



				%	PB
"	"				-
	, 2012 (14 )				-
50m		-	28.00	-	
100m		-	1:18.00	-	
50m		-	36.00	-	
100m		-	1:18.00	-	
<b>Bionica Swim KZN</b>					
	, 2010 (16 )				-
100m		-	1:51.30	-	
50m	, 2010 (16 )	-	38.84	-	
50m	, 2010 (16 )	-	38.30	-	
100m		-	1:28.00	-	
50m		-	36.30	-	
50m	, 2015 (11 )	-	39.31	-	
100m	, 2011 (15 )	-	1:42.30	-	
50m	, 2016 (10 )	-	54.30	-	
100m	, 2011 (15 )	-	1:21.30	-	
200m		-	3:24.26	-	
50m	, 2016 (10 )	-	51.66	-	
50m	, 2010 (16 )	-	41.45	-	
50m	, 2010 (16 )	-	42.30	-	
50m	, 2016 (10 )	-	48.30	-	
<b>Mariaswimpro</b>					
50m	, 2015 (11 )	-	37.57	-	
100m		-	1:44.37	-	
50m		-	48.51	-	
100m	, 2012 (14 )	-	1:23.58	-	
200m		-	3:10.50	-	
200m		-	2:46.53	-	
<b>MVSwimm</b>					
50m	, 2008 (18 )	-	35.00	-	
100m		-	1:18.00	-	
<b>Novosheshminsk</b>					
100m	, 2011 (15 )	-	1:05.00	-	
400m		-	5:10.00	-	
50m		-	37.00	-	
100m		-	1:24.00	-	
<b>Swim Team</b>					
100m	, 2013 (13 )	-	1:12.00	-	
200m		-	2:41.00	-	
100m		-	1:29.00	-	



200m	-	3:21.70	-	-
100m	-	1:31.00	-	-
200m	-	3:33.00	-	-
, 2011 (15 ),				
100m	-	1:12.00	-	-
200m	-	2:23.00	-	-
400m	-	5:46.00	-	-
100m	-	1:29.00	-	-
200m	-	3:21.70	-	-
200m	-	3:08.00	-	-
, 2010 (16 ),				
50m	-	31.00	-	-
100m	-	1:12.00	-	-
200m	-	3:42.00	-	-
50m	-	33.00	-	-
100m	-	1:20.60	-	-
200m	-	3:03.00	-	-
, 2013 (13 ),				
50m	-	50.00	-	-
100m	-	1:54.00	-	-
200m	-	3:28.00	-	-
100m	-	2:07.00	-	-
50m	-	44.00	-	-
200m	-	4:34.00	-	-
, 2012 (14 ),				
100m	-	1:12.00	-	-
200m	-	3:28.20	-	-
50m	-	44.80	-	-
100m	-	1:43.10	-	-
50m	-	44.00	-	-
200m	-	3:29.00	-	-
, 2016 (10 ),				
50m	-	35.00	-	-
100m	-	1:24.60	-	-
200m	-	3:07.20	-	-
50m	-	42.40	-	-
50m	-	45.80	-	-
100m	-	1:45.60	-	-
, 2013 (13 ),				
50m	-	28.00	-	-
100m	-	1:12.00	-	-
200m	-	2:41.70	-	-
100m	-	1:29.00	-	-
50m	-	33.00	-	-
200m	-	3:08.00	-	-
, 2014 (12 ),				
50m	-	33.20	-	-
100m	-	1:23.00	-	-
200m	-	3:07.00	-	-
400m	-	6:43.00	-	-
50m	-	42.00	-	-
50m	-	38.00	-	-
, 2011 (15 ),				
100m	-	1:16.00	-	-
200m	-	2:57.20	-	-
400m	-	7:35.00	-	-
100m	-	1:43.10	-	-
200m	-	3:42.20	-	-
200m	-	3:29.00	-	-
, 2013 (13 ),				
50m	-	29.00	-	-
100m	-	1:12.00	-	-
200m	-	2:41.00	-	-
50m	-	36.00	-	-
50m	-	35.00	-	-
100m	-	1:10.00	-	-
200m	-	2:44.00	-	-
, 2015 (11 ),				
100m	-	1:34.60	-	-
200m	-	3:28.30	-	-

" " ", 50

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400m	-	7:29.00	-
100m	-	2:07.60	-
50m	-	44.00	-
200m	-	4:34.00	-
SwimZaman			-
, 2014 (12 )			-
100m	-	1:37.10	-
200m	-	3:36.15	-
, 2014 (12 )			-
200m	-	3:48.00	-
200m	-	3:33.00	-
" "			-
, 2009 (17 )			-
50m	-	26.50	-
100m	-	58.50	-
200m	-	2:12.50	-
, 2010 (16 )			-
50m	-	26.80	-
100m	-	59.50	-
200m	-	2:16.50	-
" "			-
, 2013 (13 )			-
50m	-	32.20	-
50m	-	28.39	-
100m	-	1:04.40	-
, 2013 (13 )			-
50m	-	30.20	-
100m	-	1:07.30	-
50m	-	37.00	-
, 2016 (10 )			-
50m	-	36.98	-
100m	-	1:20.00	-
200m	-	2:49.00	-
50m	-	42.00	-
, 2010 (16 )			-
50m	-	24.00	-
100m	-	54.50	-
50m	-	27.00	-
, 2011 (15 )			-
100m	-	1:06.00	-
50m	-	30.70	-
, 2012 (14 )			-
100m	-	1:02.00	-
50m	-	32.00	-
100m	-	1:10.00	-
100m	-	1:11.00	-
, 2010 (16 )			-
50m	-	26.75	-
50m	-	28.48	-
, 2014 (12 )			-
50m	-	29.52	-
100m	-	1:18.35	-
, 2010 (16 )			-
100m	-	1:06.51	-
50m	-	31.11	-
, 2010 (16 )			-
50m	-	25.00	-
100m	-	56.00	-
50m	-	27.50	-
100m	-	1:03.00	-

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	, 2011 (15 )	-	25.65	-	-
50m		-	27.60	-	-
50m	, 2012 (14 )	-		-	-
50m		-	25.90	-	-
100m		-	56.50	-	-
50m		-	27.80	-	-
100m		-	1:02.50	-	-
	, 2012 (14 )	-		-	-
50m		-	33.00	-	-
100m		-	1:16.00	-	-
50m		-	30.00	-	-
	, 2012 (14 )	-		-	-
50m		-	27.00	-	-
100m		-	1:01.00	-	-
50m		-	32.00	-	-
50m		-	30.00	-	-
	, 2011 (15 )	-		-	-
100m		-	59.00	-	-
50m		-	30.00	-	-
100m		-	1:04.50	-	-
	, 2012 (14 )	-		-	-
50m		-	29.36	-	-
50m		-	33.84	-	-
	, 2010 (16 )	-		-	-
50m		-	28.00	-	-
100m		-	1:04.00	-	-
50m		-	35.50	-	-
100m		-	1:17.00	-	-
	, 2011 (15 )	-		-	-
50m		-	30.00	-	-
100m		-	1:05.00	-	-
100m		-	1:14.00	-	-
	, 2011 (15 )	-		-	-
50m		-	27.00	-	-
100m		-	58.70	-	-
200m		-	2:10.00	-	-
50m		-	29.00	-	-
100m		-	1:05.00	-	-
	, 2012 (14 )	-		-	-
50m		-	30.73	-	-
100m		-	1:01.36	-	-
50m		-	32.82	-	-
	e , 2012 (14 )	-		-	-
100m		-	1:00.00	-	-
50m		-	32.00	-	-
50m		-	34.50	-	-
50m		-	29.50	-	-
	, 2010 (16 )	-		-	-
50m		-	27.80	-	-
50m		-	26.50	-	-
	, 2010 (16 )	-		-	-
50m		-	30.00	-	-
50m		-	29.00	-	-
100m		-	1:06.00	-	-
179		-		-	-
	, 2010 (16 )	-		-	-
100m		-	1:01.00	-	-
200m		-	2:50.00	-	-
	, 2010 (16 )	-		-	-
200m		-	2:10.00	-	-
100m		-	1:18.00	-	-
	, 2010 (16 )	-		-	-
100m		-	1:01.00	-	-
50m		-	30.00	-	-



	, 2010 (16 ),				
100m		-	58.00	-	-
200m		-	2:08.00	-	-
	, 2010 (16 ),				
100m		-	1:10.00	-	-
100m		-	1:20.00	-	-
	, 2010 (16 ),				
50m		-	32.00	-	-
100m		-	1:10.00	-	-
	, 2009 (17 ),				
100m		-	1:01.00	-	-
50m		-	38.00	-	-
" "					
	, 2014 (12 ),				
50m		-	31.05	-	-
200m		-	2:36.00	-	-
50m		-	36.20	-	-
50m		-	40.02	-	-
100m		-	1:29.40	-	-
200m		-	3:20.00	-	-
50m		-	33.50	-	-
100m		-	1:18.50	-	-
" "					
	, 2014 (12 ),				
400m		-	6:00.00	-	-
50m		-	37.09	-	-
100m		-	1:17.09	-	-
200m		-	2:49.85	-	-
50m		-	42.02	-	-
	, 2013 (13 ),				
400m		-	5:50.45	-	-
50m		-	38.13	-	-
100m		-	1:25.00	-	-
200m		-	3:10.98	-	-
	, 2013 (13 ),				
50m		-	31.08	-	-
50m		-	36.12	-	-
100m		-	1:18.13	-	-
50m		-	36.07	-	-
100m		-	1:25.40	-	-
	, 2012 (14 ),				
100m		-	1:06.90	-	-
400m		-	5:01.30	-	-
200m		-	2:47.30	-	-
1					
	, 2010 (16 ),				
50m		-	31.00	-	-
100m		-	1:08.05	-	-
200m		-	2:36.00	-	-
	, 2015 (11 ),				
100m		-	1:30.00	-	-
50m		-	45.50	-	-
100m		-	1:39.00	-	-
	, 2014 (12 ),				
50m		-	42.50	-	-
100m		-	1:32.50	-	-
200m		-	3:20.00	-	-
	, 2014 (12 ),				
50m		-	38.00	-	-
100m		-	1:28.00	-	-
50m		-	43.50	-	-
100m		-	1:32.00	-	-

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	, 2016 (10 ),				
50m		-	36.00	-	-
50m		-	44.50	-	-
50m		-	42.00	-	-
"	"				
	, 2013 (13 ),				
100m		-	1:10.00	-	-
50m		-	29.00	-	-
100m		-	1:05.00	-	-
200m		-	2:37.45	-	-
"	"				
	, 2012 (14 ),				
50m		-	31.31	-	-
100m		-	1:11.50	-	-
50m		-	34.44	-	-
50m		-	41.94	-	-
100m		-	1:31.90	-	-
200m		-	3:05.47	-	-
	, 2010 (16 ),				
100m		-	1:21.33	-	-
200m		-	3:00.40	-	-
100m		-	1:18.59	-	-
200m		-	2:59.16	-	-
200m		-	2:57.33	-	-
	, 2013 (13 ),				
100m		-	1:09.54	-	-
200m		-	2:26.44	-	-
50m		-	33.63	-	-
100m		-	1:12.73	-	-
200m		-	2:42.38	-	-
200m		-	2:54.80	-	-
	, 2014 (12 ),				
50m		-	50.24	-	-
100m		-	1:51.95	-	-
	, 2012 (14 ),				
100m		-	1:40.39	-	-
100m		-	1:59.76	-	-
50m		-	50.56	-	-
	, 2013 (13 ),				
50m		-	47.49	-	-
50m		-	43.44	-	-
100m		-	1:35.86	-	-
	, 2009 (17 ),				
50m		-	28.58	-	-
100m		-	1:04.78	-	-
50m		-	33.68	-	-
	, 2012 (14 ),				
50m		-	30.00	-	-
100m		-	1:13.00	-	-
200m		-	3:03.00	-	-
	, 2015 (11 ),				
50m		-	38.66	-	-
100m		-	1:23.27	-	-
50m		-	44.76	-	-
100m		-	1:37.39	-	-
	, 2009 (17 ),				
50m		-	34.50	-	-
100m		-	1:14.50	-	-
200m		-	2:46.50	-	-
	, 2012 (14 ),				
50m		-	35.00	-	-
100m		-	1:18.64	-	-
	, 2016 (10 ),				
50m		-	49.74	-	-
100m		-	1:44.84	-	-
50m		-	1:09.59	-	-

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	, 2013 (13 ),				
100m		-	1:22.68	-	-
50m		-	48.82	-	-
200m		-	3:21.47	-	-
	, 2014 (12 ),				
50m		-	46.74	-	-
100m		-	1:35.21	-	-
50m		-	40.39	-	-
100m		-	1:38.78	-	-
	, 2015 (11 ),				
50m		-	44.23	-	-
100m		-	1:38.24	-	-
50m		-	41.44	-	-
200m		-	3:33.00	-	-
	, 2014 (12 ),				
50m		-	40.69	-	-
100m		-	1:35.37	-	-
50m		-	53.59	-	-
50m		-	57.69	-	-
"	"				
	, 2010 (16 ),				
50m		-	37.30	-	-
200m		-	2:40.50	-	-
"	"				
	, 2013 (13 ),				
100m		-	1:05.82	-	-
200m		-	2:25.50	-	-
50m		-	30.00	-	-
100m		-	1:06.60	-	-
200m		-	2:27.17	-	-
	, 2011 (15 ),				
100m		-	1:00.30	-	-
50m		-	30.80	-	-
100m		-	1:08.00	-	-
50m		-	29.50	-	-
	- ISK				
	, 2013 (13 ),				
50m		-	37.86	-	-
100m		-	1:28.00	-	-
	, 2013 (13 ),				
50m		-	36:00.00	-	-
	, 2012 (14 ),				
50m		-	31.00	-	-
100m		-	1:09.00	-	-
50m		-	37.00	-	-
	, 2013 (13 ),				
50m		-	34.56	-	-
100m		-	1:18.18	-	-
50m		-	41.44	-	-
100m		-	1:38.60	-	-
50m		-	43.90	-	-
100m		-	1:44.10	-	-
	, 2015 (11 ),				
50m		-	39:00.00	-	-
50m		-	46:00.22	-	-
	, 2013 (13 ),				
50m		-	37.00	-	-
100m		-	1:28.00	-	-
50m		-	45.00	-	-
	, 2015 (11 ),				
50m		-	42.00	-	-
100m		-	1:37.00	-	-
50m		-	45.00	-	-

