



8

, 400m

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08.05.2026

: AQUA 2026

(10-11)

1.				24.09.2015 II		"	"					4:51.96	II	427
	50m:	32.33	32.33	150m:	1:46.50	37.19	250m:	3:01.21	37.30	350m:	4:15.76	36.73		
	100m:	1:09.31	36.98	200m:	2:23.91	37.41	300m:	3:39.03	37.82	400m:	4:51.96	36.20		
2.				16.02.2015 II		"	"					4:56.37	II	408
	50m:	32.45	32.45	150m:	1:47.56	37.95	250m:	3:03.58	37.93	350m:	4:19.66	37.74		
	100m:	1:09.61	37.16	200m:	2:25.65	38.09	300m:	3:41.92	38.34	400m:	4:56.37	36.71		
3.				22.05.2015 II		"	"					4:59.02	II	398
	50m:	35.18	35.18	150m:	1:51.47	38.29	250m:	3:08.37	38.30	350m:	4:21.89	34.38		
	100m:	1:13.18	38.00	200m:	2:30.07	38.60	300m:	3:47.51	39.14	400m:	4:59.02	37.13		
4.				24.01.2015 III								4:59.37	II	396
	50m:	32.99	32.99	150m:	1:48.51	38.21	250m:	3:05.40	38.48	350m:	4:22.74	38.41		
	100m:	1:10.30	37.31	200m:	2:26.92	38.41	300m:	3:44.33	38.93	400m:	4:59.37	36.63		
5.				31.01.2015 II		"	"					5:03.31	II	381
	50m:	33.40	33.40	150m:	1:50.70	38.96	250m:	3:09.44	39.71	350m:	4:26.83	38.59		
	100m:	1:11.74	38.34	200m:	2:29.73	39.03	300m:	3:48.24	38.80	400m:	5:03.31	36.48		
6.				18.04.2015 II		"	"					5:05.53	II	373
	50m:	32.86	32.86	150m:	1:50.21	39.09	250m:	3:09.76	39.95	350m:	4:29.77	40.09		
	100m:	1:11.12	38.26	200m:	2:29.81	39.60	300m:	3:49.68	39.92	400m:	5:05.53	35.76		
7.				17.08.2015 II								5:10.69	III	354
	50m:	34.51	34.51	150m:	1:53.89	39.70	250m:	3:13.37	39.11	350m:	4:33.07	39.75		
	100m:	1:14.19	39.68	200m:	2:34.26	40.37	300m:	3:53.32	39.95	400m:	5:10.69	37.62		
8.				25.02.2016 I		"	"					5:18.43	III	329
	50m:	34.83	34.83	150m:	1:56.71	41.19	250m:	3:17.78	40.73	350m:	4:39.59	41.39		
	100m:	1:15.52	40.69	200m:	2:37.05	40.34	300m:	3:58.20	40.42	400m:	5:18.43	38.84		
9.				17.07.2015 III		"	"					5:19.04	III	327
	50m:	36.44	36.44	150m:	1:57.88	41.06	250m:	3:19.89	41.22	350m:	4:40.07	39.64		
	100m:	1:16.82	40.38	200m:	2:38.67	40.79	300m:	4:00.43	40.54	400m:	5:19.04	38.97		
10.				06.02.2016 III		"	"					5:19.06	III	327
	50m:	35.97	35.97	150m:	1:57.63	41.36	250m:	3:20.05	40.93	350m:	4:40.65	38.95		
	100m:	1:16.27	40.30	200m:	2:39.12	41.49	300m:	4:01.70	41.65	400m:	5:19.06	38.41		
11.				03.07.2015 III		"	"					5:23.31	III	314
	50m:	36.90	36.90	150m:	1:59.07	41.61	250m:	3:22.22	41.48	350m:	4:44.42	40.43		
	100m:	1:17.46	40.56	200m:	2:40.74	41.67	300m:	4:03.99	41.77	400m:	5:23.31	38.89		
12.				21.01.2015 III		"	"					5:24.40	III	311
	50m:	38.14	38.14	150m:	2:00.53	41.21	250m:	3:23.13	41.47	350m:	4:45.57	41.00		
	100m:	1:19.32	41.18	200m:	2:41.66	41.13	300m:	4:04.57	41.44	400m:	5:24.40	38.83		
13.				27.01.2015 III		"	"					5:28.28	III	300
	50m:	37.00	37.00	150m:	2:00.30	41.97	250m:	3:23.96	41.87	350m:	4:48.08	42.69		
	100m:	1:18.33	41.33	200m:	2:42.09	41.79	300m:	4:05.39	41.43	400m:	5:28.28	40.20		
14.				11.02.2015 III		"	"					5:33.35	III	287
	50m:	34.31	34.31	150m:	1:56.16	41.93	250m:	3:23.05	44.03	350m:	4:50.88	44.06		
	100m:	1:14.23	39.92	200m:	2:39.02	42.86	300m:	4:06.82	43.77	400m:	5:33.35	42.47		
15.				17.09.2015 III		"	"					5:35.18	III	282
	50m:	37.38	37.38	150m:	2:02.61	43.72	250m:	3:28.48	43.04	350m:	4:54.05	42.03		
	100m:	1:18.89	41.51	200m:	2:45.44	42.83	300m:	4:12.02	43.54	400m:	5:35.18	41.13		
16.				03.11.2016 III		"	"					5:40.36	III	269
	50m:	38.04	38.04	150m:	2:05.28	43.59	250m:	3:32.56	44.01	350m:	4:59.12	43.63		
	100m:	1:21.69	43.65	200m:	2:48.55	43.27	300m:	4:15.49	42.93	400m:	5:40.36	41.24		
17.				17.08.2015 III		"	"					5:41.29	III	267
	50m:	36.82	36.82	150m:	2:02.15	43.24	250m:	3:30.66	44.22	350m:	4:59.53	43.68		
	100m:	1:18.91	42.09	200m:	2:46.44	44.29	300m:	4:15.85	45.19	400m:	5:41.29	41.76		

