



8		, 400m		10 - 13
08.05.2026				
	13	4:00.30	RUS	04.05.2024
	12	4:30.53	RUS	04.05.2024
	11	4:45.83	RUS	06.05.2023
	11	5:02.32	RUS	25.06.2022
	10	5:27.44	RUS	04.05.2024

1	7					
0		30.10.2015	I	"	"	7:40.35
1		09.10.2016	II	"	"	6:50.00
2		12.11.2015	III	"	"	6:45.32
3		04.03.2015	I	"	"	6:43.00
4		19.04.2016	II	"	"	6:43.00
5		10.05.2014	I	Swim Team		6:43.00
6		12.07.2013	II	"	"	6:45.00
7		27.09.2015	II	"	"	6:48.08
8		02.03.2016	II	"	"	7:00.35
9		09.12.2016	II	"	"	7:45.60
<hr/>						
2	7					
0		06.08.2016	I	"	"	6:40.00
1		25.05.2015	I	"	"	6:31.22
2		03.08.2015	III	"	"	6:30.00
3		07.08.2014	I	"	"	6:30.00
4		13.11.2016	I	"	"	6:27.54
5		27.04.2016	I	"	"	6:28.23
6		30.01.2016	II	"	"	6:30.00
7		09.09.2016	I	"	"	6:30.44
8		19.06.2016	II	"	"	6:31.45
9		20.07.2016	I	"	"	6:40.10
<hr/>						
3	7					
0		29.07.2016	II	"	"	6:20.00
1		08.03.2015	I	"	"	6:15.00
2		15.06.2015	II	"	"	6:00.04
3		03.11.2016	III	"	"	6:00.00
4		02.02.2016	II	5		5:55.00
5		06.12.2015	I	"	"	5:56.00
6		10.07.2014	III	"	"	6:00.00
7		14.09.2016	II	"	"	6:10.00
8		03.06.2016	I	"	"	6:20.00
9		12.04.2016	I	"	"	6:25.88



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК
ПГУФКСИТ

8-10 МАЯ 2026

КАЗАНЬ



8, , 400m

4 7

0	10.05.2016	I	"	"	5:53.00
1	18.02.2015	III	"	"	5:52.00
2	04.04.2015	I	"	"	5:50.00
3	09.11.2015	I	"	5	5:50.00
4	17.03.2014	III	"	"	5:47.00
5	02.04.2015	I	"	"	5:49.00
6	04.03.2014	I	"	"	5:50.00
7	27.01.2015	III	"	"	5:50.00
8	25.02.2016	I	"	"	5:52.00
9	07.01.2014	III	"	"	5:55.00

5 7

0	17.08.2015	III	"	"	5:43.00
1	07.06.2013	III	"	"	5:40.00
2	21.04.2014	I	"	5	5:40.00
3	05.09.2013	III	"	"	5:33.80
4	12.01.2013	III	"	"	5:32.30
5	07.01.2013	II	"	"	5:32.50
6	21.01.2013	III	"	"	5:40.00
7	19.11.2013	III	"	"	5:40.00
8	21.01.2015	III	"	"	5:40.12
9	01.01.2016	III	"	"	5:46.00

6 7

0	17.09.2015	III	"	"	5:30.00
1	10.12.2014	III	MY CHAMPS		5:25.00
2	09.02.2015	III	"	"	5:20.00
3	08.05.2013	I	"	"	5:10.00
4	21.01.2014	II	"	"	5:09.00
5	22.05.2015	II	"	"	5:10.00
6	06.02.2016	III	"	"	5:10.00
7	13.04.2014	III	"	"	5:20.00
8	03.07.2015	III	"	"	5:30.00
9	17.07.2015	III	"	"	5:30.67

7 7

0	24.01.2015	III	"	"	5:06.00
1	16.02.2015	II	"	"	5:01.15
2	13.03.2014	II	"	"	5:00.00
3	24.09.2015	II	"	"	4:45.00
4	31.03.2013	II	"	"	4:40.00
5	09.02.2014	II	MY CHAMPS		4:44.00
6	31.01.2015	II	"	"	4:55.00
7	18.04.2015	II	"	"	5:01.00
8	11.02.2015	III	"	"	5:06.00
9	17.08.2015	II	"	"	5:08.00

" " ", 50

<https://swim4you.ru/>

OMEGA ARES 21