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	, 2013 (13 )				
50m		-	37.00	-	-
100m		-	1:25.00	-	-
50m		-	51.55	-	-
	, 2015 (11 )				
50m		-	54.90	-	-
100m		-	2:06.10	-	-
	, 2014 (12 )				
50m		-	42.00	-	-
50m		-	50.00	-	-
	, 2013 (13 )				
200m		-	3:06.00	-	-
50m		-	42.00	-	-
	, 2015 (11 )				
50m		-	40.00	-	-
100m		-	1:31.00	-	-
50m		-	46.00	-	-
	, 2015 (11 )				
50m		-	40.60	-	-
100m		-	1:35.00	-	-
50m		-	48.91	-	-
100m		-	1:55.00	-	-
	, 2013 (13 )				
50m		-	44.00	-	-
100m		-	1:24.50	-	-
50m		-	38.78	-	-
	, 2013 (13 )				
50m		-	39.19	-	-
100m		-	1:32.00	-	-
	, 2012 (14 )				
50m		-	35.00	-	-
50m		-	35.00	-	-
	, 2008 (18 )				
50m		-	35.00	-	-
100m		-	1:15.00	-	-
200m		-	2:40.00	-	-
200m		-	2:29.00	-	-
	, 2010 (16 )				
200m		-	2:10.53	-	-
100m		-	1:04.83	-	-
200m		-	2:25.29	-	-
	, 2011 (15 )				
50m		-	34.86	-	-
100m		-	1:14.23	-	-
200m		-	2:42.00	-	-
200m		-	2:29.56	-	-
"	" -				
	, 2013 (13 )				
200m		-	2:22.70	-	-
200m		-	2:50.00	-	-
	, 2009 (17 )				
200m		-	2:30.01	-	-
200m		-	2:58.00	-	-
	, 2013 (13 )				
100m		-	1:07.00	-	-
100m		-	1:11.84	-	-
200m		-	2:38.79	-	-
	, 2009 (17 )				
100m		-	1:10.85	-	-
50m		-	34.30	-	-
	, 2016 (10 )				
100m		-	1:38.00	-	-
200m		-	4:00.00	-	-
200m		-	4:10.00	-	-



	, 2012 (14 ),				
100m		-	1:10.00	-	-
100m		-	1:20.32	-	-
200m		-	2:55.00	-	-
	, 2012 (14 ),				
100m		-	1:07.96	-	-
50m		-	33.80	-	-
	, 2015 (11 ),				
100m		-	1:25.00	-	-
100m		-	1:45.00	-	-
200m		-	3:50.00	-	-
50m		-	39.00	-	-
	, 2015 (11 ),				
100m		-	1:30.86	-	-
200m		-	3:30.00	-	-
100m		-	2:07.00	-	-
	, 2014 (12 ),				
100m		-	1:26.00	-	-
200m		-	3:15.97	-	-
100m		-	1:45.60	-	-
	, 2013 (13 ),				
100m		-	1:12.00	-	-
200m		-	2:30.00	-	-
200m		-	2:50.00	-	-
	, 2010 (16 ),				
100m		-	56.98	-	-
200m		-	2:10.89	-	-
	, 2012 (14 ),				
200m		-	2:34.00	-	-
200m		-	3:17.20	-	-
200m		-	2:55.00	-	-
	, 2014 (12 ),				
100m		-	1:32.83	-	-
200m		-	3:10.00	-	-
100m		-	2:00.00	-	-
	, 2016 (10 ),				
100m		-	1:50.00	-	-
100m		-	2:00.00	-	-
	, 2012 (14 ),				
100m		-	1:03.80	-	-
200m		-	2:18.29	-	-
200m		-	3:15.00	-	-
	, 2013 (13 ),				
100m		-	1:12.00	-	-
100m		-	1:22.60	-	-
100m		-	1:31.00	-	-
	, 2013 (13 ),				
50m		-	31.51	-	-
100m		-	1:12.00	-	-
200m		-	2:40.00	-	-
400m		-	6:30.00	-	-
	, 2012 (14 ),				
50m		-	28.00	-	-
100m		-	1:01.00	-	-
50m		-	27.70	-	-
100m		-	1:05.00	-	-
200m		-	2:30.00	-	-
	, 2012 (14 ),				
100m		-	1:11.90	-	-
200m		-	2:34.95	-	-
200m		-	3:02.85	-	-
	, 2010 (16 ),				
50m		-	26.10	-	-
100m		-	1:07.00	-	-
50m		-	28.60	-	-
100m		-	1:04.39	-	-

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200m		-	2:30.10	-	-
	, 2012 (14 ),				
50m		-	32.56	-	-
100m		-	1:08.79	-	-
200m		-	2:29.58	-	-
400m		-	5:30.00	-	-
	, 2014 (12 ),				
200m		-	3:05.00	-	-
100m		-	1:35.00	-	-
	, 2012 (14 ),				
100m		-	1:16.00	-	-
100m		-	1:30.00	-	-
200m		-	3:15.18	-	-
	, 2010 (16 ),				
50m		-	37.67	-	-
100m		-	1:23.24	-	-
200m		-	2:58.37	-	-
	, 2014 (12 ),				
50m		-	33.47	-	-
200m		-	2:40.33	-	-
50m		-	36.80	-	-
100m		-	1:14.70	-	-
	, 2013 (13 ),				
50m		-	27.10	-	-
200m		-	2:10.00	-	-
50m		-	30.00	-	-
	, 2011 (15 ),				
50m		-	28.95	-	-
100m		-	1:04.17	-	-
50m		-	37.96	-	-
100m		-	1:22.68	-	-
200m		-	3:02.58	-	-
	, 2014 (12 ),				
50m		-	30.79	-	-
50m		-	38.70	-	-
100m		-	1:25.96	-	-
200m		-	3:00.00	-	-
50m		-	35.00	-	-
	, 2012 (14 ),				
100m		-	1:02.00	-	-
200m		-	2:15.00	-	-
200m		-	2:42.00	-	-
	, 2012 (14 ),				
50m		-	28.50	-	-
100m		-	1:03.00	-	-
50m		-	31.50	-	-
100m		-	1:15.00	-	-
	, 2014 (12 ),				
100m		-	1:18.00	-	-
50m		-	43.00	-	-
200m		-	3:25.00	-	-
	, 2012 (14 ),				
100m		-	1:07.43	-	-
200m		-	2:28.71	-	-
100m		-	1:19.50	-	-
	, 2012 (14 ),				
50m		-	26:02.00	-	-
100m		-	57:10.00	-	-
200m		-	2:06.00	-	-
	, 2014 (12 ),				
50m		-	33.00	-	-
100m		-	1:20.00	-	-
200m		-	2:55.00	-	-
200m		-	2:52.00	-	-
	, 2014 (12 ),				
50m		-	42.00	-	-
100m		-	1:25.02	-	-
200m		-	3:06.83	-	-

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	, 2013 (13 ),				
100m		-	1:11.15	-	-
100m		-	1:25.20	-	-
50m		-	35.10	-	-
200m		-	3:05.00	-	-
	, 2013 (13 ),				
100m		-	1:19.50	-	-
200m		-	2:46.30	-	-
200m		-	3:11.34	-	-
	, 2013 (13 ),				
50m		-	28.00	-	-
50m		-	32.00	-	-
"	"				
	, 2012 (14 ),				
50m		-	31.00	-	-
100m		-	1:08.00	-	-
200m		-	2:32.00	-	-
	, 2015 (11 ),				
50m		-	38.25	-	-
100m		-	1:23.80	-	-
200m		-	3:01.25	-	-
50m		-	36.40	-	-
100m		-	1:24.60	-	-
"	"				
	, 2015 (11 ),				
100m		-	1:09.00	-	-
50m		-	39.00	-	-
50m		-	38.00	-	-
100m		-	1:30.00	-	-
200m		-	3:00.00	-	-
	, 2016 (10 ),				
400m		-	6:20.00	-	-
50m		-	40.50	-	-
	, 2009 (17 ),				
100m		-	57.00	-	-
50m		-	27.00	-	-
100m		-	1:01.00	-	-
	, 2015 (11 ),				
200m		-	2:32.00	-	-
100m		-	1:24.00	-	-
50m		-	37.06	-	-
200m		-	3:01.00	-	-
	, 2015 (11 ),				
100m		-	1:10.00	-	-
50m		-	38.00	-	-
200m		-	2:59.00	-	-
	, 2014 (12 ),				
50m		-	34.00	-	-
	, 2015 (11 ),				
400m		-	5:10.00	-	-
50m		-	35.00	-	-
100m		-	1:16.00	-	-
200m		-	2:45.00	-	-
50m		-	38.00	-	-
100m		-	1:23.00	-	-
200m		-	2:56.00	-	-
50m		-	34.00	-	-
200m		-	2:41.00	-	-
	, 2015 (11 ),				
200m		-	3:25.20	-	-
50m		-	39.00	-	-
	, 2016 (10 ),				
100m		-	1:29.00	-	-
400m		-	6:20.00	-	-
50m		-	47.00	-	-
200m		-	3:24.00	-	-

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200m		-	3:22.00	-	-
	, 2015 (11 ),				
100m		-	1:15.00	-	-
400m		-	5:50.00	-	-
50m		-	45.00	-	-
200m		-	3:12.00	-	-
200m		-	3:10.00	-	-
	, 2016 (10 ),				
100m		-	1:23.00	-	-
50m		-	39.00	-	-
	, 2016 (10 ),				
100m		-	1:20.00	-	-
400m		-	6:00.00	-	-
100m		-	1:30.00	-	-
200m		-	3:28.00	-	-
50m		-	46.00	-	-
	, 2016 (10 ),				
50m		-	37.82	-	-
100m		-	1:18.00	-	-
200m		-	2:46.00	-	-
100m		-	1:23.00	-	-
200m		-	2:55.00	-	-
	, 2016 (10 ),				
50m		-	39.00	-	-
200m		-	3:00.00	-	-
50m		-	49.60	-	-
	, 2014 (12 ),				
200m		-	3:24.93	-	-
200m		-	3:13.07	-	-
	, 2016 (10 ),				
200m		-	2:50.00	-	-
50m		-	38.00	-	-
100m		-	1:24.00	-	-
200m		-	3:00.00	-	-
50m		-	40.00	-	-
	, 2016 (10 ),				
50m		-	38.00	-	-
50m		-	42.00	-	-
100m		-	1:30.00	-	-
200m		-	3:17.00	-	-
50m		-	35.00	-	-
200m		-	2:51.00	-	-
	, 2014 (12 ),				
50m		-	34.00	-	-
50m		-	32.50	-	-
	, 2013 (13 ),				
50m		-	35.00	-	-
100m		-	1:21.00	-	-
200m		-	3:54.00	-	-
	, 2016 (10 ),				
100m		-	1:42.66	-	-
400m		-	5:46.00	-	-
50m		-	1:05.05	-	-
100m		-	1:45.60	-	-
	, 2016 (10 ),				
100m		-	1:17.00	-	-
200m		-	3:00.00	-	-
50m		-	42.00	-	-
	, 2016 (10 ),				
50m		-	30.00	-	-
100m		-	1:09.00	-	-
200m		-	2:31.00	-	-
50m		-	35.00	-	-
100m		-	1:20.00	-	-
200m		-	3:04.00	-	-
	, 2016 (10 ),				
50m		-	43.60	-	-
100m		-	1:30.00	-	-
200m		-	3:30.00	-	-

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200m		-	2:55.00	-	-
	, 2015 (11 ),				
50m		-	34.00	-	-
200m		-	2:46.00	-	-
400m		-	5:52.00	-	-
50m		-	42.00	-	-
50m		-	39.57	-	-
	, 2016 (10 ),				
400m		-	6:17.00	-	-
100m		-	1:38.15	-	-
200m		-	3:35.28	-	-
200m		-	3:15.42	-	-
	, 2015 (11 ),				
100m		-	1:19.96	-	-
200m		-	3:06.00	-	-
400m		-	5:56.00	-	-
	, 2015 (11 ),				
50m		-	32.00	-	-
100m		-	1:10.30	-	-
200m		-	2:32.00	-	-
50m		-	41.00	-	-
200m		-	3:02.00	-	-
	, 2016 (10 ),				
50m		-	31.00	-	-
100m		-	1:09.00	-	-
200m		-	2:32.00	-	-
400m		-	5:10.00	-	-
	, 2014 (12 ),				
100m		-	1:28.00	-	-
200m		-	3:05.00	-	-
	, 2015 (11 ),				
200m		-	2:40.15	-	-
400m		-	5:40.12	-	-
50m		-	39.64	-	-
200m		-	3:12.25	-	-
	, 2015 (11 ),				
100m		-	1:13.00	-	-
200m		-	2:38.00	-	-
50m		-	35.00	-	-
100m		-	1:20.00	-	-
200m		-	2:55.00	-	-
200m		-	2:55.00	-	-
	, 2016 (10 ),				
100m		-	1:25.00	-	-
200m		-	3:10.00	-	-
400m		-	6:10.00	-	-
50m		-	45.00	-	-
100m		-	1:35.00	-	-
200m		-	3:15.00	-	-
200m		-	3:32.00	-	-
	, 2015 (11 ),				
200m		-	2:36.00	-	-
400m		-	4:35.00	-	-
	, 2013 (13 ),				
200m		-	2:47.00	-	-
100m		-	1:15.00	-	-
200m		-	2:32.00	-	-
	, 2015 (11 ),				
50m		-	49.00	-	-
50m		-	45.60	-	-
200m		-	3:38.30	-	-
50m		-	39.45	-	-
200m		-	3:05.30	-	-
	, 2015 (11 ),				
100m		-	11:19.23	-	-
	, 2014 (12 ),				
100m		-	1:18.00	-	-

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	, 2015 (11 ),	-		-
200m		-	3:00.00	-
200m		-	3:04.00	-
	, 2016 (10 ),	-		-
200m		-	2:33.88	-
200m		-	3:50.00	-
200m		-	3:10.00	-
	, 2015 (11 ),	-		-
50m		-	34.00	-
100m		-	1:29.00	-
	, 2014 (12 ),	-		-
200m		-	3:09.00	-
	, 2015 (11 ),	-		-
50m		-	33.00	-
200m		-	2:34.00	-
50m		-	38.00	-
100m		-	1:40.00	-
50m		-	37.00	-
200m		-	2:58.00	-
	, 2016 (10 ),	-		-
200m		-	3:20.00	-
400m		-	6:50.00	-
50m		-	43.54	-
50m		-	53.00	-
50m		-	55.00	-
	, 2015 (11 ),	-		-
100m		-	1:04.00	-
400m		-	4:55.00	-
50m		-	32.15	-
100m		-	1:17.00	-
50m		-	39.50	-
50m		-	30.00	-
200m		-	2:45.00	-
200m		-	2:40.00	-
	, 2014 (12 ),	-		-
50m		-	32.00	-
50m		-	37.00	-
	, 2016 (10 ),	-		-
200m		-	3:08.00	-
200m		-	3:15.00	-
200m		-	3:44.00	-
	, 2016 (10 ),	-		-
50m		-	44.00	-
100m		-	2:10.00	-
50m		-	44.00	-
	, 2015 (11 ),	-		-
50m		-	32.00	-
100m		-	1:11.00	-
200m		-	2:35.00	-
400m		-	5:20.00	-
100m		-	1:37.00	-
200m		-	3:10.00	-
"	"	-		-
	, 2009 (17 ),	-		-
400m		-	4:26.00	-
200m		-	2:22.00	-
"	swim"	-		-
	, 2015 (11 ),	-		-
50m		-	53.00	-
50m		-	1:05.00	-
	, 2014 (12 ),	-		-
50m		-	47.85	-
50m		-	50.75	-
50m		-	51.94	-