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OMEGA ARES 21



8,	, 400m	,	(10-11)										
18.			09.02.2015 III	"	"							5:41.90 III	266
	50m: 37.53	37.53	150m: 2:02.70	43.28	250m: 3:30.39	44.03	350m: 4:59.47	44.41	400m: 5:41.90	44.41			
	100m: 1:19.42	41.89	200m: 2:46.36	43.66	300m: 4:15.06	44.67							
19.			03.08.2015 III	"	"							5:42.49 III	264
	50m: 36.71	36.71	150m: 2:01.69	42.84	250m: 3:30.01	44.68	350m: 4:59.30	44.60	400m: 5:42.49	43.19			
	100m: 1:18.85	42.14	200m: 2:45.33	43.64	300m: 4:14.70	44.69							
20.			18.02.2015 III	"	"							5:44.14 III	261
	50m: 39.06	39.06	150m: 2:10.06	45.96	250m: 3:35.30	44.43	350m: 5:02.98	43.72	400m: 5:44.14	41.16			
	100m: 1:24.10	45.04	200m: 2:50.87	40.81	300m: 4:19.26	43.96							
21.			06.12.2015 I	"	"							5:45.84 III	257
	50m: 38.69	38.69	150m: 2:06.65	44.28	250m: 5:04.18	2:12.48	400m: 5:45.84	1:26.65					
	100m: 1:22.37	43.68	200m: 2:51.70	45.05	300m: 4:19.19								
22.			09.11.2015 I	5								5:52.90 I	242
	50m: 37.76	37.76	150m: 2:07.37	45.65	250m: 3:39.35	45.43	350m: 5:10.29	44.80	400m: 5:52.90	42.61			
	100m: 1:21.72	43.96	200m: 2:53.92	46.55	300m: 4:25.49	46.14							
23.			04.04.2015 I	"	"							5:53.26 I	241
	50m: 37.89	37.89	150m: 2:07.78	45.49	250m: 3:38.87	44.96	350m: 5:08.98	44.90	400m: 5:53.26	44.28			
	100m: 1:22.29	44.40	200m: 2:53.91	46.13	300m: 4:24.08	45.21							
24.			01.01.2016 III	"	"							5:56.39 I	235
	50m: 37.90	37.90	150m: 2:09.66	45.26	250m: 3:41.76	45.90	350m: 5:13.01	45.13	400m: 5:56.39	43.38			
	100m: 1:24.40	46.50	200m: 2:55.86	46.20	300m: 4:27.88	46.12							
25.			10.05.2016 I	"	"							5:56.63 I	234
	50m: 39.27	39.27	150m: 2:08.00	45.14	250m: 3:38.04	46.18	350m: 5:11.38	46.50	400m: 5:56.63	45.25			
	100m: 1:22.86	43.59	200m: 2:51.86	43.86	300m: 4:24.88	46.84							
26.			03.06.2016 I	"	"							5:59.52 I	229
	50m: 41.37	41.37	150m: 2:12.97	45.87	250m: 3:44.05	45.83	350m: 5:14.56	45.64	400m: 5:59.52	44.96			
