



52, , 200m , (10-11)

24.				27.09.2015	II	"	"					3:53.24	I	155
	50m:	52.88	52.88	100m:	1:52.67	59.79	150m:	2:54.53	1:01.86	200m:	3:53.24	58.71		
25.				02.03.2016	II	"	"					3:58.49	II	145
	50m:	55.11	55.11	100m:	1:56.03	1:00.92	150m:	2:58.17	1:02.14	200m:	3:58.49	1:00.32		
26.				07.01.2015	I	"	"	-				4:00.15	II	142
	50m:	51.61	51.61	100m:	1:54.42	1:02.81	150m:	2:57.91	1:03.49	200m:	4:00.15	1:02.24		
27.				23.04.2015	III	"	"					4:01.93	II	139
	50m:	54.78	54.78	100m:	1:57.03	1:02.25	150m:	2:59.44	1:02.41	200m:	4:01.93	1:02.49		
28.				06.12.2015	II	MY CHAMPS						4:05.89	II	132
	50m:	54.10	54.10	100m:	1:58.69	1:04.59	150m:	3:02.68	1:03.99	200m:	4:05.89	1:03.21		
29.				21.04.2015	II	"	"					4:06.69	II	131
	50m:	56.86	56.86	100m:	2:00.50	1:03.64	150m:	3:03.93	1:03.43	200m:	4:06.69	1:02.76		
30.				04.06.2016	II	5						4:07.22	II	130
	50m:	56.65	56.65	100m:	2:00.52	1:03.87	150m:	3:06.58	1:06.06	200m:	4:07.22	1:00.64		
31.				17.04.2016	II	"	"					4:11.77	II	123
	50m:	1:00.14	1:00.14	100m:	2:03.76	1:03.62	150m:	3:08.69	1:04.93	200m:	4:11.77	1:03.08		
32.				09.09.2016	I	"	"					4:16.77	II	116
	50m:	58.71	58.71	100m:	2:03.84	1:05.13	150m:	3:10.97	1:07.13	200m:	4:16.77	1:05.80		
DSQ				18.05.2016	I	"	"						I	
DSQ				08.07.2015	I	"	"						I	
DSQ				12.04.2016	I	"	"						I	
DSQ				21.11.2016	III	"	"						II	

(12-13)

1.				30.12.2013	II	"	"					2:48.71	II	411
	50m:	38.39	38.39	100m:	1:22.31	43.92	150m:	2:05.93	43.62	200m:	2:48.71	42.78		
2.				03.10.2014	III	"	"					2:50.18	II	400
	50m:	38.65	38.65	100m:	1:22.40	43.75	150m:	2:07.06	44.66	200m:	2:50.18	43.12		
3.				14.04.2014	II	"	"					2:50.59	II	397
	50m:	37.95	37.95	100m:	1:21.68	43.73	150m:	2:06.87	45.19	200m:	2:50.59	43.72		
4.				10.01.2013	II	"	"					2:52.29	II	386
	50m:	39.15	39.15	100m:	1:22.94	43.79	150m:	2:07.48	44.54	200m:	2:52.29	44.81		
5.				01.05.2013	II	"	"					2:53.24	II	379
	50m:	37.05	37.05	100m:	1:19.79	42.74	150m:	2:05.84	46.05	200m:	2:53.24	47.40		
6.				26.06.2013	II	"	"					2:54.69	II	370
	50m:	40.88	40.88	100m:	1:25.43	44.55	150m:	2:10.74	45.31	200m:	2:54.69	43.95		
7.				01.09.2014	III	"	"					2:55.47	II	365
	50m:	40.79	40.79	100m:	1:26.56	45.77	150m:	2:12.65	46.09	200m:	2:55.47	42.82		
8.				06.02.2014	III	"	"					2:57.19	II	355
	50m:	40.64	40.64	100m:	1:25.94	45.30	150m:	2:12.08	46.14	200m:	2:57.19	45.11		
9.				06.03.2013	III	"	"					2:57.36	II	354
	50m:	38.90	38.90	100m:	1:25.57	46.67	150m:	2:11.86	46.29	200m:	2:57.36	45.50		
10.				13.04.2014	III	"	"					2:59.24	III	343
	50m:	42.45	42.45	100m:	1:28.18	45.73	150m:	2:14.51	46.33	200m:	2:59.24	44.73		
11.				22.06.2014	III	"	"					3:02.71	III	323
	50m:	41.47	41.47	100m:	1:27.94	46.47	150m:	2:15.27	47.33	200m:	3:02.71	47.44		
12.				01.06.2014	III	"	"					3:04.35	III	315
	50m:	41.67	41.67	100m:	1:29.23	47.56	150m:	2:17.52	48.29	200m:	3:04.35	46.83		

" " " , 50

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52, , 200m , (12-13)

13.				22.04.2014	II		"	"						3:04.51	III	314
	50m:	41.40	41.40	100m:	1:29.01	47.61	150m:	2:17.74	48.73	200m:	3:04.51	46.77				
14.				21.10.2013	III		"	"						3:05.10	III	311
	50m:	42.94	42.94	100m:	1:30.70	47.76	150m:	2:18.98	48.28	200m:	3:05.10	46.12				
15.				29.08.2014	III									3:05.35	III	310
	50m:	42.03	42.03	100m:	1:28.87	46.84	150m:	2:16.71	47.84	200m:	3:05.35	48.64				
16.				17.03.2014	III		"	"						3:10.11	III	287
	50m:	41.64	41.64	100m:	1:30.84	49.20	150m:	2:20.89	50.05	200m:	3:10.11	49.22				
17.				19.11.2013	III		"	"						3:12.28	III	277
	50m:	44.66	44.66	100m:	1:33.85	49.19	150m:	2:23.30	49.45	200m:	3:12.28	48.98				
18.				07.10.2013	II				-	-				3:14.46	III	268
	50m:	44.52	44.52	100m:	1:34.07	49.55	150m:	2:24.24	50.17	200m:	3:14.46	50.22				
19.				06.02.2014	III		"	"						3:21.64	III	240
	50m:	46.82	46.82	100m:	1:39.14	52.32	150m:	2:30.48	51.34	200m:	3:21.64	51.16				
20.				21.01.2013	III		"	"						3:27.54	I	221
	50m:	46.99	46.99	100m:	1:39.54	52.55	150m:	2:33.59	54.05	200m:	3:27.54	53.95				
21.				11.05.2013	I		"	"						3:28.08	I	219
	50m:	46.24	46.24	100m:	1:39.93	53.69	150m:	2:35.36	55.43	200m:	3:28.08	52.72				
22.				13.03.2014	I		"	"						3:32.22	I	206
	50m:	48.28	48.28	100m:	1:43.95	55.67	150m:	2:38.33	54.38	200m:	3:32.22	53.89				
23.				21.01.2013	I		()						3:46.35	I	170
	50m:	50.67	50.67	100m:	1:48.11	57.44	150m:	2:47.01	58.90	200m:	3:46.35	59.34				