	, 2016 (10 )				
50m		-	50.00	-	-
50m		-	53.01	-	-
100m		-	2:04.00	-	-
	, 2016 (10 )				
50m		-	38.00	-	-
200m		-	3:40.00	-	-
	, 2013 (13 )				
50m		-	36.00	-	-
200m		-	2:59.00	-	-
50m		-	45.80	-	-
200m		-	3:08.00	-	-
"	"				
	, 2008 (18 )				
50m		-	29.00	-	-
50m		-	33.00	-	-
50m		-	33.00	-	-
	, 2012 (14 )				
50m		-	31.00	-	-
100m		-	1:09.00	-	-
50m		-	34.00	-	-
	, 2012 (14 )				
50m		-	33.00	-	-
100m		-	1:31.00	-	-
200m		-	3:15.00	-	-
	, 2010 (16 )				
50m		-	30.00	-	-
100m		-	1:08.00	-	-
50m		-	34.00	-	-
50m		-	36.00	-	-
	, 2011 (15 )				
50m		-	37.00	-	-
100m		-	1:30.00	-	-
50m		-	40.00	-	-
	, 2014 (12 )				
50m		-	39.00	-	-
50m		-	44.00	-	-
	, 2013 (13 )				
50m		-	51.00	-	-
100m		-	1:52.00	-	-
	, 2011 (15 )				
50m		-	39.00	-	-
50m		-	43.00	-	-
	, 2014 (12 )				
50m		-	40.00	-	-
100m		-	1:35.00	-	-
100m		-	1:44.00	-	-
	, 2012 (14 )				
50m		-	34.00	-	-
50m		-	38.00	-	-
50m		-	42.00	-	-
	, 2012 (14 )				
100m		-	1:10.00	-	-
400m		-	5:30.00	-	-
50m		-	36.00	-	-
"	"				
"	"				
	, 2011 (15 )				
50m		-	31.00	-	-
50m		-	34.00	-	-
200m		-	3:10.00	-	-

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	, 2010 (16 ),				
50m		-	27.60	-	-
50m		-	36.30	-	-
50m		-	30.80	-	-
100m		-	1:16.00	-	-
	, 2010 (16 ),				
50m		-	27.00	-	-
100m		-	1:02.00	-	-
50m		-	30.50	-	-
100m		-	1:12.00	-	-
50m		-	33.00	-	-
	, 2011 (15 ),				
100m		-	1:18.00	-	-
50m		-	35.85	-	-
100m		-	1:19.00	-	-
50m		-	31.50	-	-
100m		-	1:20.00	-	-
	, 2008 (18 ),				
50m		-	32.80	-	-
50m		-	27.70	-	-
100m		-	1:03.00	-	-
	, 2010 (16 ),				
50m		-	29.85	-	-
100m		-	1:05.25	-	-
50m		-	31.90	-	-
100m		-	1:13.00	-	-
	, 2013 (13 ),				
400m		-	5:40.00	-	-
200m		-	3:20.00	-	-
50m		-	33.00	-	-
200m		-	3:25.00	-	-
	, 2011 (15 ),				
100m		-	1:25.00	-	-
200m		-	3:05.00	-	-
50m		-	30.00	-	-
100m		-	1:11.00	-	-
200m		-	2:45.00	-	-
	- , 2009 (17 ),				
50m		-	31.30	-	-
200m		-	2:27.45	-	-
50m		-	35.30	-	-
	, 2012 (14 ),				
50m		-	41.30	-	-
100m		-	1:32.60	-	-
100m		-	1:43.10	-	-
50m		-	36.00	-	-
200m		-	3:06.30	-	-
	, 2009 (17 ),				
50m		-	30.06	-	-
50m		-	36.30	-	-
100m		-	1:14.10	-	-
	, 2009 (17 ),				
200m		-	2:10.00	-	-
100m		-	1:21.60	-	-
200m		-	2:34.00	-	-
	, 2009 (17 ),				
50m		-	29.95	-	-
100m		-	1:06.00	-	-
200m		-	2:25.75	-	-
	, 2012 (14 ),				
50m		-	32.00	-	-
100m		-	1:13.00	-	-
200m		-	2:47.00	-	-
200m		-	3:20.00	-	-
	, 2011 (15 ),				
50m		-	28.75	-	-
100m		-	1:03.85	-	-
200m		-	3:00.00	-	-
50m		-	31.00	-	-

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200m		-	3:10.00	-	
200m		-	2:50.00	-	
	, 2009 (17 )				-
50m		-	25.44	-	
100m		-	54.88	-	
50m		-	27.08	-	
100m		-	1:00.81	-	
200m		-	2:40.00	-	
	, 2012 (14 )				-
100m		-	1:23.50	-	
200m		-	2:58.50	-	
200m		-	3:03.80	-	
	, 2012 (14 )				-
100m		-	1:35.50	-	
200m		-	3:20.50	-	
200m		-	3:10.90	-	
	, 2011 (15 )				-
50m		-	29.00	-	
100m		-	1:04.00	-	
50m		-	32.00	-	
	, 2009 (17 )				-
50m		-	26.50	-	
100m		-	58.00	-	
50m		-	29.00	-	
100m		-	1:08.00	-	
	, 2010 (16 )				-
50m		-	29.00	-	
200m		-	2:30.00	-	
50m		-	34.00	-	
100m		-	1:16.00	-	
	, 2009 (17 )				-
50m		-	35.80	-	
50m		-	42.30	-	
100m		-	1:35.10	-	
"	"				-
	, 2013 (13 )				-
100m		-	1:35.00	-	
50m		-	51.00	-	
50m		-	48.00	-	
	, 2015 (11 )				-
100m		-	1:16.00	-	
200m		-	2:58.00	-	
50m		-	48.00	-	
	, 2010 (16 )				-
50m		-	26.50	-	
100m		-	59.80	-	
50m		-	29.00	-	
	, 2014 (12 )				-
50m		-	55.00	-	
100m		-	2:00.00	-	
50m		-	58.00	-	
	, 2015 (11 )				-
100m		-	1:10.00	-	
200m		-	2:35.00	-	
100m		-	1:28.00	-	
200m		-	3:10.00	-	
200m		-	3:00.00	-	
	, 2011 (15 )				-
50m		-	24.80	-	
100m		-	56.52	-	
100m		-	1:13.00	-	
200m		-	2:40.00	-	
50m		-	28.00	-	
	, 2013 (13 )				-
100m		-	1:08.00	-	
200m		-	2:30.00	-	
400m		-	5:10.00	-	

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	, 2013 (13 )				
100m		-	1:10.00	-	-
50m		-	34.00	-	-
100m		-	1:18.00	-	-
	, 2010 (16 )				
50m		-	38.00	-	-
100m		-	1:35.00	-	-
50m		-	45.00	-	-
	, 2015 (11 )				
50m		-	36.00	-	-
50m		-	36.00	-	-
100m		-	1:18.00	-	-
200m		-	3:00.00	-	-
	, 2015 (11 )				
50m		-	39.01	-	-
200m		-	3:12.00	-	-
50m		-	31.90	-	-
100m		-	1:14.92	-	-
200m		-	2:53.80	-	-
	, 2012 (14 )				
50m		-	32.00	-	-
100m		-	1:12.00	-	-
200m		-	2:52.00	-	-
	-				
	, 2008 (18 )				
50m		-	24.50	-	-
50m		-	32.00	-	-
100m		-	1:09.00	-	-
200m		-	2:40.00	-	-
	( )				
	, 2012 (14 )				
50m		-	32.00	-	-
100m		-	1:15.00	-	-
200m		-	3:15.00	-	-
50m		-	41.00	-	-
100m		-	1:42.00	-	-
	, 2010 (16 )				
50m		-	31.00	-	-
50m		-	35.00	-	-
100m		-	1:16.00	-	-
200m		-	2:50.00	-	-
50m		-	45.00	-	-
50m		-	36.00	-	-
	, 2015 (11 )				
50m		-	35.00	-	-
100m		-	1:20.00	-	-
200m		-	2:50.00	-	-
100m		-	1:34.00	-	-
200m		-	3:20.00	-	-
200m		-	3:35.00	-	-
	, 2011 (15 )				
50m		-	28.00	-	-
100m		-	1:05.00	-	-
200m		-	2:40.00	-	-
400m		-	5:40.00	-	-
50m		-	32.00	-	-
200m		-	3:20.00	-	-
	, 2010 (16 )				
100m		-	1:10.00	-	-
200m		-	2:36.00	-	-
400m		-	5:20.00	-	-
100m		-	1:24.00	-	-
100m		-	1:30.00	-	-
200m		-	3:50.00	-	-

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	, 2016 (10 ),			
100m		-	1:36.00	-
50m		-	46.00	-
100m		-	1:44.00	-
200m		-	4:10.00	-
	, 2014 (12 ),			
100m		-	1:20.00	-
100m		-	1:30.00	-
50m		-	45.00	-
100m		-	1:45.00	-
50m		-	41.00	-
200m		-	3:10.00	-
	, 2013 (13 ),			
50m		-	36.00	-
100m		-	1:20.00	-
50m		-	45.00	-
100m		-	1:38.00	-
200m		-	3:21.00	-
	, 2010 (16 ),			
50m		-	37.00	-
100m		-	1:27.00	-
100m		-	1:40.00	-
	, 2010 (16 ),			
50m		-	27.00	-
100m		-	1:01.00	-
200m		-	2:19.00	-
50m		-	39.00	-
200m		-	2:34.00	-
	, 2010 (16 ),			
50m		-	29.00	-
100m		-	1:02.00	-
200m		-	2:19.00	-
400m		-	4:57.00	-
200m		-	2:46.00	-
	, 2013 (13 ),			
50m		-	31.00	-
100m		-	1:09.00	-
200m		-	2:30.00	-
400m		-	5:16.00	-
100m		-	1:17.00	-
200m		-	3:15.00	-
	, 2012 (14 ),			
50m		-	30.00	-
100m		-	1:10.00	-
200m		-	2:40.00	-
400m		-	5:40.00	-
100m		-	1:23.00	-
200m		-	2:50.00	-
	, 2011 (15 ),			
100m		-	1:05.00	-
100m		-	1:14.00	-
200m		-	3:00.00	-
50m		-	30.00	-
100m		-	1:30.00	-
200m		-	2:43.00	-
	, 2015 (11 ),			
100m		-	1:16.00	-
200m		-	2:49.00	-
200m		-	3:40.00	-
100m		-	1:23.00	-
200m		-	3:06.00	-
200m		-	3:03.00	-
	, 2013 (13 ),			
50m		-	38.00	-
100m		-	1:24.00	-
50m		-	43.00	-
100m		-	1:33.00	-
50m		-	50.00	-
200m		-	3:50.00	-





200m		-	3:15.00	-	-
	, 2011 (15 )				
100m		-	58.50	-	-
100m		-	1:17.00	-	-
200m		-	2:39.00	-	-
	, 2012 (14 )				
50m		-	30.70	-	-
100m		-	1:12.50	-	-
50m		-	37.06	-	-
100m		-	1:27.00	-	-
	, 2015 (11 )				
100m		-	1:33.00	-	-
200m		-	3:15.00	-	-
50m		-	42.00	-	-
200m		-	3:30.00	-	-
	, 2011 (15 )				
100m		-	59.10	-	-
200m		-	2:12.00	-	-
400m		-	4:45.00	-	-
	, 2015 (11 )				
50m		-	35.60	-	-
50m		-	42.00	-	-
100m		-	1:38.00	-	-
	, 2011 (15 )				
50m		-	29.90	-	-
50m		-	31.49	-	-
100m		-	1:06.50	-	-
200m		-	2:25.00	-	-
	, 2012 (14 )				
50m		-	32.50	-	-
100m		-	1:11.00	-	-
200m		-	2:28.00	-	-
	, 2011 (15 )				
50m		-	30.20	-	-
100m		-	1:10.00	-	-
100m		-	1:16.00	-	-
200m		-	2:45.00	-	-
	, 2015 (11 )				
50m		-	42.00	-	-
100m		-	1:47.00	-	-
100m		-	2:00.00	-	-
	, 2012 (14 )				
50m		-	33.20	-	-
100m		-	1:18.00	-	-
200m		-	2:50.00	-	-
	, 2011 (15 )				
50m		-	40.09	-	-
100m		-	1:31.50	-	-
200m		-	3:10.80	-	-
200m		-	2:54.50	-	-
	, 2015 (11 )				
50m		-	35.30	-	-
100m		-	1:20.00	-	-
50m		-	38.00	-	-
	, 2012 (14 )				
50m		-	31:10.00	-	-
100m		-	1:05.00	-	-
50m		-	33:50.00	-	-
	, 2015 (11 )				
100m		-	1:35.00	-	-
50m		-	47.00	-	-
200m		-	3:50.00	-	-
	, 2012 (14 )				
100m		-	1:05.50	-	-
50m		-	38.00	-	-
200m		-	2:42.00	-	-



	, 2015 (11 )				
200m		-	3:10.00	-	-
50m		-	47.00	-	-
100m		-	1:45.00	-	-
	, 2012 (14 )				
50m		-	30.74	-	-
100m		-	1:06.52	-	-
200m		-	2:27.00	-	-
400m		-	5:15.00	-	-
"	"				
	, 2011 (15 )				
50m		-	29.78	-	-
100m		-	1:05.00	-	-
	, 2013 (13 )				
50m		-	31.00	-	-
100m		-	1:07.00	-	-
200m		-	2:26.00	-	-
	, 2013 (13 )				
50m		-	42.00	-	-
100m		-	1:31.00	-	-
	, 2011 (15 )				
50m		-	39.00	-	-
100m		-	1:25.00	-	-
"	"				
	, 2016 (10 )				
50m		-	39.20	-	-
100m		-	1:23.10	-	-
200m		-	3:04.60	-	-
"	"				
	, 2013 (13 )				
50m		-	30.00	-	-
100m		-	1:10.00	-	-
200m		-	2:44.00	-	-
200m		-	2:39.00	-	-
"	"				
	, 2012 (14 )				
50m		-	38.00	-	-
100m		-	1:28.00	-	-
200m		-	3:05.00	-	-
	, 2014 (12 )				
50m		-	38.00	-	-
100m		-	1:34.00	-	-
200m		-	3:13.00	-	-
	, 2015 (11 )				
50m		-	36.00	-	-
100m		-	1:20.00	-	-
200m		-	3:08.00	-	-
	, 2013 (13 )				
50m		-	36.00	-	-
100m		-	1:18.00	-	-
200m		-	2:55.00	-	-
	, 2016 (10 )				
100m		-	1:44.00	-	-
100m		-	1:55.00	-	-
50m		-	58.00	-	-
100m		-	2:15.00	-	-
	, 2016 (10 )				
50m		-	45.00	-	-
50m		-	46.00	-	-
100m		-	1:42.00	-	-
200m		-	3:30.00	-	-

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	, 2014 (12 ),				
100m		-	1:23.00	-	-
200m		-	3:10.00	-	-
400m		-	6:30.00	-	-
	, 2015 (11 ),				
100m		-	1:30.00	-	-
200m		-	3:35.00	-	-
200m		-	3:45.00	-	-
100m		-	1:45.00	-	-
	, 2010 (16 ),				
50m		-	32.00	-	-
100m		-	1:15.00	-	-
200m		-	2:45.00	-	-
	, 2016 (10 ),				
50m		-	50.00	-	-
50m		-	47.00	-	-
100m		-	1:38.00	-	-
200m		-	3:32.00	-	-
	, 2016 (10 ),				
100m		-	1:28.00	-	-
200m		-	3:15.00	-	-
400m		-	6:40.00	-	-
	, 2013 (13 ),				
50m		-	38.00	-	-
100m		-	1:20.00	-	-
200m		-	3:00.00	-	-
	, 2013 (13 ),				
400m		-	5:40.00	-	-
100m		-	1:30.00	-	-
200m		-	3:15.00	-	-
	, 2014 (12 ),				
100m		-	1:27.00	-	-
200m		-	3:15.00	-	-
100m		-	1:24.00	-	-
	, 2015 (11 ),				
50m		-	46.00	-	-
100m		-	1:43.00	-	-
200m		-	3:49.00	-	-
	, 2016 (10 ),				
50m		-	46.00	-	-
100m		-	1:38.00	-	-
200m		-	3:35.00	-	-
	, 2011 (15 ),				
100m		-	1:35.00	-	-
50m		-	33.00	-	-
200m		-	3:02.00	-	-
" "					
	, 2011 (15 ),				
50m		-	28.34	-	-
100m		-	1:00.00	-	-
200m		-	2:11.90	-	-
400m		-	4:38.00	-	-
200m		-	2:28.00	-	-
" "					
	, 2010 (16 ),				
50m		-	30.00	-	-
100m		-	1:06.00	-	-
	, 2015 (11 ),				
200m		-	2:17.00	-	-
50m		-	31.30	-	-
100m		-	1:08.00	-	-
200m		-	2:35.00	-	-
" "					



