93	200m:	2:18.12	36.04	300m:	3:30.25	36.24	400m:	4:38.78	33.08
10.				2009	II	"	-	"	+0.60	4:40.26		484
	50m:	31.18	31.18	150m:	1:41.97	35.76	250m:	2:53.54	35.56	350m:	4:06.35	35.99
	100m:	1:06.21	35.03	200m:	2:17.98	36.01	300m:	3:30.36	36.82	400m:	4:40.26	33.91
11.				2010		"	"	"	+0.70	4:41.17		479
	50m:	32.79	32.79	150m:	1:44.73	36.15	250m:	2:56.31	35.41	350m:	4:06.63	34.61
	100m:	1:08.58	35.79	200m:	2:20.90	36.17	300m:	3:32.02	35.71	400m:	4:41.17	34.54
12.				2009	I	"	-	"	+0.67	4:43.94		465
	50m:	31.10	31.10	150m:	1:43.08	36.20	250m:	2:55.67	36.10	350m:	4:08.69	36.34
	100m:	1:06.88	35.78	200m:	2:19.57	36.49	300m:	3:32.35	36.68	400m:	4:43.94	35.25
13.				2010	II	"	"	"	+0.66	4:45.28		459
	50m:	31.78	31.78	150m:	1:43.31	36.30	250m:	2:57.00	36.91	350m:	4:09.99	36.77
	100m:	1:07.01	35.23	200m:	2:20.09	36.78	300m:	3:33.22	36.22	400m:	4:45.28	35.29
14.				2009	II	"	"	"	+0.53	4:45.48		458
	50m:	30.83	30.83	150m:	1:41.35	36.10	250m:	2:55.57	37.49	350m:	4:09.84	37.44
	100m:	1:05.25	34.42	200m:	2:18.08	36.73	300m:	3:32.40	36.83	400m:	4:45.48	35.64
15.				2010	II	"	"	"	+0.58	4:50.22		436
	50m:	30.70	30.70	150m:	1:41.79	36.85	250m:	2:58.12	38.28	350m:	4:14.04	38.32
	100m:	1:04.94	34.24	200m:	2:19.84	38.05	300m:	3:35.72	37.60	400m:	4:50.22	36.18
16.				2009	II	"	"	"	+0.63	4:50.42		435
	50m:	31.86	31.86	150m:	1:46.44	37.54	250m:	2:59.19	35.47	350m:	4:13.70	36.93
	100m:	1:08.90	37.04	200m:	2:23.72	37.28	300m:	3:36.77	37.58	400m:	4:50.42	36.72
17.				2009	II	"	"	"	+0.78	4:55.02		415
	50m:	31.99	31.99	150m:	1:47.03	38.25	250m:	3:03.78	38.62	350m:	4:20.27	38.38
	100m:	1:08.78	36.79	200m:	2:25.16	38.13	300m:	3:41.89	38.11	400m:	4:55.02	34.75
18.				2010	II	"	"	"	+0.65	4:55.57		412
	50m:	31.65	31.65	150m:	1:46.10	37.71	250m:	3:03.07	38.53	350m:	4:19.90	38.21
	100m:	1:08.39	36.74	200m:	2:24.54	38.44	300m:	3:41.69	38.62	400m:	4:55.57	35.67

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OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

кубок ректора
ПГУФКСИТ

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КАЗАНЬ



27, , 400m , 14-15

R.T.

