



08.05.2026

: AQUA 2026

19

, 100m

14 - 18

(14-15)

1.				24.03.2011					1:06.65	I	549
	50m:	30.73	30.73	100m:	1:06.65	35.92					
2.				02.04.2012	I		"	"	1:09.85	I	477
	50m:	31.50	31.50	100m:	1:09.85	38.35					
3.				06.03.2012	I		"	"	1:11.06	II	453
	50m:	33.44	33.44	100m:	1:11.06	37.62					
4.				19.06.2011	II				1:13.12	II	416
	50m:	34.62	34.62	100m:	1:13.12	38.50					
5.				05.12.2012	I				1:14.40	II	395
	50m:	33.43	33.43	100m:	1:14.40	40.97					
6.				17.05.2012	II				1:19.70	II	321
	50m:	37.03	37.03	100m:	1:19.70	42.67					
7.				05.07.2011	I		"	"	1:24.39	III	270
	50m:	37.27	37.27	100m:	1:24.39	47.12					
8.				03.08.2011	II		"	"	1:27.49	III	243
	50m:	36.81	36.81	100m:	1:27.49	50.68					

(16-18)

1.				19.07.2010					1:04.77		599
	50m:	30.57	30.57	100m:	1:04.77	34.20					
2.				26.07.2009					1:05.13		589
	50m:	30.58	30.58	100m:	1:05.13	34.55					
3.				06.08.2008					1:06.72	I	548
	50m:	31.27	31.27	100m:	1:06.72	35.45					
4.				31.07.2009	I			9	1:13.95	II	402
	50m:	31.61	31.61	100m:	1:13.95	42.34					
5.				29.12.2010	II		"	"	1:15.25	II	381
	50m:	34.80	34.80	100m:	1:15.25	40.45					
6.				15.10.2010	II		"	"	1:16.01	II	370
	50m:	34.80	34.80	100m:	1:16.01	41.21					
7.				25.10.2008	II			MY CHAMPS	1:16.89	II	358
	50m:	33.30	33.30	100m:	1:16.89	43.59					
8.				13.06.2009	II				1:25.54	III	260
	50m:	37.18	37.18	100m:	1:25.54	48.36					
9.				30.04.2010	II			()	1:29.72	III	225
	50m:	42.17	42.17	100m:	1:29.72	47.55					
10.				24.03.2010	II			Swim Team	1:36.00	I	183
	50m:	42.25	42.25	100m:	1:36.00	53.75					

" " " , 50

<https://swim4you.ru/>

OMEGA ARES 21