	, 2013 (13 ),				
50m		-	31.26	-	-
100m		-	1:16.74	-	-
50m		-	31.95	-	-
100m		-	1:15.22	-	-
200m		-	3:00.05	-	-
	, 2014 (12 ),				
50m		-	31.15	-	-
50m		-	36.92	-	-
100m		-	1:20.15	-	-
100m		-	1:25.12	-	-
	, 2014 (12 ),				
50m		-	38.11	-	-
50m		-	42.18	-	-
100m		-	1:30.00	-	-
50m		-	41.15	-	-
	, 2015 (11 ),				
50m		-	35.18	-	-
50m		-	41.05	-	-
100m		-	1:32.25	-	-
200m		-	3:12.75	-	-
	, 2013 (13 ),				
50m		-	32.15	-	-
100m		-	1:08.12	-	-
100m		-	1:23.25	-	-
50m		-	33.05	-	-
100m		-	1:24.25	-	-
200m		-	2:57.86	-	-
	, 2014 (12 ),				
50m		-	31.01	-	-
50m		-	35.42	-	-
100m		-	1:21.15	-	-
50m		-	38.17	-	-
	, 2014 (12 ),				
50m		-	33.01	-	-
50m		-	35.12	-	-
100m		-	1:18.00	-	-
50m		-	38.24	-	-
	, 2013 (13 ),				
100m		-	1:05.56	-	-
50m		-	36.15	-	-
100m		-	1:21.15	-	-
200m		-	2:55.86	-	-
	, 2015 (11 ),				
100m		-	1:18.49	-	-
400m		-	6:15.25	-	-
50m		-	42.15	-	-
100m		-	1:31.12	-	-
200m		-	3:28.45	-	-
" "					
	, 2013 (13 ),				
100m		-	1:08.42	-	-
400m		-	5:32.30	-	-
	, 2012 (14 ),				
50m		-	40.00	-	-
100m		-	1:30.00	-	-
	, 2012 (14 ),				
50m		-	40.00	-	-
200m		-	3:08.00	-	-
200m		-	3:06.00	-	-
	, 2013 (13 ),				
100m		-	1:06.00	-	-
400m		-	5:15.00	-	-
200m		-	2:45.00	-	-
	, 2010 (16 ),				
50m		-	26.00	-	-
100m		-	59.00	-	-
200m		-	2:26.00	-	-

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	, 2013 (13 ),				
100m		-	1:16.00	-	-
200m		-	3:10.00	-	-
	, 2010 (16 ),				
50m		-	27.40	-	-
50m		-	30.20	-	-
50m		-	31.91	-	-
	, 2011 (15 ),				
100m		-	1:04.00	-	-
200m		-	2:50.00	-	-
	, 2012 (14 ),				
100m		-	1:12.00	-	-
200m		-	3:00.00	-	-
	, 2016 (10 ),				
50m		-	49.62	-	-
100m		-	1:56.00	-	-
	, 2013 (13 ),				
100m		-	1:01.00	-	-
50m		-	35.00	-	-
200m		-	2:40.00	-	-
	, 2010 (16 ),				
50m		-	26.00	-	-
100m		-	58.00	-	-
50m		-	32.17	-	-
	, 2010 (16 ),				
50m		-	28.00	-	-
100m		-	1:01.00	-	-
	, 2012 (14 ),				
400m		-	5:20.00	-	-
200m		-	2:56.00	-	-
	, 2012 (14 ),				
100m		-	1:10.00	-	-
50m		-	33.00	-	-
200m		-	2:50.00	-	-
	, 2013 (13 ),				
400m		-	6:24.00	-	-
50m		-	44.80	-	-
100m		-	1:34.00	-	-
	, 2012 (14 ),				
400m		-	5:35.00	-	-
200m		-	2:50.00	-	-
	, 2013 (13 ),				
100m		-	1:11.15	-	-
400m		-	5:33.80	-	-
	, 2015 (11 ),				
50m		-	33.00	-	-
50m		-	40.00	-	-
	, 2012 (14 ),				
50m		-	33.00	-	-
100m		-	1:14.00	-	-
	, 2010 (16 ),				
100m		-	1:04.00	-	-
200m		-	2:43.00	-	-
	, 2012 (14 ),				
100m		-	1:13.00	-	-
200m		-	2:36.00	-	-
	, 2013 (13 ),				
200m		-	2:44.00	-	-
100m		-	1:20.00	-	-
	, 2011 (15 ),				
50m		-	28.00	-	-
100m		-	1:00.00	-	-
50m		-	31.00	-	-
	, 2013 (13 ),				
100m		-	1:29.00	-	-
100m		-	1:17.00	-	-
200m		-	2:48.00	-	-

" " ", 50

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	, 2012 (14 ),				
50m		-	35.21	-	-
100m		-	1:14.46	-	-
400m		-	5:58.03	-	-
50m		-	42.04	-	-
	, 2012 (14 ),				
100m		-	1:05.42	-	-
50m		-	36.00	-	-
	, 2013 (13 ),				
50m		-	32.70	-	-
100m		-	1:15.00	-	-
400m		-	5:32.50	-	-
	, 2013 (13 ),				
50m		-	34.00	-	-
100m		-	1:15.00	-	-
200m		-	3:03.00	-	-
	, 2012 (14 ),				
50m		-	32.80	-	-
100m		-	1:06.00	-	-
400m		-	5:08.00	-	-
	, 2013 (13 ),				
50m		-	42.00	-	-
100m		-	1:35.25	-	-
200m		-	2:59.70	-	-
	, 2010 (16 ),				
100m		-	1:08.00	-	-
50m		-	34.00	-	-
200m		-	2:45.00	-	-
	, 2012 (14 ),				
100m		-	1:06.50	-	-
100m		-	1:15.90	-	-
"	"	.	.	.	.
	, 2009 (17 ),				
200m		-	1:59.56	-	-
400m		-	4:13.87	-	-
	, 2014 (12 ),				
100m		-	1:09.00	-	-
100m		-	1:18.00	-	-
50m		-	38.00	-	-
100m		-	1:28.00	-	-
	, 2013 (13 ),				
200m		-	2:35.00	-	-
50m		-	34.00	-	-
200m		-	2:50.00	-	-
200m		-	2:59.00	-	-
	, 2013 (13 ),				
50m		-	33.00	-	-
50m		-	44.00	-	-
100m		-	1:32.00	-	-
200m		-	3:20.00	-	-
	, 2008 (18 ),				
100m		-	53.88	-	-
50m		-	24.70	-	-
100m		-	55.18	-	-
	, 2013 (13 ),				
100m		-	1:05.00	-	-
100m		-	1:23.00	-	-
200m		-	2:51.00	-	-
200m		-	2:35.00	-	-
	, 2012 (14 ),				
100m		-	1:11.00	-	-
50m		-	38.00	-	-
100m		-	1:23.00	-	-
200m		-	2:51.00	-	-



	, 2013 (13 )			
200m		-	2:48.00	-
100m		-	1:40.00	-
200m		-	3:10.00	-
	, 2008 (18 )			
100m		-	56.01	-
200m		-	2:01.61	-
400m		-	4:20.59	-
	, 2013 (13 )			
100m		-	1:35.00	-
200m		-	3:15.00	-
50m		-	36.00	-
200m		-	3:05.00	-
	, 2013 (13 )			
200m		-	2:45.00	-
200m		-	2:55.00	-
50m		-	38.00	-
200m		-	2:59.00	-
	, 2014 (12 )			
50m		-	33.00	-
200m		-	2:35.00	-
200m		-	2:55.00	-
200m		-	2:58.00	-
	, 2013 (13 )			
200m		-	2:23.00	-
50m		-	31.00	-
100m		-	1:12.00	-
200m		-	2:38.00	-
"	"			
	, 2010 (16 )			
100m		-	1:14.50	-
200m		-	2:37.90	-
200m		-	2:45.50	-
"	"			
	, 2014 (12 )			
100m		-	1:35.00	-
50m		-	49.00	-
	, 2013 (13 )			
50m		-	45.00	-
200m		-	3:23.00	-
	, 2013 (13 )			
200m		-	3:05.00	-
	, 2015 (11 )			
100m		-	1:43.00	-
	, 2011 (15 )			
100m		-	59.00	-
50m		-	34.75	-
	, 2013 (13 )			
200m		-	3:07.00	-
	, 2015 (11 )			
100m		-	1:54.00	-
"	"			
	, 2008 (18 )			
100m		-	1:00.50	-
50m		-	31.00	-
200m		-	2:37.00	-
"	"			
	, 2009 (17 )			
50m		-	29.60	-
100m		-	1:02.60	-



	, 2009 (17 ),				
100m		-	1:05.50	-	-
200m		-	2:30.50	-	-
	, 2011 (15 ),				
50m		-	30.00	-	-
100m		-	1:07.00	-	-
200m		-	2:27.00	-	-
50m		-	41.00	-	-
	, 2014 (12 ),				
50m		-	44.10	-	-
100m		-	1:30.10	-	-
200m		-	3:14.10	-	-
	, 2012 (14 ),				
50m		-	27.90	-	-
100m		-	1:04.00	-	-
50m		-	31.00	-	-
	, 2011 (15 ),				
100m		-	1:01.00	-	-
200m		-	2:15.00	-	-
400m		-	4:40.00	-	-
	, 2014 (12 ),				
50m		-	35.00	-	-
100m		-	1:19.00	-	-
50m		-	42.00	-	-
	, 2013 (13 ),				
50m		-	33.19	-	-
50m		-	38.49	-	-
"	"				
	, 2013 (13 ),				
50m		-	35.46	-	-
100m		-	1:13.60	-	-
200m		-	2:40.85	-	-
100m		-	1:17.55	-	-
"	"				
	, 2009 (17 ),				
50m		-	24.24	-	-
50m		-	28.00	-	-
50m		-	25.70	-	-
100m		-	58.50	-	-
( )	,				
	, 2011 (15 ),				
100m		-	1:07.50	-	-
200m		-	2:23.50	-	-
400m		-	5:05.30	-	-
	, 2011 (15 ),				
50m		-	26.70	-	-
100m		-	57.00	-	-
200m		-	2:07.00	-	-
100m		-	1:04.00	-	-
	, 2011 (15 ),				
50m		-	30.50	-	-
100m		-	1:06.00	-	-
50m		-	35.50	-	-
100m		-	1:16.00	-	-
	, 2013 (13 ),				
50m		-	37.21	-	-
100m		-	1:18.67	-	-
50m		-	34.02	-	-
	, 2011 (15 ),				
100m		-	59.89	-	-
50m		-	33.68	-	-
100m		-	1:11.19	-	-
200m		-	2:31.90	-	-
200m		-	2:21.12	-	-

" " ", 50

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	, 2011 (15 )	-	27.95	-	-
50m		-	1:00.00	-	-
100m		-	2:08.00	-	-
200m		-	4:25.00	-	-
400m		-		-	-
	, 2016 (10 )	-	1:28.00	-	-
100m		-	3:12.00	-	-
200m	, 2013 (13 )	-	1:17.00	-	-
100m		-	2:50.00	-	-
200m	, 2013 (13 )	-	1:18.00	-	-
100m		-	2:48.00	-	-
200m	, 2016 (10 )	-	1:27.00	-	-
100m		-	3:10.00	-	-
200m	, 2014 (12 )	-	1:18.00	-	-
100m		-	2:55.00	-	-
200m	, 2015 (11 )	-	1:45.00	-	-
100m		-	4:00.00	-	-
200m	, 2016 (10 )	-	1:25.00	-	-
100m		-	2:58.00	-	-
200m	, 2014 (12 )	-	1:30.00	-	-
50m		-	38.56	-	-
100m		-	3:03.40	-	-
200m	, 2014 (12 )	-	1:30.00	-	-
100m		-	3:14.00	-	-
200m	, 2013 (13 )	-	1:26.00	-	-
100m		-	3:02.00	-	-
200m	, 2016 (10 )	-	1:32.00	-	-
100m		-	3:20.00	-	-
200m	, 2013 (13 )	-	1:30.00	-	-
100m		-	3:14.00	-	-
200m	, 2015 (11 )	-	1:24.00	-	-
100m		-	2:58.00	-	-
200m	, 2013 (13 )	-	1:30.00	-	-
100m		-	3:12.00	-	-
200m	, 2014 (12 )	-	35.00	-	-
50m		-	1:20.00	-	-
100m	, 2013 (13 )	-	1:28.00	-	-
100m		-	3:04.00	-	-
200m	, 2013 (13 )	-	1:24.00	-	-
100m		-	2:58.00	-	-
200m	, 2013 (13 )	-	1:30.00	-	-
100m		-	3:12.00	-	-
200m	, 2016 (10 )	-	1:36.00	-	-
100m		-	3:26.00	-	-
200m		-		-	-



	, 2011 (15 ),				
100m		-	1:07.00	-	-
200m		-	2:32.00	-	-
200m		-	3:02.00	-	-
	, 2014 (12 ),				
100m		-	1:32.00	-	-
200m		-	3:20.00	-	-
200m		-	3:13.00	-	-
	, 2014 (12 ),				
200m		-	2:32.00	-	-
200m		-	2:50.00	-	-
	, 2013 (13 ),				
100m		-	1:30.00	-	-
200m		-	3:12.00	-	-
200m		-	3:10.00	-	-
	, 2015 (11 ),				
50m		-	45.00	-	-
100m		-	1:41.00	-	-
200m		-	3:20.00	-	-
	, 2014 (12 ),				
50m		-	29.80	-	-
100m		-	1:05.50	-	-
50m		-	34.00	-	-
100m		-	1:11.00	-	-
50m		-	34.00	-	-
200m		-	2:48.00	-	-
	, 2012 (14 ),				
50m		-	29.50	-	-
100m		-	1:01.00	-	-
200m		-	2:11.00	-	-
100m		-	1:10.00	-	-
	, 2013 (13 ),				
50m		-	36.00	-	-
100m		-	1:12.00	-	-
50m		-	40.00	-	-
100m		-	1:16.00	-	-
	, 2016 (10 ),				
100m		-	1:33.00	-	-
50m		-	47.00	-	-
100m		-	1:47.00	-	-
200m		-	3:45.00	-	-
	, 2013 (13 ),				
100m		-	1:30.00	-	-
200m		-	3:10.00	-	-
200m		-	2:59.56	-	-
	, 2014 (12 ),				
200m		-	2:40.00	-	-
50m		-	39.00	-	-
200m		-	2:50.00	-	-
	, 2013 (13 ),				
100m		-	1:21.04	-	-
200m		-	2:45.00	-	-
400m		-	6:44.00	-	-
50m		-	45.54	-	-
100m		-	1:41.84	-	-
	, 2013 (13 ),				
50m		-	30.50	-	-
100m		-	1:06.00	-	-
100m		-	1:18.00	-	-
	, 2016 (10 ),				
50m		-	39.88	-	-
200m		-	3:25.22	-	-
100m		-	2:04.00	-	-