19.				2009 II	" "							+0.77	4:55.88	II	411	
	50m:	33.50	33.50	150m:	1:49.89	38.59	250m:	3:06.79	38.38	350m:	4:21.89	37.02				
	100m:	1:11.30	37.80	200m:	2:28.41	38.52	300m:	3:44.87	38.08	400m:	4:55.88	33.99				
20.				2010 II	" "							+0.63	5:01.97	II	387	
	50m:	33.82	33.82	150m:	1:50.60	38.91	250m:	3:07.95	38.95	350m:	4:24.49	38.40				
	100m:	1:11.69	37.87	200m:	2:29.00	38.40	300m:	3:46.09	38.14	400m:	5:01.97	37.48				
21.				2010 II	()							+0.62	5:02.77	II	384	
	50m:	31.90	31.90	150m:	1:45.31	37.26	250m:	3:02.64	39.08	350m:	4:24.26	41.12				
	100m:	1:08.05	36.15	200m:	2:23.56	38.25	300m:	3:43.14	40.50	400m:	5:02.77	38.51				
22.				2010 II		179						+0.74	5:02.99	II	383	
	50m:	32.08	32.08	150m:	1:47.50	38.51	250m:	3:06.72	40.00	350m:	4:25.98	40.14				
	100m:	1:08.99	36.91	200m:	2:26.72	39.22	300m:	3:45.84	39.12	400m:	5:02.99	37.01				
23.				2009 II	" "							+0.81	5:03.96	II	379	
	50m:	30.37	30.37	150m:	1:44.95	38.14	250m:	3:04.47	40.12	350m:	4:24.79	39.13				
	100m:	1:06.81	36.44	200m:	2:24.35	39.40	300m:	3:45.66	41.19	400m:	5:03.96	39.17				
24.				2009 II								+0.66	5:05.15	II	375	
	50m:	31.63	31.63	150m:	1:45.96	38.51	250m:	3:06.55	40.30	350m:	4:27.68	40.56				
	100m:	1:07.45	35.82	200m:	2:26.25	40.29	300m:	3:47.12	40.57	400m:	5:05.15	37.47				
25.				2010 II								+0.56	5:13.24	III	346	
	50m:	32.96	32.96	150m:	1:50.58	39.28	250m:	3:11.30	40.16	350m:	4:33.88	40.75				
	100m:	1:11.30	38.34	200m:	2:31.14	40.56	300m:	3:53.13	41.83	400m:	5:13.24	39.36				
26.				2010 II		179							5:16.01	III	337	
	50m:	35.62	35.62	150m:	1:55.75	40.56	250m:	3:17.55	40.98	350m:	4:39.12	40.09				
	100m:	1:15.19	39.57	200m:	2:36.57	40.82	300m:	3:59.03	41.48	400m:	5:16.01	36.89				
27.				2010 III								+0.91	5:16.03	III	337	
	50m:	32.41	32.41	150m:	1:51.09	40.84	250m:	3:14.35	41.62	350m:	4:37.86	40.91				
	100m:	1:10.25	37.84	200m:	2:32.73	41.64	300m:	3:56.95	42.60	400m:	5:16.03	38.17				
28.				2010 II		MY CHAMPS						+0.60	5:19.13	III	327	
	50m:	34.52	34.52	150m:	1:53.11	39.55	250m:	3:15.94	41.10	350m:	4:38.02	39.83				
	100m:	1:13.56	39.04	200m:	2:34.84	41.73	300m:	3:58.19	42.25	400m:	5:19.13	41.11				
29.				2009 III								+0.81	5:30.20	III	296	
	50m:	33.66	33.66	150m:	1:56.79	42.34	250m:	3:23.35	43.65	350m:	4:49.86	42.63				
	100m:	1:14.45	40.79	200m:	2:39.70	42.91	300m:	4:07.23	43.88	400m:	5:30.20	40.34				
30.				2009 III		8						+0.90	5:37.96	III	276	
	50m:	35.29	35.29	150m:	1:58.32	42.64	250m:	3:26.34	44.83	350m:	4:55.78	45.22				
	100m:	1:15.68	40.39	200m:	2:41.51	43.19	300m:	4:10.56	44.22	400m:	5:37.96	42.18				
31.				2010 II		179						+0.75	5:39.40	III	272	
	50m:	35.50	35.50	150m:	1:57.74	41.86	250m:	3:27.60	45.97	350m:	4:57.42	44.66				
	100m:	1:15.88	40.38	200m:	2:41.63	43.89	300m:	4:12.76	45.16	400m:	5:39.40	41.98				
32.				2010 III		18						+0.72	5:55.03	I	238	
	50m:	36.19	36.19	150m:	2:03.56	44.96	250m:	3:37.85	47.35	350m:	5:11.68	46.68				
	100m:	1:18.60	42.41	200m:	2:50.50	46.94	300m:	4:25.00	47.15	400m:	5:55.03	43.35				
33.				2009 II	" "							+0.73	6:00.79	I	226	
	50m:	34.85	34.85	150m:	1:58.77	43.15	250m:	3:33.62	48.33	350m:	5:11.45	48.87				
	100m:	1:15.62	40.77	200m:	2:45.29	46.52	300m:	4:22.58	48.96	400m:	6:00.79	49.34				

16-18

1.				2007 I		179						+0.72	4:24.52	I	575
	50m:	30.15	30.15	150m:	1:35.59	33.00	250m:	2:43.02	33.80	350m:	3:50.76	33.52			
	100m:	1:02.59	32.44	200m:	2:09.22	33.63	300m:	3:17.24	34.22	400m:	4:24.52	33.76			
2.				2008	" "							+0.66	4:25.28	I	570
	50m:	29.79	29.79	150m:	1:35.81	33.62	250m:	2:44.81	34.41	350m:	3:53.46	34.38			
	100m:	1:02.19	32.40	200m:	2:10.40	34.59	300m:	3:19.08	34.27	400m:	4:25.28	31.82			
3.				2008	" "							+0.64	4:28.37	I	551
	50m:	29.96	29.96	150m:	1:37.05	34.04	250m:	2:45.84	34.40	350m:	3:55.34	34.44			
	100m:	1:03.01	33.05	200m:	2:11.44	34.39	300m:	3:20.90	35.06	400m:	4:28.37	33.03			