	100m: 1:27.10	45.73	200m: 2:58.22	45.25	300m: 4:28.92	44.87							
27.			30.01.2016 II	"	"							6:05.47 I	218
	50m: 39.75	39.75	150m: 2:13.86	48.66	250m: 3:48.40	47.61	350m: 5:21.69	47.70	400m: 6:05.47	43.78			
	100m: 1:25.20	45.45	200m: 3:00.79	46.93	300m: 4:33.99	45.59							
28.			04.03.2015 I	"	"							6:08.78 I	212
	50m: 37.89	37.89	150m: 2:10.69	47.76	250m: 3:47.73	48.91	350m: 5:24.22	47.25	400m: 6:08.78	44.56			
	100m: 1:22.93	45.04	200m: 2:58.82	48.13	300m: 4:36.97	49.24							
29.			29.07.2016 II	"	"							6:10.31 I	209
	50m: 39.11	39.11	150m: 2:12.21	47.75	250m: 3:47.57	47.83	350m: 5:23.14	48.33	400m: 6:10.31	47.17			
	100m: 1:24.46	45.35	200m: 2:59.74	47.53	300m: 4:34.81	47.24							
30.			20.07.2016 I	"	"							6:15.70 I	200
	50m: 41.38	41.38	150m: 2:16.63	49.10	250m: 3:53.70	48.37	350m: 5:30.51	48.69	400m: 6:15.70	45.19			
	100m: 1:27.53	46.15	200m: 3:05.33	48.70	300m: 4:41.82	48.12							
31.			02.02.2016 II	5								6:17.48 I	197
	50m: 41.99	41.99	150m: 2:17.77	48.12	250m: 3:56.57	50.06	350m: 5:33.37	48.29	400m: 6:17.48	44.11			
	100m: 1:29.65	47.66	200m: 3:06.51	48.74	300m: 4:45.08	48.51							
32.			19.04.2016 II	"	"							6:20.47 I	193
	50m: 37.53	37.53	150m: 2:16.36	50.84	250m: 3:55.10	49.53	350m: 5:33.34	50.04	400m: 6:20.47	47.13			
	100m: 1:25.52	47.99	200m: 3:05.57	49.21	300m: 4:43.30	48.20							
33.			06.08.2016 I	"	"							6:22.84 I	189
	50m: 41.41	41.41	150m: 2:18.14	49.55	250m: 3:57.00	50.21	350m: 5:36.40	48.92	400m: 6:22.84	46.44			
	100m: 1:28.59	47.18	200m: 3:06.79	48.65	300m: 4:47.48	50.48							
34.			15.06.2015 II	"	"							6:25.13 I	186
	50m: 40.24	40.24	150m: 2:20.37	51.36	250m: 4:01.32	51.00	400m: 6:25.13	1:36.02					
	100m: 1:29.01	48.77	200m: 3:10.32	49.95	300m: 4:49.11	47.79							
35.			09.10.2016 II	"	"							6:25.29 I	186
	50m: 43.88	43.88	150m: 2:21.26	48.12	250m: 3:59.71	48.62	350m: 5:39.15	50.99	400m: 6:25.29	46.14			
	100m: 1:33.14	49.26	200m: 3:11.09	49.83	300m: 4:48.16	48.45							