100m	, 2011 (15 ) ,	-	1:11.00	-	-
200m		-	2:37.00	-	-
50m	, 2012 (14 ) ,	-	27.00	-	-
100m		-	59.00	-	-
200m		-	2:00.00	-	-
200m		-	2:10.00	-	-
50m	, 2013 (13 ) ,	-	34.00	-	-
100m		-	1:15.00	-	-
200m		-	2:55.00	-	-
400m	, 2013 (13 ) ,	-	5:40.00	-	-
100m		-	1:28.00	-	-
200m		-	3:05.00	-	-
100m	, 2012 (14 ) ,	-	1:04.00	-	-
200m		-	2:51.00	-	-
200m		-	2:42.00	-	-
50m	, 2016 (10 ) ,	-	39.57	-	-
100m		-	1:44.00	-	-
50m		-	51.54	-	-
100m		-	2:05.00	-	-
50m		-	53.00	-	-
50m	, 2012 (14 ) ,	-	29.00	-	-
50m		-	33.00	-	-
100m		-	1:15.00	-	-
200m		-	2:49.00	-	-
100m	, 2013 (13 ) ,	-	1:15.00	-	-
100m		-	1:17.00	-	-
200m		-	3:00.00	-	-
50m	, 2012 (14 ) ,	-	26.12	-	-
100m		-	57.10	-	-
200m		-	2:06.00	-	-
400m		-	4:30.00	-	-
50m	, 2014 (12 ) ,	-	33:00.00	-	-
100m		-	1:20.00	-	-
50m		-	40.12	-	-
50m	, 2016 (10 ) ,	-	38.00	-	-
100m		-	1:44.00	-	-
50m		-	45.60	-	-
200m		-	3:20.00	-	-
50m	, 2016 (10 ) ,	-	42.00	-	-
50m		-	47.00	-	-
100m		-	1:36.00	-	-
200m		-	3:27.00	-	-
50m	, 2013 (13 ) ,	-	34.10	-	-
100m		-	1:15.62	-	-
200m		-	2:54.44	-	-
200m	, 2013 (13 ) ,	-	2:30.59	-	-
200m		-	2:50.75	-	-
50m		-	35.19	-	-
200m		-	2:47.51	-	-
100m	, 2013 (13 ) ,	-	1:02.00	-	-
100m		-	1:13.00	-	-
50m		-	31.00	-	-
100m		-	1:10.00	-	-

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	, 2011 (15 ),				
50m		-	26.20	-	-
50m		-	29.60	-	-
100m		-	1:03.60	-	-
200m		-	2:16.00	-	-
50m		-	28.80	-	-
100m		-	1:03.90	-	-
	, 2015 (11 ),				
50m		-	32.00	-	-
50m		-	38.00	-	-
100m		-	1:22.00	-	-
200m		-	2:57.00	-	-
50m		-	37.00	-	-
200m		-	2:59.00	-	-
	, 2015 (11 ),				
50m		-	39.04	-	-
100m		-	1:26.09	-	-
50m		-	42.86	-	-
100m		-	1:31.00	-	-
200m		-	3:03.00	-	-
	, 2015 (11 ),				
100m		-	1:09.00	-	-
200m		-	2:28.00	-	-
400m		-	5:08.00	-	-
100m		-	1:18.00	-	-
200m		-	2:45.00	-	-
	, 2010 (16 ),				
50m		-	28.00	-	-
50m		-	34.00	-	-
50m		-	32.00	-	-
	, 2011 (15 ),				
50m		-	29.00	-	-
200m		-	2:50.00	-	-
50m		-	40.00	-	-
	, 2013 (13 ),				
50m		-	40.00	-	-
50m		-	37.00	-	-
100m		-	1:32.00	-	-
	, 2014 (12 ),				
50m		-	38.00	-	-
50m		-	40.00	-	-
50m		-	48.00	-	-
	, 2016 (10 ),				
50m		-	49.00	-	-
100m		-	1:50.00	-	-
50m		-	53.00	-	-
	, 2012 (14 ),				
50m		-	34.00	-	-
100m		-	1:17.00	-	-
400m		-	6:00.00	-	-
	, 2012 (14 ),				
50m		-	38.00	-	-
100m		-	1:28.00	-	-
	, 2015 (11 ),				
400m		-	5:50.00	-	-
50m		-	38.00	-	-
100m		-	1:22.00	-	-
200m		-	2:50.00	-	-
	, 2016 (10 ),				
50m		-	46.00	-	-
50m		-	50.00	-	-

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	, 2016 (10 ),				
50m		-	53.00	-	-
100m		-	2:02.00	-	-
	, 2015 (11 ),				
50m		-	35.00	-	-
100m		-	1:20.00	-	-
50m		-	45.00	-	-
	, 2014 (12 ),				
50m		-	34.00	-	-
100m		-	1:17.00	-	-
400m		-	6:00.00	-	-
	, 2013 (13 ),				
50m		-	32.00	-	-
100m		-	1:11.00	-	-
50m		-	45.00	-	-
	, 2016 (10 ),				
50m		-	37.00	-	-
50m		-	48.00	-	-
	, 2012 (14 ),				
50m		-	29.00	-	-
100m		-	1:05.00	-	-
200m		-	2:41.00	-	-
	, 2016 (10 ),				
50m		-	46.00	-	-
100m		-	1:48.00	-	-
	, 2012 (14 ),				
50m		-	30.00	-	-
100m		-	1:10.00	-	-
400m		-	5:10.00	-	-
	, 2011 (15 ),				
50m		-	32.00	-	-
100m		-	1:12.40	-	-
	, 2010 (16 ),				
50m		-	32.30	-	-
100m		-	1:12.00	-	-
200m		-	2:35.00	-	-
50m		-	37.00	-	-
50m		-	31.50	-	-
	, 2010 (16 ),				
50m		-	29.00	-	-
100m		-	1:04.80	-	-
200m		-	2:25.00	-	-
400m		-	5:20.00	-	-
	, 2012 (14 ),				
50m		-	31.00	-	-
100m		-	1:08.00	-	-
100m		-	1:23.00	-	-
	, 2012 (14 ),				
50m		-	28.79	-	-
100m		-	1:03.16	-	-
200m		-	2:23.00	-	-
	, 2010 (16 ),				
50m		-	29.60	-	-
100m		-	1:04.30	-	-
50m		-	33.00	-	-
	, 2008 (18 ),				
50m		-	29.50	-	-
50m		-	35.50	-	-
	, 2012 (14 ),				
200m		-	2:41.00	-	-
50m		-	31.00	-	-
100m		-	1:12.00	-	-
200m		-	2:43.00	-	-

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	, 2014 (12 ),				
50m		-	33.33	-	-
100m		-	1:15.13	-	-
100m		-	1:27.13	-	-
	, 2012 (14 ),				
50m		-	40.60	-	-
100m		-	1:33.90	-	-
	, 2014 (12 ),				
50m		-	41.20	-	-
100m		-	1:37.14	-	-
200m		-	3:25.14	-	-
	, 2016 (10 ),				
50m		-	43.10	-	-
100m		-	1:36.90	-	-
200m		-	3:25.10	-	-
200m		-	3:07.60	-	-
	, 2016 (10 ),				
50m		-	31.82	-	-
100m		-	1:11.23	-	-
50m		-	34.82	-	-
100m		-	1:23.32	-	-
	, 2011 (15 ),				
50m		-	26.98	-	-
100m		-	1:03.50	-	-
200m		-	2:18.00	-	-
	, 2010 (16 ),				
100m		-	1:02.20	-	-
200m		-	2:16.01	-	-
200m		-	2:23.00	-	-
	, 2013 (13 ),				
100m		-	1:15.40	-	-
200m		-	2:39.00	-	-
200m		-	2:46.44	-	-
	, 2010 (16 ),				
100m		-	53.50	-	-
200m		-	1:56.50	-	-
200m		-	2:16.00	-	-
	, 2011 (15 ),				
100m		-	1:08.22	-	-
200m		-	2:28.10	-	-
200m		-	2:31.00	-	-
	, 2009 (17 ),				
100m		-	59.55	-	-
200m		-	2:18.35	-	-
200m		-	2:21.00	-	-
	, 2009 (17 ),				
50m		-	30.54	-	-
100m		-	1:09.90	-	-
200m		-	2:38.00	-	-
	, 2010 (16 ),				
50m		-	30.01	-	-
100m		-	1:05.05	-	-
200m		-	2:22.09	-	-
	, 2009 (17 ),				
50m		-	33.45	-	-
100m		-	1:13.79	-	-
200m		-	2:46.00	-	-
50m		-	28.01	-	-
100m		-	1:03.87	-	-
	, 2011 (15 ),				
100m		-	1:11.82	-	-
200m		-	2:33.66	-	-
200m		-	2:36.00	-	-



	, 2010 (16 )			
50m		-	24.04	-
100m		-	53.93	-
200m		-	2:01.39	-
	, 2009 (17 )			
50m		-	29.75	-
50m		-	34.30	-
100m		-	1:20.00	-
200m		-	2:52.30	-
1				
	, 2015 (11 )			
50m		-	41.96	-
50m		-	51.30	-
	, 2012 (14 )			
400m		-	6:22.83	-
50m		-	41.30	-
1				
	, 2013 (13 )			
50m		-	30.00	-
100m		-	1:07.00	-
200m		-	2:32.00	-
50m		-	35.30	-
100m		-	1:16.00	-
200m		-	2:48.00	-
50m		-	33.00	-
100m		-	1:20.00	-
200m		-	2:54.00	-
18				
	, 2011 (15 )			
50m		-	32.00	-
100m		-	1:10.00	-
200m		-	2:40.00	-
50m		-	30.00	-
	, 2012 (14 )			
50m		-	27.00	-
100m		-	59.50	-
50m		-	30.50	-
	, 2009 (17 )			
50m		-	34.00	-
100m		-	1:18.00	-
200m		-	2:50.00	-
	, 2009 (17 )			
50m		-	30.99	-
100m		-	1:06.80	-
200m		-	2:26.40	-
	, 2013 (13 )			
100m		-	1:09.56	-
50m		-	33.67	-
100m		-	1:21.45	-
	, 2009 (17 )			
50m		-	30.70	-
100m		-	1:05.37	-
100m		-	1:15.90	-
	, 2011 (15 )			
200m		-	2:34.90	-
100m		-	1:28.60	-
200m		-	2:59.20	-
	, 2015 (11 )			
100m		-	1:15.00	-
200m		-	2:47.00	-
400m		-	6:12.00	-

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	, 2009 (17 ),				
50m		-	23.50	-	-
100m		-	59.00	-	-
50m		-	28.40	-	-
	, 2013 (13 ),				
50m		-	33.00	-	-
100m		-	1:12.00	-	-
200m		-	2:35.00	-	-
	, 2012 (14 ),				
50m		-	31.50	-	-
100m		-	1:06.50	-	-
200m		-	2:23.00	-	-
	, 2014 (12 ),				
50m		-	35.00	-	-
100m		-	1:14.00	-	-
	, 2010 (16 ),				
100m		-	1:00.00	-	-
200m		-	2:14.00	-	-
200m		-	2:32.00	-	-
	, 2009 (17 ),				
50m		-	30.00	-	-
100m		-	1:06.00	-	-
200m		-	2:50.00	-	-
6					
	, 2015 (11 ),				
50m		-	35.00	-	-
50m		-	41.00	-	-
200m		-	2:45.00	-	-
7					
	, 2012 (14 ),				
200m		-	2:30.00	-	-
	, 2012 (14 ),				
50m		-	34.00	-	-
	, 2013 (13 ),				
100m		-	1:18.00	-	-
	, 2012 (14 ),				
100m		-	1:13.00	-	-
	, 2013 (13 ),				
100m		-	1:16.00	-	-
	, 2011 (15 ),				
200m		-	2:55.00	-	-
"	"				
	, 2011 (15 ),				
50m		-	28.00	-	-
100m		-	1:01.00	-	-
200m		-	2:16.00	-	-
	, 2011 (15 ),				
50m		-	34.00	-	-
100m		-	1:15.00	-	-
50m		-	33.00	-	-
100m		-	1:18.00	-	-
	, 2012 (14 ),				
50m		-	30.50	-	-
100m		-	1:09.00	-	-
200m		-	2:37.00	-	-
	, 2012 (14 ),				
50m		-	29.00	-	-
100m		-	1:02.50	-	-
200m		-	2:18.00	-	-
	, 2011 (15 ),				
100m		-	58.00	-	-
50m		-	32.50	-	-
100m		-	1:13.00	-	-

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	, 2012 (14 ),				
50m		-	36.00	-	-
100m		-	1:16.50	-	-
200m		-	2:47.00	-	-
	, 2012 (14 ),				
50m		-	25.60	-	-
100m		-	55.70	-	-
200m		-	2:05.00	-	-
50m		-	27.70	-	-
"	"				
	, 2016 (10 ),				
400m		-	6:31.45	-	-
200m		-	3:32.77	-	-
200m		-	4:00.47	-	-
	, 2014 (12 ),				
50m		-	35.00	-	-
200m		-	2:45.00	-	-
50m		-	40.00	-	-
	, 2013 (13 ),				
100m		-	1:08.00	-	-
200m		-	2:30.00	-	-
	, 2016 (10 ),				
400m		-	6:30.44	-	-
200m		-	3:30.11	-	-
200m		-	4:01.22	-	-
	, 2015 (11 ),				
100m		-	1:43.80	-	-
200m		-	3:40.00	-	-
100m		-	1:53.00	-	-
200m		-	3:50.00	-	-
	, 2014 (12 ),				
200m		-	2:52.00	-	-
200m		-	3:17.00	-	-
	, 2015 (11 ),				
100m		-	1:30.00	-	-
200m		-	3:35.33	-	-
400m		-	6:45.32	-	-
	, 2016 (10 ),				
50m		-	50.00	-	-
100m		-	2:04.60	-	-
200m		-	5:00.00	-	-
	, 2016 (10 ),				
400m		-	6:28.23	-	-
200m		-	3:30.67	-	-
200m		-	3:55.45	-	-
	, 2015 (11 ),				
400m		-	7:40.35	-	-
100m		-	1:47.22	-	-
200m		-	4:00.50	-	-
	, 2016 (10 ),				
400m		-	7:28.23	-	-
100m		-	1:56.00	-	-
200m		-	4:20.45	-	-
	, 2015 (11 ),				
50m		-	40.50	-	-
50m		-	48.50	-	-
	, 2012 (14 ),				
100m		-	1:11.00	-	-
100m		-	1:22.00	-	-
200m		-	2:58.00	-	-
200m		-	2:56.00	-	-
	, 2016 (10 ),				
400m		-	7:45.60	-	-
100m		-	1:50.26	-	-
200m		-	4:00.00	-	-