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OMEGA ARES 21





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КАЗАНЬ



27, , 400m , 16-18

										R.T.			
4.			2008	"	"					+0.66	4:30.45	I	538
	50m:	30.38	30.38	150m:	1:38.09	34.22	250m:	2:46.88	34.32	350m:	3:56.45		34.27
	100m:	1:03.87	33.49	200m:	2:12.56	34.47	300m:	3:22.18	35.30	400m:	4:30.45		34.00
5.			2008	I	MY CHAMPS					+0.77	4:30.68	I	537
	50m:	30.47	30.47	150m:	1:39.48	34.76	250m:	2:49.00	34.61	350m:	3:57.76		33.98
	100m:	1:04.72	34.25	200m:	2:14.39	34.91	300m:	3:23.78	34.78	400m:	4:30.68		32.92
6.			2007							+0.81	4:30.87	I	536
	50m:	29.39	29.39	150m:	1:35.97	33.98	250m:	2:45.55	35.09	350m:	3:56.43		35.56
	100m:	1:01.99	32.60	200m:	2:10.46	34.49	300m:	3:20.87	35.32	400m:	4:30.87		34.44
7.			2008	II						+0.72	4:47.89	II	446
	50m:	31.80	31.80	150m:	1:44.37	37.03	250m:	2:59.88	38.02	350m:	4:14.54		36.51
	100m:	1:07.34	35.54	200m:	2:21.86	37.49	300m:	3:38.03	38.15	400m:	4:47.89		33.35
8.			2008	II	"	"				+0.76	4:49.19	II	440
	50m:	31.63	31.63	150m:	1:43.67	36.53	250m:	2:59.23	38.31	350m:	4:14.69		37.84
	100m:	1:07.14	35.51	200m:	2:20.92	37.25	300m:	3:36.85	37.62	400m:	4:49.19		34.50
9.			2008	II	Swim Team					+0.78	6:03.25	I	222
	50m:	32.28	32.28	150m:	1:52.46	42.09	250m:	3:29.25	49.17	350m:	5:13.95		51.95
	100m:	1:10.37	38.09	200m:	2:40.08	47.62	300m:	4:22.00	52.75	400m:	6:03.25		49.30
1.			2004							+0.66	4:00.30		768
	50m:	27.51	27.51	150m:	1:28.62	30.65	250m:	2:29.53	30.32	350m:	3:30.81		30.97
	100m:	57.97	30.46	200m:	1:59.21	30.59	300m:	2:59.84	30.31	400m:	4:00.30		29.49
2.			2004							+0.77	4:04.55		728
	50m:	26.56	26.56	150m:	1:28.07	31.07	250m:	2:30.74	31.65	350m:	3:34.30		31.86
	100m:	57.00	30.44	200m:	1:59.09	31.02	300m:	3:02.44	31.70	400m:	4:04.55		30.25
3.			2005							+0.67	4:06.39		712
	50m:	27.82	27.82	150m:	1:29.15	30.97	250m:	2:31.84	31.65	350m:	3:35.76		31.44
	100m:	58.18	30.36	200m:	2:00.19	31.04	300m:	3:04.32	32.48	400m:	4:06.39		30.63
4.			2004							+0.69	4:08.04		698
	50m:	28.93	28.93	150m:	1:31.77	31.42	250m:	2:34.41	30.96	350m:	3:37.51		31.81
	100m:	1:00.35	31.42	200m:	2:03.45	31.68	300m:	3:05.70	31.29	400m:	4:08.04		30.53
5.			2005		-1					+0.74	4:16.48	I	631
	50m:	28.70	28.70	150m:	1:32.28	32.31	250m:	2:38.43	33.16	350m:	3:44.29		32.87
	100m:	59.97	31.27	200m:	2:05.27	32.99	300m:	3:11.42	32.99	400m:	4:16.48		32.19
6.			2005	I						+0.72	4:35.93	II	507
	50m:	28.89	28.89	150m:	1:36.53	34.35	250m:	2:48.24	36.20	350m:	4:01.10		36.39
	100m:	1:02.18	33.29	200m:	2:12.04	35.51	300m:	3:24.71	36.47	400m:	4:35.93		34.83
EXH BALABEK Galymzhan			1999		"	"	KAZ			+0.75	4:06.32		713
	50m:	28.01	28.01	150m:	1:29.35	30.96	250m:	2:31.92	31.28	350m:	3:35.79		31.74
	100m:	58.39	30.38	200m:	2:00.64	31.29	300m:	3:04.05	32.13	400m:	4:06.32		30.53

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