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OMEGA ARES 21



8, , 400m , (10-11)		
36.	12.04.2016 I 50m: 40.46 40.46 150m: 2:21.91 50.59 250m: 4:02.28 49.67 350m: 5:41.99 48.15 100m: 1:31.32 50.86 200m: 3:12.61 50.70 300m: 4:53.84 51.56 400m: 6:27.20 45.21	6:27.20 I 183
37.	02.04.2015 I 50m: 40.36 40.36 150m: 2:17.76 49.41 250m: 3:59.43 51.85 350m: 5:42.74 51.91 100m: 1:28.35 47.99 200m: 3:07.58 49.82 300m: 4:50.83 51.40 400m: 6:32.98 50.24	6:32.98 I 175
38.	09.09.2016 I 50m: 40.16 40.16 150m: 2:20.33 50.96 250m: 4:01.21 50.22 350m: 5:46.34 51.10 100m: 1:29.37 49.21 200m: 3:10.99 50.66 300m: 4:55.24 54.03 400m: 6:33.55 47.21	6:33.55 I 174
39.	30.10.2015 I 50m: 40.86 40.86 150m: 2:20.28 49.95 250m: 4:03.47 51.32 350m: 5:45.43 51.02 100m: 1:30.33 49.47 200m: 3:12.15 51.87 300m: 4:54.41 50.94 400m: 6:33.77 48.34	6:33.77 I 174
40.	08.03.2015 I 50m: 40.41 40.41 150m: 2:23.33 52.37 250m: 5:48.61 2:35.01 400m: 6:37.15 1:39.85 100m: 1:30.96 50.55 200m: 3:13.60 50.27 300m: 4:57.30	6:37.15 I 169
41.	27.09.2015 II 50m: 40.54 40.54 150m: 2:23.62 53.28 250m: 4:11.52 54.14 350m: 5:57.89 52.73 100m: 1:30.34 49.80 200m: 3:17.38 53.76 300m: 5:05.16 53.64 400m: 6:49.16 51.27	6:49.16 II 155
42.	25.05.2015 I 50m: 42.52 42.52 150m: 2:27.26 53.02 250m: 4:16.61 55.80 350m: 6:02.55 53.13 100m: 1:34.24 51.72 200m: 3:20.81 53.55 300m: 5:09.42 52.81 400m: 6:53.09 50.54	6:53.09 II 150
43.	14.09.2016 II 50m: 42.27 42.27 150m: 2:27.66 53.53 250m: 4:14.77 54.28 350m: 6:02.72 53.54 100m: 1:34.13 51.86 200m: 3:20.49 52.83 300m: 5:09.18 54.41 400m: 6:53.91 51.19	6:53.91 II 150
44.	13.11.2016 I 50m: 43.10 43.10 150m: 2:32.42 55.10 250m: 4:21.08 54.91 350m: 6:07.15 52.48 100m: 1:37.32 54.22 200m: 3:26.17 53.75 300m: 5:14.67 53.59 400m: 6:57.14 49.99	6:57.14 II 146
45.	27.04.2016 I 50m: 39.98 39.98 150m: 2:25.57 53.83 250m: 4:18.05 56.84 350m: 6:08.38 55.51 100m: 1:31.74 51.76 200m: 3:21.21 55.64 300m: 5:12.87 54.82 400m: 7:01.78 53.40	7:01.78 II 141
46.	02.03.2016 II 50m: 44.77 44.77 150m: 2:34.36 55.97 250m: 4:26.04 56.33 350m: 6:17.75 55.49 100m: 1:38.39 53.62 200m: 3:29.71 55.35 300m: 5:22.26 56.22 400m: 7:08.80 51.05	7:08.80 II 134
47.	12.11.2015 III 50m: 44.13 44.13 150m: 2:32.60 55.72 250m: 4:30.12 58.75 350m: 6:24.59 57.27 100m: 1:36.88 52.75 200m: 3:31.37 58.77 300m: 5:27.32 57.20 400m: 7:17.58 52.99	7:17.58 II 127
48.	19.06.2016 II 50m: 46.48 46.48 150m: 2:43.64 59.08 250m: 4:42.03 59.73 400m: 7:31.74 1:51.87 100m: 1:44.56 58.08 200m: 3:42.30 58.66 300m: 5:39.87 57.84	7:31.74 II 115
49.	09.12.2016 II 50m: 51.25 51.25 150m: 2:49.77 58.30 250m: 4:47.30 1:00.03 350m: 6:45.88 59.03 100m: 1:51.47 1:00.22 200m: 3:47.27 57.50 300m: 5:46.85 59.55 400m: 7:39.49 53.61	7:39.49 III 109
(12-13)		
1.	09.02.2014 II MY CHAMPS 50m: 32.44 32.44 150m: 1:45.70 36.80 250m: 2:58.26 35.20 350m: 4:07.66 33.93 100m: 1:08.90 36.46 200m: 2:23.06 37.36 300m: 3:33.73 35.47 400m: 4:41.39 33.73	4:41.39 II 477
2.	31.03.2013 II 50m: 33.33 33.33 150m: 1:47.30 37.43 250m: 3:00.92 36.67 350m: 4:13.36 35.75 100m: 1:09.87 36.54 200m: 2:24.25 36.95 300m: 3:37.61 36.69 400m: 4:48.78 35.42	4:48.78 II 441
3.	08.05.2013 I 50m: 33.22 33.22 150m: 1:49.27 38.30 250m: 3:07.28 38.85 350m: 4:23.95 37.84 100m: 1:10.97 37.75 200m: 2:28.43 39.16 300m: 3:46.11 38.83 400m: 5:01.44 37.49	5:01.44 II 388