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	, 2016 (10 ),				
50m		-	42.00	-	-
100m		-	1:39.00	-	-
200m		-	3:59.00	-	-
100m		-	1:40.55	-	-
	, 2016 (10 ),				
100m		-	1:40.00	-	-
200m		-	3:35.00	-	-
400m		-	7:00.00	-	-
	, 2016 (10 ),				
400m		-	6:30.88	-	-
100m		-	1:50.08	-	-
200m		-	4:00.78	-	-
	, 2016 (10 ),				
400m		-	8:40.00	-	-
100m		-	2:05.00	-	-
200m		-	4:30.30	-	-
	, 2014 (12 ),				
100m		-	1:13.75	-	-
100m		-	1:27.82	-	-
200m		-	3:07.89	-	-
	, 2016 (10 ),				
100m		-	1:29.60	-	-
	, 2016 (10 ),				
50m		-	44.00	-	-
100m		-	1:40.33	-	-
200m		-	3:56.00	-	-
	, 2015 (11 ),				
100m		-	1:23.00	-	-
200m		-	3:12.00	-	-
	, 2016 (10 ),				
100m		-	1:25.00	-	-
200m		-	3:28.00	-	-
200m		-	3:30.00	-	-
	, 2015 (11 ),				
100m		-	1:29.00	-	-
100m		-	1:40.00	-	-
	, 2013 (13 ),				
200m		-	2:37.00	-	-
200m		-	3:04.00	-	-
	, 2014 (12 ),				
100m		-	1:32.00	-	-
	, 2013 (13 ),				
100m		-	1:08.00	-	-
200m		-	2:46.50	-	-
	, 2013 (13 ),				
100m		-	1:23.00	-	-
200m		-	2:56.11	-	-
200m		-	2:39.91	-	-
	, 2016 (10 ),				
400m		-	3:32.44	-	-
100m		-	1:40.55	-	-
200m		-	3:32.44	-	-
	, 2014 (12 ),				
100m		-	1:23.00	-	-
200m		-	3:15.00	-	-
	, 2013 (13 ),				
200m		-	2:13.00	-	-
400m		-	4:40.00	-	-
	, 2015 (11 ),				
100m		-	1:22.48	-	-
50m		-	37.44	-	-
	, 2015 (11 ),				
400m		-	6:48.08	-	-
200m		-	3:38.18	-	-
200m		-	4:00.38	-	-

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400m	, 2016 (10 )	-	6:30.00	-	-
100m		-	1:35.00	-	-
200m		-	3:30.21	-	-
100m	, 2015 (11 )	-	1:19.00	-	-
200m		-	2:57.00	-	-
50m		-	43.00	-	-
100m	, 2014 (12 )	-	1:20.00	-	-
200m		-	2:56.00	-	-
100m	, 2013 (13 )	-	1:00.10	-	-
100m		-	1:09.30	-	-
200m		-	2:30.60	-	-
200m	, 2015 (11 )	-	3:23.00	-	-
400m		-	6:31.22	-	-
200m		-	3:30.44	-	-
200m		-	3:29.11	-	-
100m	, 2015 (11 )	-	1:14.10	-	-
200m		-	2:58.70	-	-
100m	, 2013 (13 )	-	1:13.00	-	-
100m		-	1:23.00	-	-
400m	, 2016 (10 )	-	7:29.33	-	-
200m		-	3:40.56	-	-
200m		-	4:15.00	-	-
50m	, 2015 (11 )	-	45.00	-	-
50m		-	43.00	-	-
100m	, 2015 (11 )	-	2:09.60	-	-
100m		-	2:17.60	-	-
100m	, 2013 (13 )	-	1:21.17	-	-
200m		-	2:53.52	-	-
400m	, 2015 (11 )	-	6:45.44	-	-
200m		-	3:38.77	-	-
200m		-	4:01.34	-	-
100m	, 2014 (12 )	-	1:20.00	-	-
100m		-	1:35.00	-	-
200m		-	3:15.00	-	-
400m	, 2015 (11 )	-	7:38.00	-	-
200m	, 2015 (11 )	-	3:40.00	-	-
50m		-	45.00	-	-
50m	, 2014 (12 )	-	28.00	-	-
100m		-	1:03.00	-	-
100m		-	1:12.00	-	-
100m	, 2016 (10 )	-	1:23.00	-	-
400m		-	6:25.88	-	-
200m		-	3:56.00	-	-
400m	, 2015 (11 )	-	6:43.00	-	-
100m		-	1:35.10	-	-
200m		-	3:27.20	-	-
100m	, 2016 (10 )	-	1:34.00	-	-
100m		-	1:34.00	-	-
200m		-	3:23.00	-	-

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200m		-	3:30.00	-	-
	, 2015 (11 ) ,				
100m		-	1:12.00	-	-
200m		-	2:39.00	-	-
400m		-	5:30.00	-	-
200m		-	3:00.00	-	-
	, 2016 (10 ) ,				
400m		-	7:00.35	-	-
200m		-	3:45.11	-	-
50m		-	47.00	-	-
200m		-	4:08.00	-	-
	, 2015 (11 ) ,				
100m		-	1:34.00	-	-
100m		-	1:50.00	-	-
200m		-	3:32.00	-	-
	, 2016 (10 ) ,				
50m		-	41.30	-	-
100m		-	1:29.00	-	-
	, 2014 (12 ) ,				
50m		-	29.08	-	-
100m		-	1:06.07	-	-
50m		-	31.08	-	-
100m		-	1:13.05	-	-
	, 2015 (11 ) ,				
200m		-	3:02.00	-	-
200m		-	3:18.00	-	-
	, 2015 (11 ) ,				
100m		-	1:15.54	-	-
200m		-	2:41.97	-	-
400m		-	5:30.00	-	-
50m		-	39.17	-	-
200m		-	3:05.99	-	-
	, 2016 (10 ) ,				
50m		-	37:48.10	-	-
100m		-	1:26.00	-	-
200m		-	3:09.11	-	-
50m		-	49.57	-	-
100m		-	1:55.35	-	-
200m		-	4:00.34	-	-
	, 2015 (11 ) ,				
200m		-	4:27.20	-	-
	, 2014 (12 ) ,				
100m		-	1:44.00	-	-
100m		-	1:45.00	-	-
	, 2015 (11 ) ,				
50m		-	38.50	-	-
100m		-	1:39.00	-	-
200m		-	3:55.00	-	-
	, 2014 (12 ) ,				
100m		-	1:29.00	-	-
200m		-	2:56.00	-	-
	, 2015 (11 ) ,				
50m		-	35.80	-	-
50m		-	42.30	-	-
50m		-	38.80	-	-
	, 2013 (13 ) ,				
50m		-	36.00	-	-
200m		-	3:05.00	-	-
	, 2014 (12 ) ,				
50m		-	38.50	-	-
100m		-	1:24.00	-	-
	, 2014 (12 ) ,				
100m		-	1:08.60	-	-
200m		-	2:24.60	-	-
200m		-	2:46.50	-	-
200m		-	2:42.80	-	-

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100m	, 2016 (10 ) ,	-	1:42.00	-	-
50m		-	58.00	-	-
100m	, 2013 (13 ) ,	-	1:12.00	-	-
200m		-	2:40.00	-	-
100m		-	1:29.00	-	-
50m	, 2013 (13 ) ,	-	33.00	-	-
100m		-	1:12.00	-	-
200m		-	2:34.00	-	-
200m		-	2:32.00	-	-
400m	, 2014 (12 ) ,	-	5:47.00	-	-
50m		-	39.00	-	-
200m		-	3:18.70	-	-
200m	, 2014 (12 ) ,	-	3:00.00	-	-
50m		-	49.00	-	-
50m	, 2014 (12 ) ,	-	33.04	-	-
400m		-	5:55.00	-	-
400m	, 2016 (10 ) ,	-	6:27.54	-	-
100m		-	1:33.00	-	-
200m		-	3:30.55	-	-
200m	, 2015 (11 ) ,	-	3:28.00	-	-
200m		-	3:40.80	-	-
50m		-	47:00.00	-	-
200m		-	3:45.00	-	-
50m	, 2015 (11 ) ,	-	30.33	-	-
100m		-	1:04.97	-	-
200m		-	2:23.50	-	-
400m		-	5:01.15	-	-
50m		-	32.97	-	-
200m	, 2013 (13 ) ,	-	2:10.00	-	-
200m		-	2:30.00	-	-
100m	, 2014 (12 ) ,	-	1:34.00	-	-
50m		-	51.00	-	-
100m		-	1:50.05	-	-
100m	, 2016 (10 ) ,	-	1:40.00	-	-
200m		-	3:30.00	-	-
400m	, 2015 (11 ) ,	-	6:30.00	-	-
100m		-	1:40.00	-	-
100m	, 2015 (11 ) ,	-	1:27.00	-	-
200m		-	3:28.00	-	-
50m		-	50.07	-	-
50m	, 2015 (11 ) ,	-	38.00	-	-
100m		-	1:23.00	-	-
100m		-	1:27.00	-	-
200m		-	3:30.00	-	-
50m	, 2016 (10 ) ,	-	42.45	-	-
100m		-	2:00.50	-	-
50m	, 2014 (12 ) ,	-	35.00	-	-
200m		-	3:08.00	-	-

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100m	, 2015 (11 ),	-	1:30.00	-	-
200m		-	3:27.00	-	-
100m	, 2014 (12 ),	-	1:29.43	-	-
200m		-	3:16.75	-	-
50m	, 2014 (12 ),	-	35.00	-	-
200m		-	2:52.00	-	-
200m		-	3:18.00	-	-
50m	, 2015 (11 ),	-	39.75	-	-
100m		-	1:20.35	-	-
200m		-	3:20.00	-	-
100m	, 2016 (10 ),	-	1:35.00	-	-
100m		-	1:53.00	-	-
"	"	-		-	-
100m	, 2014 (12 ),	-	1:04.50	-	-
50m		-	32.00	-	-
50m		-	30.90	-	-
"	"	-		-	-
100m	, 2016 (10 ),	-	1:32.00	-	-
400m	, 2011 (15 ),	-	4:20.00	-	-
50m	, 2009 (17 ),	-	26.95	-	-
200m		-	2:04.00	-	-
50m	, 2010 (16 ),	-	25.50	-	-
200m		-	2:20.00	-	-
50m	, 2016 (10 ),	-	33.50	-	-
100m		-	1:14.86	-	-
200m		-	2:41.81	-	-
400m		-	5:40.37	-	-
50m		-	38.00	-	-
400m	, 2014 (12 ),	-	5:30.00	-	-
100m		-	1:26.00	-	-
200m		-	2:57.00	-	-
100m		-	1:29.00	-	-
50m	, 2015 (11 ),	-	39.45	-	-
100m		-	1:30.30	-	-
50m		-	35.50	-	-
50m	, 2015 (11 ),	-	30.00	-	-
100m		-	1:05.62	-	-
100m	, 2015 (11 ),	-	1:12.34	-	-
50m		-	35.00	-	-
100m	, 2016 (10 ),	-	1:18.68	-	-
400m		-	6:00.84	-	-
50m	, 2015 (11 ),	-	39.89	-	-
50m		-	43.31	-	-
100m		-	1:34.24	-	-
200m		-	3:20.72	-	-
200m		-	3:15.00	-	-

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	, 2015 (11 ),				
200m		-	2:25.00	-	-
50m		-	39.00	-	-
100m		-	1:26.00	-	-
50m		-	33.00	-	-
200m		-	2:45.00	-	-
	, 2016 (10 ),				
50m		-	35.00	-	-
100m		-	1:25.00	-	-
200m		-	3:04.00	-	-
50m		-	38.00	-	-
100m		-	1:30.00	-	-
	, 2016 (10 ),				
200m		-	3:09.00	-	-
	, 2015 (11 ),				
100m		-	1:18.25	-	-
200m		-	2:41.33	-	-
	, 2014 (12 ),				
50m		-	30:00.00	-	-
50m		-	39.00	-	-
50m		-	33:00.00	-	-
	, 2015 (11 ),				
200m		-	3:05.00	-	-
200m		-	3:14.00	-	-
	, 2015 (11 ),				
50m		-	33:30.00	-	-
200m		-	2:51.00	-	-
100m		-	1:24.00	-	-
200m		-	3:00.00	-	-
	, 2014 (12 ),				
50m		-	30.50	-	-
50m		-	33.75	-	-
50m		-	32.00	-	-
	, 2016 (10 ),				
50m		-	35.00	-	-
200m		-	3:40.00	-	-
50m		-	38.68	-	-
100m		-	1:33.43	-	-
200m		-	3:10.00	-	-
	, 2014 (12 ),				
50m		-	33.00	-	-
100m		-	1:14.18	-	-
200m		-	2:50.66	-	-
	, 2014 (12 ),				
100m		-	1:15.00	-	-
200m		-	2:46.00	-	-
200m		-	2:49.00	-	-
	, 2015 (11 ),				
400m		-	5:49.00	-	-
100m		-	1:29.80	-	-
200m		-	3:21.90	-	-
	, 2016 (10 ),				
50m		-	43.00	-	-
100m		-	1:35.00	-	-
200m		-	3:20.00	-	-
200m		-	3:00.00	-	-
	, 2014 (12 ),				
100m		-	1:36.00	-	-
200m		-	3:22.00	-	-
200m		-	2:55.00	-	-
	, 2014 (12 ),				
50m		-	37.00	-	-
100m		-	1:20.00	-	-
200m		-	2:56.00	-	-
	, 2014 (12 ),				
100m		-	1:30.00	-	-
200m		-	2:58.00	-	-
50m		-	41.30	-	-

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100m		-	1:32.60	-	-
	, 2015 (11 ),				
100m		-	1:22.00	-	-
200m		-	3:08.00	-	-
	, 2016 (10 ),				
200m		-	3:05.00	-	-
200m		-	3:09.10	-	-
	, 2010 (16 ),				
200m		-	2:09.00	-	-
200m		-	2:40.00	-	-
200m		-	2:21.05	-	-
	, 2016 (10 ),				
400m		-	5:52.00	-	-
50m		-	41.00	-	-
	, 2016 (10 ),				
100m		-	1:30.00	-	-
200m		-	3:10.00	-	-
100m		-	1:50.00	-	-
200m		-	3:29.00	-	-
	, 2015 (11 ),				
100m		-	1:12.00	-	-
50m		-	39.00	-	-
100m		-	1:28.00	-	-
200m		-	3:12.00	-	-
200m		-	2:54.00	-	-
	, 2015 (11 ),				
50m		-	37.00	-	-
50m		-	38.30	-	-
100m		-	1:19.00	-	-
200m		-	2:59.20	-	-
50m		-	35.40	-	-
100m		-	1:26.25	-	-
	, 2015 (11 ),				
100m		-	1:13.00	-	-
50m		-	39.00	-	-
	, 2014 (12 ),				
400m		-	5:20.00	-	-
200m		-	2:59.00	-	-
	, 2016 (10 ),				
50m		-	40.00	-	-
100m		-	1:28.00	-	-
50m		-	43.00	-	-
200m		-	3:10.00	-	-
	, 2015 (11 ),				
50m		-	30.90	-	-
100m		-	1:06.80	-	-
200m		-	2:27.00	-	-
200m		-	3:10.00	-	-
200m		-	2:50.00	-	-
	, 2015 (11 ),				
50m		-	35.40	-	-
100m		-	1:15.30	-	-
200m		-	2:46.00	-	-
	, 2016 (10 ),				
100m		-	1:19.25	-	-
100m		-	1:35.35	-	-
	, 2014 (12 ),				
200m		-	2:40.00	-	-
	, 2014 (12 ),				
200m		-	2:25.00	-	-
400m		-	5:05.00	-	-
200m		-	2:40.00	-	-
200m		-	3:10.00	-	-
	, 2015 (11 ),				
100m		-	1:40.00	-	-
50m		-	45.00	-	-
200m		-	3:15.00	-	-

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200m	, 2010 (16 ),	-	2:07.00	-	-
200m		-	2:12.00	-	-
50m	, 2015 (11 ),	-	30.50	-	-
50m		-	32.00	-	-
100m		-	1:11.00	-	-
200m		-	2:50.00	-	-
100m	, 2010 (16 ),	-	1:05.00	-	-
200m		-	2:18.00	-	-
50m	, 2015 (11 ),	-	41.00	-	-
100m		-	1:27.50	-	-
200m		-	2:12.00	-	-
100m	, 2014 (12 ),	-	1:26.00	-	-
200m		-	3:07.00	-	-
200m		-	2:52.00	-	-
200m	, 2015 (11 ),	-	2:37.41	-	-
400m		-	5:24.48	-	-
50m	, 2015 (11 ),	-	34.00	-	-
100m		-	1:17.56	-	-
200m		-	2:46.55	-	-
100m	, 2009 (17 ),	-	57.00	-	-
200m		-	2:04.00	-	-
400m	, 2015 (11 ),	-	5:43.00	-	-
50m		-	36.53	-	-
100m		-	1:20.60	-	-
200m		-	2:51.70	-	-
100m	, 2016 (10 ),	-	1:37.00	-	-
100m	, 2016 (10 ),	-	1:31.56	-	-
50m		-	39.23	-	-
200m		-	3:03.15	-	-
200m	, 2015 (11 ),	-	2:36.55	-	-
400m		-	5:32.56	-	-
50m	, 2015 (11 ),	-	42.00	-	-
50m		-	49.55	-	-
50m		-	50.00	-	-
200m	, 2015 (11 ),	-	2:40.00	-	-
400m		-	5:20.00	-	-
100m		-	1:25.60	-	-
100m	, 2010 (16 ),	-	1:09.00	-	-
200m		-	2:29.50	-	-
200m	, 2014 (12 ),	-	2:21.00	-	-
400m		-	5:00.00	-	-
100m	, 2014 (12 ),	-	1:37.00	-	-
200m		-	3:18.00	-	-
200m		-	3:09.00	-	-
"	"	-		-	-
50m	, 2015 (11 ),	-	31.30	-	-
100m		-	11:13.03	-	-
50m		-	36.10	-	-

" " ", 50

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100m		-	1:20.00	-
50m		-	36.00	-
200m		-	3:03.00	-
	, 2015 (11 ),			
50m		-	34.63	-
100m		-	1:12.76	-
50m		-	38.90	-
100m		-	1:22.41	-
200m		-	3:09.98	-
50m		-	33.66	-
200m		-	2:39.86	-
	, 2015 (11 ),			
50m		-	36.12	-
200m		-	3:07.23	-
200m		-	2:59.80	-
"	"			-
	, 2014 (12 ),			-
200m		-	2:45.00	-
400m		-	5:53.00	-
50m		-	38.00	-
100m		-	1:35.00	-
"	"			-
	, 2015 (11 ),			-
50m		-	29.00	-
100m		-	1:04.00	-
200m		-	2:15.00	-
400m		-	4:45.00	-
50m		-	33.00	-
100m		-	1:13.00	-
200m		-	2:35.00	-
50m		-	31.00	-
100m		-	1:09.00	-
200m		-	2:34.00	-
"	"	-		-
	, 2009 (17 ),			-
50m		-	34.00	-
100m		-	1:16.00	-
200m		-	2:40.00	-
200m		-	2:32.00	-
"	"			-
	, 2016 (10 ),			-
100m		-	1:17.00	-
200m		-	2:41.00	-
50m		-	44.00	-
200m		-	3:12.00	-
	, 2015 (11 ),			-
50m		-	30.70	-
50m		-	34.50	-
100m		-	1:14.00	-
200m		-	2:45.00	-
50m		-	31.70	-
100m		-	1:15.00	-
	, 2015 (11 ),			-
100m		-	1:22.00	-
100m		-	1:44.00	-
200m		-	3:07.00	-
	, 2015 (11 ),			-
100m		-	1:08.10	-
50m		-	34.00	-
100m		-	1:18.40	-

" " ", 50

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	, 2015 (11 )				
50m		-	30.80	-	-
100m		-	1:08.00	-	-
200m		-	2:30.00	-	-
400m		-	5:32.00	-	-
	, 2012 (14 )				
100m		-	59.50	-	-
200m		-	2:09.00	-	-
50m		-	30.00	-	-
	, 2014 (12 )				
200m		-	2:24.00	-	-
400m		-	5:05.00	-	-
200m		-	2:50.00	-	-
50m		-	31.00	-	-
	, 2010 (16 )				
50m		-	28.00	-	-
100m		-	1:05.00	-	-
50m		-	33.00	-	-
100m		-	1:15.00	-	-
50m		-	31.00	-	-
	, 2014 (12 )				
200m		-	2:20.03	-	-
50m		-	34.15	-	-
	, 2011 (15 )				
100m		-	1:12.00	-	-
200m		-	2:36.00	-	-
200m		-	2:42.00	-	-
	, 2014 (12 )				
50m		-	32.50	-	-
100m		-	1:11.00	-	-
200m		-	2:34.00	-	-
50m		-	42.00	-	-
	, 2014 (12 )				
50m		-	36.00	-	-
100m		-	1:16.50	-	-
200m		-	2:52.00	-	-
	, 2009 (17 )				
100m		-	55.00	-	-
200m		-	1:58.00	-	-
100m		-	1:03.00	-	-
	, 2013 (13 )				
100m		-	1:06.50	-	-
200m		-	2:25.00	-	-
200m		-	2:50.00	-	-
	, 2009 (17 )				
50m		-	27.80	-	-
100m		-	1:00.00	-	-
	, 2014 (12 )				
50m		-	36.50	-	-
100m		-	1:18.00	-	-
200m		-	2:45.00	-	-
	, 2008 (18 )				
50m		-	30.40	-	-
100m		-	1:06.00	-	-
200m		-	2:23.00	-	-
	, 2009 (17 )				
50m		-	27.40	-	-
100m		-	1:00.50	-	-
50m		-	30.00	-	-
	, 2009 (17 )				
50m		-	34.00	-	-
100m		-	1:25.00	-	-

" " ", 50

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	, 2009 (17 )	-	24.00	-	-
50m		-	54.20	-	-
100m		-	26.40	-	-
50m	, 2009 (17 )	-	54.00	-	-
100m		-	1:58.00	-	-
200m		-	2:18.00	-	-
200m	, 2008 (18 )	-	29.30	-	-
50m		-	1:03.00	-	-
100m		-	2:24.00	-	-
200m	, 2015 (11 )	-	41.50	-	-
50m		-	1:28.00	-	-
100m		-	3:03.00	-	-
200m	, 2009 (17 )	-	27.50	-	-
50m		-	1:01.50	-	-
100m		-	32.00	-	-
50m		-	2:38.00	-	-
200m	, 2013 (13 )	-	37.00	-	-
50m		-	1:18.50	-	-
100m		-	2:50.00	-	-
200m	, 2015 (11 )	-	34.00	-	-
50m		-	1:15.00	-	-
100m		-	2:45.00	-	-
200m	, 2015 (11 )	-	1:40.00	-	-
100m		-	3:37.00	-	-
200m		-	3:19.00	-	-
200m	, 2016 (10 )	-	41.00	-	-
50m		-	1:33.00	-	-
100m		-	3:23.00	-	-
200m		-	3:03.00	-	-
200m	, 2015 (11 )	-	1:17.00	-	-
100m		-	2:59.00	-	-
200m		-	3:20.00	-	-
200m	, 2015 (11 )	-	1:29.00	-	-
100m		-	1:31.50	-	-
100m		-	3:18.00	-	-
200m	, 2015 (11 )	-	1:36.00	-	-
100m		-	3:30.00	-	-
200m		-	38.00	-	-
50m		-	3:05.00	-	-
200m	, 2015 (11 )	-	41.00	-	-
50m		-	1:33.00	-	-
100m		-	3:24.00	-	-
200m		-	3:08.00	-	-
200m	, 2015 (11 )	-	44.00	-	-
50m		-	48.00	-	-
50m	, 2015 (11 )	-	37.00	-	-
100m		-	1:20.00	-	-
200m		-	2:52.00	-	-

" " ", 50

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	, 2015 (11 ),	-	1:32.00	-	-
100m		-	3:15.00	-	-
200m		-	3:08.00	-	-
	, 2015 (11 ),	-	2:46.00	-	-
200m		-	38.00	-	-
50m		-	33.00	-	-
50m		-	37.00	-	-
100m		-	1:22.00	-	-
50m		-	37.00	-	-
	, 2015 (11 ),	-	37.00	-	-
50m		-	1:30.00	-	-
100m		-	1:35.00	-	-
100m		-	41.50	-	-
50m		-	1:30.00	-	-
100m		-	3:11.00	-	-
200m		-	45.00	-	-
50m		-	1:40.00	-	-
100m		-	3:35.00	-	-
200m		-	6:15.00	-	-
400m		-	1:34.00	-	-
100m		-	1:40.00	-	-
100m		-	38.00	-	-
50m		-	1:23.00	-	-
100m		-	2:58.00	-	-
200m		-	27.00	-	-
50m		-	1:00.00	-	-
50m		-	29.00	-	-
100m		-	1:05.00	-	-
	, 2015 (11 ),	-	32.00	-	-
50m		-	1:12.00	-	-
100m		-	36.50	-	-
50m		-	1:21.00	-	-
100m		-	36.50	-	-
50m		-	1:25.00	-	-
100m		-	1:40.00	-	-
100m		-	36.00	-	-
50m		-	3:10.00	-	-
200m		-	2:55.00	-	-
100m		-	1:40.00	-	-
100m		-	39.00	-	-
50m		-	3:10.00	-	-
200m		-	40.00	-	-
100m		-	1:35.00	-	-
200m		-	3:20.00	-	-
	, 2015 (11 ),	-	2:52.00	-	-
200m		-	3:05.00	-	-
200m		-	1:32.00	-	-
100m		-	40.00	-	-
50m		-	3:30.00	-	-
200m		-	1:18.00	-	-
100m		-	3:15.00	-	-
200m		-		-	-



	, 2015 (11 ),				
100m		-	1:25.00	-	-
200m		-	3:05.00	-	-
200m		-	3:10.00	-	-
	, 2015 (11 ),				
200m		-	3:10.00	-	-
50m		-	39.00	-	-
200m		-	3:18.00	-	-
	, 2014 (12 ),				
100m		-	1:08.00	-	-
50m		-	36.15	-	-
100m		-	1:19.50	-	-
200m		-	2:49.90	-	-
200m		-	2:40.00	-	-
	, 2012 (14 ),				
50m		-	28.15	-	-
100m		-	1:00.00	-	-
200m		-	2:16.80	-	-
100m		-	1:23.50	-	-
200m		-	2:39.60	-	-
	, 2012 (14 ),				
100m		-	1:02.50	-	-
50m		-	36.50	-	-
100m		-	1:16.50	-	-
200m		-	2:47.50	-	-
200m		-	2:34.50	-	-
	, 2015 (11 ),				
50m		-	47.50	-	-
100m		-	1:44.50	-	-
200m		-	3:36.00	-	-
	, 2012 (14 ),				
50m		-	34.00	-	-
100m		-	1:33.50	-	-
200m		-	3:25.00	-	-
	, 2015 (11 ),				
100m		-	1:33.50	-	-
50m		-	40.00	-	-
200m		-	3:20.00	-	-
	, 2012 (14 ),				
100m		-	1:35.00	-	-
200m		-	3:25.00	-	-
	, 2015 (11 ),				
50m		-	36.00	-	-
50m		-	41.20	-	-
100m		-	1:35.50	-	-
200m		-	3:22.00	-	-
	, 2014 (12 ),				
100m		-	1:42.00	-	-
200m		-	4:00.00	-	-
200m		-	3:20.00	-	-
	, 2010 (16 ),				
50m		-	31.86	-	-
100m		-	1:12.00	-	-
	, 2011 (15 ),				
100m		-	1:13.00	-	-
200m		-	2:39.00	-	-
	, 2013 (13 ),				
100m		-	1:28.50	-	-
50m		-	43.50	-	-
100m		-	1:38.50	-	-

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	, 2015 (11 )				
100m		-	1:24.00	-	-
200m		-	3:05.00	-	-
200m		-	3:10.00	-	-
	, 2011 (15 )				
50m		-	26.50	-	-
100m		-	58.50	-	-
200m		-	2:42.50	-	-
	, 2015 (11 )				
50m		-	35.99	-	-
100m		-	1:21.00	-	-
200m		-	3:00.20	-	-
200m		-	2:58.30	-	-
	, 2014 (12 )				
50m		-	36.00	-	-
50m		-	41.00	-	-
100m		-	1:29.00	-	-
200m		-	3:09.00	-	-
200m		-	2:55.00	-	-
	, 2015 (11 )				
50m		-	44.00	-	-
100m		-	1:41.00	-	-
200m		-	3:40.00	-	-
10 "	"				
	, 2008 (18 )				
50m		-	23.50	-	-
100m		-	51.10	-	-
200m		-	1:54.00	-	-
50m		-	25.20	-	-
	, 2011 (15 )				
50m		-	30.00	-	-
200m		-	2:35.00	-	-
2 "	"				
	, 2013 (13 )				
100m		-	1:28.00	-	-
200m		-	3:05.00	-	-
50m		-	41.00	-	-
200m		-	3:07.00	-	-
	, 2012 (14 )				
200m		-	2:30.00	-	-
200m		-	2:52.00	-	-
200m		-	2:45.00	-	-
	, 2013 (13 )				
100m		-	1:18.00	-	-
100m		-	1:18.00	-	-
200m		-	3:00.00	-	-
5					
	, 2012 (14 )				
100m		-	1:11.00	-	-
200m		-	2:41.00	-	-
400m		-	5:30.00	-	-
	, 2015 (11 )				
50m		-	40.00	-	-
100m		-	1:30.00	-	-
100m		-	1:35.00	-	-
	, 2014 (12 )				
100m		-	1:20.00	-	-
50m		-	44.00	-	-
100m		-	1:35.00	-	-
	, 2015 (11 )				
50m		-	40.00	-	-
50m		-	49.00	-	-

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50m		-	45.00	-	-
	, 2015 (11 )				
100m		-	1:22.00	-	-
50m		-	36.00	-	-
200m		-	3:15.00	-	-
	, 2015 (11 )				
100m		-	1:21.00	-	-
400m		-	5:50.00	-	-
100m		-	1:30.10	-	-
	, 2014 (12 )				
100m		-	1:15.00	-	-
200m		-	2:48.00	-	-
400m		-	5:40.00	-	-
	, 2012 (14 )				
200m		-	2:25.00	-	-
400m		-	5:15.00	-	-
100m		-	1:31.50	-	-
	, 2015 (11 )				
50m		-	33.00	-	-
100m		-	1:25.00	-	-
50m		-	34.00	-	-
	, 2015 (11 )				
50m		-	41.00	-	-
100m		-	1:30.00	-	-
100m		-	1:37.00	-	-
	, 2016 (10 )				
50m		-	41.00	-	-
100m		-	1:25.00	-	-
100m		-	1:33.00	-	-
	, 2016 (10 )				
50m		-	51.99	-	-
50m		-	58.29	-	-
	, 2016 (10 )				
50m		-	45.00	-	-
50m		-	45.00	-	-
100m		-	1:40.00	-	-
	, 2013 (13 )				
50m		-	31.00	-	-
100m		-	1:10.00	-	-
100m		-	1:20.00	-	-
	, 2016 (10 )				
50m		-	40.00	-	-
100m		-	1:35.00	-	-
100m		-	1:45.00	-	-
	, 2016 (10 )				
50m		-	34.00	-	-
100m		-	1:19.00	-	-
200m		-	2:44.00	-	-
	, 2014 (12 )				
50m		-	34.00	-	-
50m		-	44.00	-	-
200m		-	3:30.00	-	-
	, 2016 (10 )				
200m		-	2:45.00	-	-
50m		-	42.00	-	-
50m		-	46.00	-	-
	, 2014 (12 )				
50m		-	34.00	-	-
100m		-	1:15.00	-	-
200m		-	2:48.00	-	-
	, 2016 (10 )				
100m		-	1:25.00	-	-
400m		-	5:55.00	-	-
100m		-	1:35.00	-	-
	, 2014 (12 )				
50m		-	37.00	-	-
100m		-	1:19.00	-	-
100m		-	1:27.00	-	-