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OMEGA ARES 21



8, , 400m , (12-13)		
4.	13.03.2014 II 50m: 33.31 33.31 150m: 1:49.15 38.36 250m: 3:06.83 39.04 350m: 4:25.54 39.47 100m: 1:10.79 37.48 200m: 2:27.79 38.64 300m: 3:46.07 39.24 400m: 5:03.49 37.95	5:03.49 II 380
5.	21.01.2014 II 50m: 33.73 33.73 150m: 1:51.78 39.23 250m: 3:08.52 37.83 350m: 4:26.44 38.78 100m: 1:12.55 38.82 200m: 2:30.69 38.91 300m: 3:47.66 39.14 400m: 5:06.09 39.65	5:06.09 III 371
6.	13.04.2014 III 50m: 34.47 34.47 150m: 1:52.06 40.06 250m: 3:11.14 39.75 350m: 4:33.18 41.65 100m: 1:12.00 37.53 200m: 2:31.39 39.33 300m: 3:51.53 40.39 400m: 5:13.24 40.06	5:13.24 III 346
7.	07.06.2013 III 50m: 35.28 35.28 150m: 1:56.15 41.26 250m: 3:19.27 41.28 350m: 4:41.95 41.25 100m: 1:14.89 39.61 200m: 2:37.99 41.84 300m: 4:00.70 41.43 400m: 5:20.45 38.50	5:20.45 III 323
8.	05.09.2013 III 50m: 35.79 35.79 150m: 1:55.88 40.44 250m: 3:18.59 41.66 350m: 4:41.99 41.31 100m: 1:15.44 39.65 200m: 2:36.93 41.05 300m: 4:00.68 42.09 400m: 5:22.97 40.98	5:22.97 III 315
9.	10.12.2014 III MY CHAMPS 50m: 34.86 34.86 150m: 1:57.52 42.28 250m: 3:21.74 42.27 350m: 4:45.37 41.06 100m: 1:15.24 40.38 200m: 2:39.47 41.95 300m: 4:04.31 42.57 400m: 5:24.71 39.34	5:24.71 III 310
10.	12.01.2013 III 50m: 33.80 33.80 150m: 1:56.56 42.82 250m: 3:21.77 42.40 350m: 4:49.16 42.34 100m: 1:13.74 39.94 200m: 2:39.37 42.81 300m: 4:06.82 45.05 400m: 5:27.08 37.92	5:27.08 III 304
11.	07.01.2013 II 50m: 36.33 36.33 150m: 1:59.43 42.47 250m: 3:25.34 43.27 350m: 4:50.28 42.47 100m: 1:16.96 40.63 200m: 2:42.07 42.64 300m: 4:07.81 42.47 400m: 5:31.31 41.03	5:31.31 III 292
12.	19.11.2013 III 50m: 39.18 39.18 150m: 2:07.21 44.31 250m: 3:35.88 44.68 350m: 5:01.91 43.01 100m: 1:22.90 43.72 200m: 2:51.20 43.99 300m: 4:18.90 43.02 400m: 5:41.41 39.50	5:41.41 III 267
13.	07.01.2014 III 100m: 1:20.66 1:20.66 200m: 2:48.51 1:27.85 300m: 4:17.60 1:29.09 400m: 5:43.35 1:25.75	5:43.35 III 262
14.	17.03.2014 III 50m: 37.90 37.90 150m: 2:06.43 44.65 250m: 3:36.24 44.66 350m: 5:05.41 44.01 100m: 1:21.78 43.88 200m: 2:51.58 45.15 300m: 4:21.40 45.16 400m: 5:47.36 41.95	5:47.36 I 253
15.	21.01.2013 III 50m: 37.90 37.90 150m: 2:05.27 44.32 250m: 3:35.09 45.09 350m: 5:03.74 44.40 100m: 1:20.95 43.05 200m: 2:50.00 44.73 300m: 4:19.34 44.25 400m: 5:47.92 44.18	5:47.92 I 252
16.	10.07.2014 III 50m: 37.08 37.08 150m: 2:04.65 44.31 250m: 3:34.74 45.72 350m: 5:08.68 48.26 100m: 1:20.34 43.26 200m: 2:49.02 44.37 300m: 4:20.42 45.68 400m: 5:55.33 46.65	5:55.33 I 237
17.	04.03.2014 I 50m: 38.32 38.32 150m: 2:11.30 47.83 250m: 3:47.47 48.35 350m: 5:20.96 46.66 100m: 1:23.47 45.15 200m: 2:59.12 47.82 300m: 4:34.30 46.83 400m: 6:02.99 42.03	6:02.99 I 222
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19.	07.08.2014 I 50m: 43.20 43.20 150m: 2:27.80 53.09 250m: 4:15.40 53.21 350m: 6:01.30 53.49 100m: 1:34.71 51.51 200m: 3:22.19 54.39 300m: 5:07.81 52.41 400m: 6:50.76 49.46	6:50.76 II 153
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