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9									
		, 2010 (16 )							
50m			-	28.27					
100m			-	1:00.00					
200m			-	2:12.00					
		, 2009 (17 )							
100m			-	1:03.00					
200m			-	2:53.00					
100m			-	1:12.00					
		, 2010 (16 )							
50m			-	34.00					
50m			-	40.00					
100m			-	1:30.00					
200m			-	3:15.00					
		, 2012 (14 )							
100m			-	1:15.00					
200m			-	2:55.00					
50m			-	36.00					
		, 2010 (16 )							
50m			-	27.00					
100m			-	57.00					
100m			-	1:05.00					
100m			-	1:16.00					
		, 2010 (16 )							
100m			-	56.00					
200m			-	2:08.00					
50m			-	31.50					
100m			-	1:09.00					
		, 2011 (15 )							
50m			-	32.00					
100m			-	1:13.00					
200m			-	3:21.00					
		, 2009 (17 )							
100m			-	1:00.16					
200m			-	2:11.77					
100m			-	1:16.00					
100m			-	1:03.48					
200m			-	2:21.44					
		, 2016 (10 )							
100m			-	1:16.00					
400m			-	5:51.69					
100m			-	1:30.48					
200m			-	3:09.67					
200m			-	3:04.57					
		, 2015 (11 )							
100m			-	1:10.00					
200m			-	2:30.00					
400m			-	5:06.00					
50m			-	35.00					
50m			-	32.00					
100m			-	1:14.00					
200m			-	2:50.00					
		, 2011 (15 )							
200m			-	2:38.00					
50m			-	33.00					
100m			-	1:09.00					
200m			-	2:40.00					
		, 2015 (11 )							
50m			-	43.00					
100m			-	1:35.00					



	, 2010 (16 ),			
200m		-	2:12.96	-
200m		-	2:29.95	-
" "	" "			-
	, 2009 (17 ),			-
50m		-	28.98	-
100m		-	1:24.00	-
	, 2014 (12 ),			-
50m		-	34.00	-
100m		-	1:12.00	-
	, 2014 (12 ),			-
400m		-	5:48.00	-
50m		-	42.00	-
100m		-	1:25.60	-
200m		-	3:00.02	-
50m		-	48.00	-
50m		-	48.70	-
" "	" "			-
	, 2015 (11 ),			-
50m		-	35.15	-
100m		-	1:15.10	-
200m		-	2:44.00	-
50m		-	37.00	-
" "	" "			-
	, 2015 (11 ),			-
50m		-	33.00	-
100m		-	1:20.50	-
50m		-	51.70	-
100m		-	1:43.10	-
200m		-	3:19.72	-
" "	" "			-
	, 2009 (17 ),			-
50m		-	25.50	-
100m		-	54.65	-
200m		-	2:02.12	-
50m		-	27.71	-
100m		-	1:02.00	-
" "	" "			-
	, 2012 (14 ),			-
100m		-	1:10.50	-
200m		-	2:55.00	-
50m		-	37.50	-
	, 2012 (14 ),			-
50m		-	36.00	-
100m		-	1:20.00	-
50m		-	46.00	-
	, 2016 (10 ),			-
50m		-	36.50	-
100m		-	1:30.00	-
200m		-	3:15.00	-
50m		-	46.50	-
	, 2012 (14 ),			-
50m		-	36.00	-
100m		-	1:20.00	-
50m		-	43.00	-
	, 2014 (12 ),			-
50m		-	43.35	-
100m		-	1:34.70	-

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	, 2014 (12 ),				
50m		-	37.33	-	-
50m		-	44.24	-	-
100m		-	1:39.45	-	-
200m		-	3:40.00	-	-
	, 2013 (13 ),				
50m		-	34.50	-	-
100m		-	1:20.00	-	-
200m		-	2:55.00	-	-
	, 2016 (10 ),				
50m		-	43.50	-	-
50m		-	55.00	-	-
100m		-	2:10.00	-	-
	, 2013 (13 ),				
50m		-	38.00	-	-
100m		-	1:28.00	-	-
50m		-	46.30	-	-
	, 2015 (11 ),				
50m		-	44.00	-	-
50m		-	54.00	-	-
	, 2013 (13 ),				
100m		-	1:17.00	-	-
200m		-	2:55.00	-	-
50m		-	41.50	-	-
50m		-	43.00	-	-
200m		-	3:25.00	-	-
"	"				
	, 2012 (14 ),				
100m		-	1:10.00	-	-
200m		-	2:30.00	-	-
200m		-	2:30.00	-	-
	, 2013 (13 ),				
50m		-	44.00	-	-
100m		-	1:28.00	-	-
200m		-	2:50.00	-	-
"	"				
	, 2008 (18 ),				
50m		-	28.00	-	-
50m		-	31.00	-	-
	, 2011 (15 ),				
50m		-	28.50	-	-
50m		-	35.60	-	-
100m		-	1:21.00	-	-
200m		-	3:00.00	-	-
	, 2011 (15 ),				
100m		-	1:29.20	-	-
200m		-	3:10.10	-	-
200m		-	2:55.50	-	-
	, 2013 (13 ),				
50m		-	29.00	-	-
100m		-	1:02.50	-	-
200m		-	2:15.00	-	-
50m		-	33.00	-	-
50m		-	31.87	-	-
100m		-	1:11.00	-	-
	, 2011 (15 ),				
50m		-	38.00	-	-
100m		-	1:27.00	-	-
200m		-	3:15.00	-	-
200m		-	3:00.00	-	-
	, 2011 (15 ),				
100m		-	1:08.00	-	-
200m		-	2:27.00	-	-
50m		-	33.50	-	-

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200m		-	2:50.20	-	-
	, 2011 (15 ),				
50m		-	30.38	-	-
100m		-	1:06.00	-	-
200m		-	2:23.00	-	-
400m		-	5:18.00	-	-
50m		-	33.50	-	-
	, 2012 (14 ),				
100m		-	1:14.50	-	-
50m		-	42.50	-	-
100m		-	1:36.00	-	-
200m		-	3:03.80	-	-
50m		-	41.50	-	-
200m		-	3:19.00	-	-
	, 2014 (12 ),				
50m		-	31.00	-	-
100m		-	1:10.00	-	-
50m		-	36.00	-	-
100m		-	1:17.00	-	-
200m		-	3:02.00	-	-
200m		-	2:51.00	-	-
	, 2013 (13 ),				
50m		-	31.15	-	-
100m		-	1:09.00	-	-
200m		-	2:35.00	-	-
100m		-	1:33.00	-	-
50m		-	39.00	-	-
200m		-	2:55.00	-	-
	, 2011 (15 ),				
50m		-	30.80	-	-
100m		-	1:08.55	-	-
200m		-	2:33.00	-	-
50m		-	38.00	-	-
50m		-	37.00	-	-
200m		-	2:55.00	-	-
	, 2011 (15 ),				
50m		-	31.60	-	-
100m		-	1:11.00	-	-
200m		-	2:38.00	-	-
50m		-	33.40	-	-
200m		-	2:58.00	-	-
	, 2011 (15 ),				
50m		-	31.96	-	-
100m		-	1:10.00	-	-
200m		-	2:36.02	-	-
400m		-	5:35.00	-	-
50m		-	38.00	-	-
100m		-	1:28.00	-	-
	, 2013 (13 ),				
100m		-	1:06.00	-	-
200m		-	2:28.00	-	-
400m		-	5:15.00	-	-
50m		-	34.00	-	-
100m		-	1:20.00	-	-
200m		-	3:30.00	-	-
	, 2010 (16 ),				
50m		-	28.50	-	-
50m		-	31.00	-	-
100m		-	1:09.00	-	-
	, 2011 (15 ),				
100m		-	58.00	-	-
200m		-	2:04.00	-	-
400m		-	4:15.00	-	-



	, 2015 (11 ),				
50m		-	36.81	-	-
50m		-	38.06	-	-
100m		-	1:21.66	-	-
200m		-	2:55.97	-	-
	, 2011 (15 ),				
100m		-	1:07.00	-	-
200m		-	2:24.00	-	-
"	"				
	, 2015 (11 ),				
50m		-	40.00	-	-
50m		-	40.00	-	-
100m		-	1:25.00	-	-
	, 2016 (10 ),				
100m		-	1:23.97	-	-
400m		-	6:43.00	-	-
50m		-	38.98	-	-
	, 2013 (13 ),				
50m		-	35.80	-	-
50m		-	46.80	-	-
100m		-	1:46.80	-	-
200m		-	3:56.80	-	-
50m		-	40.80	-	-
	, 2013 (13 ),				
50m		-	39.00	-	-
100m		-	1:25.00	-	-
200m		-	3:09.00	-	-
400m		-	6:45.00	-	-
	, 2013 (13 ),				
50m		-	36.01	-	-
100m		-	1:15.01	-	-
200m		-	2:20.02	-	-
	, 2014 (12 ),				
100m		-	1:20.00	-	-
400m		-	5:50.00	-	-
50m		-	37.00	-	-
100m		-	1:30.00	-	-
	, 2016 (10 ),				
400m		-	6:30.00	-	-
50m		-	50.81	-	-
100m		-	1:50.00	-	-
	, 2016 (10 ),				
100m		-	1:30.00	-	-
50m		-	45.00	-	-
100m		-	1:40.00	-	-
50m		-	50.00	-	-
	, 2016 (10 ),				
50m		-	35.00	-	-
100m		-	1:17.00	-	-
400m		-	5:45.00	-	-
50m		-	39.00	-	-
	, 2013 (13 ),				
50m		-	40.00	-	-
100m		-	1:15.00	-	-
50m		-	50.00	-	-
	, 2010 (16 ),				
100m		-	1:02.00	-	-
400m		-	4:40.00	-	-
50m		-	30.00	-	-
MY CHAMPS					
	, 2012 (14 ),				
100m		-	1:03.00	-	-
200m		-	2:15.00	-	-
400m		-	4:44.00	-	-
50m		-	33.00	-	-
100m		-	1:11.00	-	-

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	, 2015 (11 ),				
50m		-	42.00	-	-
100m		-	1:35.00	-	-
50m		-	47.50	-	-
100m		-	1:50.00	-	-
50m		-	52.50	-	-
	, 2013 (13 ),				
50m		-	32.50	-	-
100m		-	1:12.00	-	-
50m		-	41.00	-	-
50m		-	41.00	-	-
50m		-	40.00	-	-
	, 2016 (10 ),				
50m		-	39.00	-	-
50m		-	39.50	-	-
100m		-	1:30.00	-	-
200m		-	3:15.00	-	-
50m		-	35.80	-	-
200m		-	3:03.00	-	-
	, 2012 (14 ),				
50m		-	25.90	-	-
50m		-	29.00	-	-
100m		-	1:01.90	-	-
200m		-	2:16.00	-	-
50m		-	27.00	-	-
100m		-	1:02.50	-	-
	, 2014 (12 ),				
200m		-	2:37.00	-	-
400m		-	5:25.00	-	-
50m		-	37.00	-	-
100m		-	1:17.00	-	-
200m		-	2:49.00	-	-
	, 2014 (12 ),				
100m		-	1:01.50	-	-
200m		-	2:15.00	-	-
400m		-	4:44.00	-	-
50m		-	32.50	-	-
100m		-	1:11.00	-	-
100m		-	1:10.00	-	-
	, 2013 (13 ),				
50m		-	29.50	-	-
100m		-	1:05.30	-	-
200m		-	2:23.00	-	-
400m		-	4:58.00	-	-
50m		-	31.00	-	-
	, 2009 (17 ),				
50m		-	32.00	-	-
100m		-	1:15.00	-	-
200m		-	2:52.00	-	-
50m		-	45.00	-	-
50m		-	42.00	-	-
	, 2008 (18 ),				
200m		-	2:23.00	-	-
50m		-	32.50	-	-
100m		-	1:14.00	-	-
200m		-	2:45.00	-	-
	, 2013 (13 ),				
50m		-	28.50	-	-
100m		-	1:02.00	-	-
200m		-	2:16.00	-	-
50m		-	34.50	-	-
100m		-	1:17.00	-	-
200m		-	2:48.00	-	-
	, 2011 (15 ),				
50m		-	29.50	-	-
50m		-	33.00	-	-
50m		-	34.50	-	-
100m		-	1:20.00	-	-
200m		-	2:58.00	-	-
50m		-	32.00	-	-

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	, 2015 (11 ),			
100m		-	1:26.00	-
50m		-	55.00	-
100m		-	1:55.00	-
200m		-	4:00.00	-
50m		-	48.00	-
100m		-	1:45.00	-
	, 2008 (18 ),			
50m		-	25.00	-
100m		-	54.50	-
200m		-	2:00.00	-
50m		-	29.30	-
50m		-	32.50	-
50m		-	27.00	-
	, 2016 (10 ),			
50m		-	38.00	-
100m		-	1:26.00	-
200m		-	3:07.00	-
50m		-	53.50	-
100m		-	1:55.00	-
	, 2016 (10 ),			
50m		-	54.00	-
50m		-	1:15.00	-
100m		-	2:24.00	-
50m		-	1:10.00	-
	, 2009 (17 ),			
100m		-	1:00.50	-
200m		-	2:17.00	-
400m		-	4:50.00	-
	, 2016 (10 ),			
50m		-	34.50	-
100m		-	1:18.00	-
200m		-	2:55.00	-
50m		-	41.50	-
50m		-	43.00	-
50m		-	42.00	-
	, 2012 (14 ),			
50m		-	32.50	-
100m		-	1:14.00	-
200m		-	2:50.00	-
	, 2013 (13 ),			
200m		-	2:45.00	-
100m		-	1:32.00	-
200m		-	3:05.00	-
	, 2013 (13 ),			
200m		-	3:08.50	-
	, 2014 (12 ),			
50m		-	33.30	-
100m		-	1:20.00	-
100m		-	1:32.00	-
	, 2013 (13 ),			
50m		-	32.08	-
100m		-	1:10.00	-
200m		-	2:30.00	-
50m		-	35.50	-
200m		-	2:55.00	-
" "	, 2010 (16 ),			
50m		-	31.00	-
100m		-	2:35.50	-
200m		-	1:10.50	-



200m	, 2011 (15 )	-	2:56.00	-	-
100m		-	1:45.00	-	-
200m		-	3:30.00	-	-
200m	, 2012 (14 )	-	2:56.00	-	-
50m		-	43.00	-	-
100m		-	1:35.00	-	-
200m	, 2014 (12 )	-	3:30.00	-	-
100m	, 2016 (10 )	-	1:40.00	-	-
50m	, 2016 (10 )	-	56.41	-	-
200m		-	4:00.00	-	-
100m	, 2013 (13 )	-	1:45.00	-	-
200m		-	3:19.00	-	-
"	" -				-
50m	, 2013 (13 )	-	31.00	-	-
50m		-	37.50	-	-
100m		-	1:25.00	-	-
200m		-	3:10.00	-	-

